

HEALTH PRECAUTIONS

The following conditions do not necessarily exclude you from using the **Hypervibe G17 Pro Full Body Vibration**, however, if you suffer from any of the following -- please <u>confirm with your physician before</u> using the machine:

- Serious cardiovascular disease
- Metal implants
- Pacemaker
- Artificial joints
- Severe diabetes
- Recent infections
- Severe migraines
- Malignant tumors
- Recently placed intrauterine devices (IUDs)
- Recently implanted stents, metal pins, or plates

Possible side effects you may experience include:

- Nausea, dizziness or temporary drop in blood pressure: stop exercising immediately and reduce the intensity of your training program.
- A drop in blood sugar levels: diabetics should be aware of this and should not exercise on an empty stomach.

If you experience chest pains, nausea, dizziness or shortness of breath, stop exercising immediately and consult your physician before continuing.



HEALTH WARNINGS

The following conditions are <u>not suitable</u> to use **Hypervibe G17 Pro Full Body Vibration**:

- Acute thrombosis
- Acute hernia
- Pregnancy
- Epilepsy
- Gallbladder or kidney stones
- Recent wounds from an operation or surgery
- Recent fractures
- Acute inflammation or pain

If you have any of these conditions -- consult your physician before using the machine.