



2023 SAEM Approaches to Covid-19

NOTE: The following SAEM approach is based on the practitioner holding a neutral view and respecting the personal choice of the client. This may be difficult but, our role is to be in service to health and wellness and to respect the individual no matter what our personal opinion is about vaccines.

SHARING YOUR VIEW: As a practitioner, if you find it necessary to share your personal opinion about this issue with the client be sure you have their permission to do so. Please share this personal information after their session is over, and “on your time” not “their session time”. Be careful to remain professionally observant while sharing and make the distinction that your personal view is not SAEM.

Do not contribute to the politics of the vaccination issue by becoming activated or oversharing your view no matter what it is or what your vaccine status is. Maintain your professional demeanor.

GOING FORWARD:

Whatever your choice has been or will be, is not relevant *unless you have Covid-19* and are *unaware* you are contagious.

- It is a fact that Covid-19 exists.
- It is a fact it is highly contagious.
- It is a fact multiple variants have appeared all over the world and that they are a concern.
- It is a fact there is a Covid surge underway right now and safety protocols have greatly relaxed in the last year. There is only so long people can or will stay vigilant.
- It is a fact that the possibility of contagion does require the unvaccinated to continue following CDC guidelines until the pandemic is officially concluded which looks to be a long way off at this point.
- Washing your hands frequently, masking, social distancing, and being very observant of your own health by watching the clues of your own body all will contribute to and benefit humanity.
- If engaged in by the bulk of the population, this strategy will eventually end this insidious, indiscriminate, and deadly disease that has killed so many.



Symptomatic or Asymptomatic Covid-19

Being vaccinated is not treated the same as having Covid-19. Being unvaccinated is not treated the same as being vaccinated. Having Covid is serious and can be a critical condition even after all this time. Still, doing all these things might be overkill. So, use this list as suggested and possible use. If you have someone who is incredibly sick, all this might be needed.

Spiritual Strength and Stamina

Spiritual Strength and Stamina is an Immune Boost video available as a free offering on our website under Community Offerings feel free to use it.

Covid-19 Protocol for Practitioners

<https://yoursacredanatomy.com/covid19-procedures-for-practitioners/>

Password: Corona

Covid-19 Immune Protocol

<https://vimeo.com/397108352/b3feef5530>

Covid-19 Immune Protocol PDF

<https://yoursacredanatomy.com/wp-content/uploads/2020/03COVID-19-Immune-Protocol-V2-SAEM.pdf>

ADS & EPA

Do ADS right away- first even- clear space

If hospitalized put them in Haz Mat- refresh this DAILY

When actively working with them make sure they are in sticky boxes because there can be spontaneous releases of shadow energies, entities and astrals buried underneath larger pieces.

Check numbers daily to catch any random releases of entities or astrals that may occur during healing and replenishing.

Clearings

Round Robin (Round Robin is doing a series of clearings one after the other to create a large release.) in this order: Layers, HEMF, BOL, BES, Elimination, Template, Harmonizing Network-

Rebuilds

Rebuild the HEMF

Implement Golden Rain and Power Pak protocol

Remove and Attune Signatures

HEMF- emotional-(anger, fear, worry, struggle, upset, shock)

Physical- lungs, chest, heart, lymph

Virus Signature, Any feelings about where or how they contracted the disease

Medical personnel- as needed-especially after hospitalization



Attune all drugs used in treatment Remove drug signatures when a specific drug prescription end or change.

Attune any ventilators or medical aids that affect breathing.

Attune and medications such as Paxlovid that have been given to treat the client.

Generators

ULL, Blue Light of Healing, Sanctuary, Vim & Vigor, Soul Vacation, Rejuvenation, Restoration of Hope, Happy Baby- use the Super Generator as needed.

Venting

Venting T&P -work specifically with the areas of the body that are affected
Also vent T&P from Layers System in general- this can be really helpful in a situation of critical need especially-

Karmic

Loaded Karmic signatures are really prevalent with Covid patients. There seem to be Karmic memories of earlier plagues and pandemics surfacing in some although not all people. I have found the Spanish Flu epidemic memories in some clients.

Karmic Wounds may also be occurring- this can elevate fear response and create anxiety for some people. KWs in the primal layer and in the etheric seem to be especially common.

Soothing the Points can be especially helpful- allowing the intensity of the Karmic experience to cool down and become more manageable.

If Hospitalized

Obtain a critical care blanket permission to treat as needed- dowse to determine this- family or client may not be able to talk or connect with you- so handle this ASAP- If hospitalized people can go south very rapidly check them several times a day at least.

Build a TF on your altar-

Check TF daily and review:

- EPA/Golden Rain & Power Pak protocol

- Attune any signatures that are up

- Check generators-to repair and restore the body-refresh as needed

- Check to see if a Super Generator is needed.

Vaccinated

What to do for folks after or while they get the vaccine- if you can support them while they are getting the vaccine this is the best. Triple box them for safety and tell them to



talk to the vaccine when they are getting the shot. Say something like: *“I appreciate you Covid-19 Vaccine and I accept you into my body to prevent me from getting Covid-19. I ask you to assimilate easily and effectively and to disperse completely when you have done your wonderful helping job”*. Do not say: don't hurt me or damage me or anything beginning with a negative.

Doing all of the following is probably overkill. Go ahead and use this list as a menu for treating the vaccinated.

1. Attune the signature immediately after getting it - while they are in the waiting room if you can- if you are working with them after they have received the shot- do this ASAP and make plans to support the 2nd shot.
2. Remove the excess and pull it out of the shoulder, neck and arm where they got the shot.
 - a. If you are doing this several days or weeks after the vaccine you may need to do the removal differently - pulling it out in the form of delicate threads and little balls of light.
 - b. The actually vaccine disperses and leaves the body in 72 hours so what you are removing after that time is the residue left. Before, during the 72 hours the vaccine is present and able to be removed and attuned.
 - c. Some have reported this – so play this possibility up and strengthen it by asking the client to state: *“I am healthier and stronger because of the vaccine. Now, I am better equipped to deal with Covid-19 and other SARS virus efficiently and effectively.”*
3. I recommend attuning the vaccine again after 72 hours. And then again for the second shot in the same way. MRNA vaccine can actually make you feel stronger.
4. ADS -especially if they are worried about the disease, if someone they know or love died or got sick with Covid-19. If they are scared about how the vaccine might affect their life, their loved ones and the culture- ADS will help dial down the dialogue and the anxiety.
5. Suggest they listen to the *Spiritual Strength and Stamina* recording on our site daily to maintain a strong and healthy balance. Here is the link:
<https://yoursacredanatomy.com/spiritual-strength-stamina/>
6. Remove the HEMF Emotional Signatures and other general signatures in other parts of the anatomy. Especially distrust of their own body, of science or medicine.

7. Vent trauma- this is about getting the vaccine, about fears of Covid or of getting the shot.
8. Bring in: *Organ Vitality for the Immune System*
9. Bring in: *Organ Vitality for the RNA*
10. Set up a generator for: *The Blue Light of Healing* and *The Orange Light of Harmony*
11. Bring in: *Harmonizing the Layers, Harmonizing the BOL, Harmonizing the HEMF*
12. *IBWSIB*

Unvaccinated

Making the decision to go unvaccinated can be fraught with just as much anxiety and concern as making the decision to be vaccinated or even getting a mild case of Covid-19 after being vaccinated. The need for support is just as great. Doing all of the following is probably overkill. Go ahead and use this list as a menu for treating the unvaccinated.

1. Using consistent self-care such as Golden Rain, Power Pak, Basic Clearings, personal meditation or prayer practice along with a daily affirmation such as: “*I am healthy and strong. I have a strong immune system and I am perfectly equipped to live my life and my body quickly, easily, efficiently and effectively recovers, responds and reacts to heal and balance in every minute of every day.*”
2. ADS -especially if they are worried about the possibility of catching the disease, if someone they know or love died or got sick with Covid-19. If they are scared about how the vaccine or Covid-19 might affect their life, their loved ones and the culture- ADS will help dial down the dialogue and the anxiety.
3. Remove the HEMF Emotional Signatures and other general signatures in other parts of the anatomy. Especially distrust of their own body, distrust of science, doctors, experts, or medicine. If a person has not been vaccinated, they may have experienced negative and judgmental opinions about their decision to not vaccinate. This would be a signature that should be removed for their greater health and well-being.
4. Do Basic Clearings of Layers, BES, BOL and Elimination System.
5. Rebuild the HEMF and implement Golden Rain and Power Pak practices.
6. Vent trauma- mostly around fears, worry, or suspicions about getting the vaccine (as a political agenda implemented by people who are self-serving or who are victimizing the public- the conspiracy theory syndrome is highly traumatizing). Another area to address is traumatic anger directed at the government or with medical authorities who they feel have let them down. Earlier life trauma with



medical personnel or medical institutions and bureaucracies such as the WHO or CDC that have destroyed trust and innocence. Then there are random traumatizing fears of Covid-19 as an invention, or of “getting chipped” or somehow being damaged genetically by a selfish medical/governmental conspiracy. There may be other Trauma’s to vent that I haven’t listed- please let me know about any new ones as I am trying to stay abreast of the victimized / fear cycle our world is experiencing.

NOTE: Even if you believe these are correct assertions- you still need to relive the client of the burden of these signatures because they may be thinking themselves into a victimized stance or possibly be motivated by fear of “the other” (i.e. those that do not agree with them) that has been encouraged by unfortunately negative and fearful elements in the culture today.

7. Bring in: *Organ Vitality for the Immune System*
8. Bring in: *Organ Vitality for the RNA*
9. Bring in: *Restoration of Hope and Vim and Vigor.*
10. Suggest they listen to the *Spiritual Strength and Stamina* recording on our site daily to maintain a strong and healthy balance. Here is the link:
<https://yoursacredanatomy.com/spiritual-strength-stamina/>
11. Set up a generator for: *The Blue Light of Healing* and *The Orange Light of Harmony*
12. Bring in: *Harmonizing the Layers, Harmonizing the BOL, Harmonizing the HEMF*
13. *IBWSIB*