AP® Psychology provides an overview of current psychological research methods and theories. Students will explore the therapies used by professional counselors and clinical psychologists and examine the reasons for normal human reactions: how people learn and think, the process of human development and human aggression, altruism, intimacy, and self-reflection. They will study core psychological concepts, such as the brain and sense functions, and learn to gauge human reactions, gather information, and form meaningful syntheses. Along the way, students will also investigate relevant concepts like study skills and information retention. The equivalent of an introductory college-level survey course, AP® Psychology prepares students for the AP® exam and for further studies in psychology or life sciences.

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Length: One Semester

Unit 1: Understanding Psychology

- History and Perspectives of Psychology
- Research Methods
- Basic Statistics
- Understanding Psychology Wrap-Up

Unit 2: Perception and Consciousness

- The Nervous and Endocrine Systems
- Genetic Influences
- Sensation and Perception
- Consciousness
- Perception and Consciousness Wrap-Up

Unit 3: Thinking and Feeling

- Classical and Operant Conditioning
- Cognitive and Social Approaches to Learning
- Memory
- Cognition Problem Solving and Creativity
- Language
- Motivation and Emotions
- Stress Health and Coping
- Thinking and Feeling Wrap-Up

Unit 4: Development Testing and Individual Differences

- Studying Child Development
- Major Theories of Human Development

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- Personality
- Testing and Individual Differences
- Development Testing and Individual Differences Wrap-Up

Unit 5: Mental and Physical Health

- Introduction to Health Psychology and Clinical Psychology
- Treatments
- Attitudes and Social-Cognitive Theories
- Groups and Intergroup Relations
- Mental and Physical Health Wrap-Up

Unit 6: Course Review and Exam

- Course Review
- Final Course Exam

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