

In this course, students examine the family unit and characteristics of healthy and unhealthy relationships at different phases of life-- including information on self-discovery, family, friendships, dating and abstinence, marriage, pregnancy, and parenthood. Students learn about the life cycle and the different stages of development from infancy to adulthood. They also focus on a variety of skills to improve relationships and family living, including coping skills, communication skills, refusal skills, babysitting, parenting, and healthy living and disease prevention habits.

This course is provided by Carone Learning, through a partnership with Edmentum, and requires an additional purchase.

Unit 1: Family Health & Relationships

- Family Health & Relationships
- Personal Identity

Unit 2: Dating & Parenthood

- Dating & Marriage
- Pregnancy
- Parenthood

Unit 3: Human Growth & Development

- Infancy & Childhood
- Adolescence & Adulthood

Unit 4: Skills For Family Living

- Household Responsibilities
- Communication
- Goal Setting & Decision Making

Unit 5: Coping Skills

- Coping Skills
- Time & Stress Management
- Mental Health

Unit 6: Healthy Families

- Healthy Living
- Safety