



JOIN US AT THE RE-BOOT WORKSHOP!

Have you ever considered that you could help relieve pain and improve the health of your family? And maybe do a bit more self-care?



Dates:

Location:

Instructor: Lisa Brown

Easy, Effective and Enjoyable Skills You Can Learn

Imagine having a few more tools you could count on and a bit more info so you could comfortably trust the body's ability to heal. Imagine if you could just help your family relax, sleep better and recuperate faster. Imagine having at your disposal a Home Care Kit to Reboot Your World.

Qualifications? **Two hands and a big heart.**

Learn how to use Reboot with your partner, ageing parents or young members of your family. Improve — Maintain—Repair—Restore your well being! Treat symptoms including:

- Stress & Anxiety
- Hormone imbalances
- A slow and broken metabolism
- Lack of vitality
- Lack of proper and restorative sleep
- Repetitive pain cycles
- Inefficient absorption of vital nutrients
- Improper detoxification and elimination

For more info contact: h2tbowen@outlook.com
Check out our Reboot Homecare Kit here: www.h2tbowen.com

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reboot your world