



Adaptive Workouts

SERVICES AND PACKAGES

VALID THROUGH JUNE 2020

\$640

8 Workouts Package (\$80/session)

Includes:

- 1 month of two workouts a week, or
- 2 months of one workout a week
- must be used within 3 months from the purchase date

\$1,800

24 Workouts Package (\$75/session)

Includes:

- 3 months of two workouts a week, or
- 6 months of one workout a week
- must be used within 9 months from the purchase date

All sessions are fully personalized, led by a studio instructor, and include 30 minutes of exercise time on selected machines. All services are by appointment only, no walk-ins. Once purchased, packages and individual sessions are not refundable and are subject to the Payments and Cancellation Policy.