The New Energies Class 8/20/22

Ever since the isolation of Covid-19 began a lot of new energies have emerged, introducing themselves to me in one hundred different ways. I needed to create a context to share AT LEAST 30 + (because there are even more) new energies that are buzzing, singing and leaping about asking to be used by SAEM Practitioners. In this class I will share these energies, their colors, and other interesting characteristic with you as well as teach you about how to use each of them in the unique ways.

These New Energies have arrived in every category. They are everything from tools to multiple use and replenishing energies! I'm especially excited about some of the really specific use energies dedicated to increased health and well being for all of us.

Every energy has a distinct frequency that radiates outward constantly impacting where ever it is directed. When used correctly the energies are incredibly consistent. Each of these energies can be assigned to a specific type that will help us use them effectively. Because energies of a type share similar characteristics focusing on the most optimum way to use them has been a lifelong study for me. Some examples of each type are listed below.

Multipurpose- can be used in all areas & multiple functions at once. Multipurpose all have a golden vibration.

- *Universal Love and Light-* ***(white, golden w/ silver flecks)***
- *Ancestors who Love You-****(depends on the ancestor)***
- *Devas* ***(depends on the Deva Mother who comes)***
- *Sacred Anatomy Angels (****golden white)***
- *The Archangels* ***(individually)***
- *The Rainbow Lights* ***(individually)***
- *Father's Approval* ***(deep navy blue)***

Workers- accomplish a specific task- or support a specific action.

- *Blending-* ***(blue & silver)***
- *Integration-* ***(silver, gold & white)***
- *Witnessing* ***(golden-clear)***
- *Stabilization (****verdant green)***
- *Power Animals-* ***(depends on the animal, & can be used for a specific job)***
- *Attitude of the Strength of Archangel Michael (****gold & silver w/red)***
- *Surrender* ***(Chinese red)***

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Replenishers- renew, restore, soothe, & refresh the HES generally but can be directed to specific use.

- *Sanctuary* ***(lavender)***
- *Manna* ***(soft gold)***
- *Clarity* ***(blue & yellow stripped)***
- *Restoration of Hope-* ***(cerulean blue)***
- *Rejuvenation-* ***(rose pink, peachy, & golden)***
- *Vim & Vigor-* ***(silver & sparkling- faerie laughter)***
- *Faerie Faith-****(rainbow sprinkles w/ moss green)***

Cleansers- clear out & cleanse the HES or portions. All Cleansers have some white.

- *White Light of Cleansing*
- *Complete Elimination* ***(rose/purple)***
- *Complete Release* ***(color of "voiding pee")***
- *Divine HEMF Cleansing Light* ***(shimmering white, then turns ice blue)***
- *White Light of Purity* ***(brilliant white & strong)***
- *Clear Channels* ***(clear)***
- *Karmic Scrub* ***(bright green w/ yellow & blue spots)***

Builders- make, recover or rebuild a part of the anatomy that would not function without the Builder energy

- *E-Stomach Repair* ***(tri-colored currents swirling together)***
- *Fascial Freedom* ***(white w/ lavender splashes)***
- *Glandular Vitality* ***(pinkish tan)***
- *Harmonizing the HEMF* ***(rainbow sparkles)***
- *Harmonizing Blend* ***(rainbow sparkles mostly gold)***
- *Intestinal Fortitude* ***(silver)***
- *HEMF Radiance* ***(rainbow sparkling)***
- *All Harmonizing Energies, building the strength, vitality and harmony of the HES*

Transformers- change, remake or shift an attitude, belief or orientation. Transformers act as teachers or can become informers of primordial impetus and release in a specific area of the HES

- *Abundance* ***(maroon w/ silver shot thru)***
- *Descent of Spirit* ***(golden, lavender & magenta splashes)***
- *Independence* ***(bright white w/ green sparkles) Released from boundaries.***
- *Karmic Balance* ***(segmented black, gray & white light)***
- *Release Pandemic Fatigue* ***(golden, silver, clear crystals)***
- *Subtle Light Matrix* ***(Spongy golden bubbles of light & clear bubbles, gold at edges) fundamentally a Transformer before building or restoring***
- *Quantum Resonance* ***(clear w/ golden tinge)***

Environmentals- affects and serves manmade and natural surroundings in service of universal harmony and order- can inspire and awaken the structure

- *Calm Governmental Chaos* ***(pale blue- w/ lavender)***
- *Sacred Sites* ***(function depends on site-Stonehenge is different from Easter Island.***
- *Balm of Gilead* ***(various shades of green)***
- *Home and Hearth* ***(cocker spaniel & a fire place)***
- *Checks and Balances* ***(yellow w/ tan splashes)***
- *Balanced Bagua* ***(black, white, grey, blue & red)***
- *Harmonized Feng Shui* ***(gold w/ red)***

New Energies

Multipurpose- 3

1. ***Holy Light -*** *(white & pale green w/ a golden glow)*

   This is a powerful energy for ***Multipurpose*** *use & can strengthen partnership & communication between the subtle and the material. Using Holy Light is a frontline & expansive fuel that will increase spiritual stamina & power. It calms while also increasing dynamic intensity at the core. The fountainhead will generate an increase in single strands & the soul layer will increase in size.*

2. ***Mother's Courage–*** *(tawny golden)*

   This energy, *Mother's Courage* is about being protected and cared for by the Divine Mother. When you use this **Multipurpose** frequency it is best as a general support of a recreating, rebuilding, restoring HES.

3. ***Solid Gold –*** *(metallic golden brass colored)*

   In a way, *Solid Gold* is a **Multipurpose** energy that assures success, however that may be defined. The hardest part of a session can be encouraging the client to become aware of their own potential for a new way of being. This energy can help with that struggle. Bring in *Solid Gold* when the client is disappointed in SAEM or other healing modalities and feels like no progress is being made on their problem. It is a door opener and will adapt to the individual's need to build hope, confidence and strength so that they can make space for the new.

Workers- 3

4. ***Breaking Apart –*** *(grey and black stripes)*

Letting go of the need to hold on to form and function is encouraged by this powerful **Worker**. *Breaking Apart* is an energy dedicated to the process of disintegration, the process of changing from one state to another . Use it to support reluctant shifts.

5. ***Jet Black –*** *(pure pointed black- comes in as a spear)*

Just like various colors of white, *Jet Black* has a helpful application. Sometimes the pure energy of this frequency is exactly what you need to make a clear decision or get to the point in a mental process. It is a **Worker** and always helps with increasing focus and clarify.

6. ***Make New –*** *(bright pink)*

With the intention to completely renew this potent energy, *Make New* does exactly that in a few moments. This is a hard **Worker** that is dedicated to the plan whatever that may be and acts to implement change that is fresh and new.

Replenishers- 3

7. ***Apple Cheeks –*** *(rosy red and shiny)*

An abundance of health and vibrancy is the hallmark of this **Replenisher**. *Apple Cheeks* is sure to fill your *heart with joy and your mind with hopeful and uncomplicated exuberance.*

8. ***Innocence Found -*** *(pink and white woven together like a lattice)*

When innocence is lost through heartbreak, betrayal, or fate it leaves a void within the soul. It can feel enormous, even indescribable. *Innocence Found* fills that empty place in the chest once again allowing the heart to recover and the soul to begin to come back to center. This frequency is a **Replenisher** and can make a wonderful generator for recovering not just childhood innocence but the same sort of adult disappointments.

9. ***Wedding Lace –*** *(lacy ecru and white swirls)*

A strong **Replenisher** *Wedding Lace* can bring back the dewy glow to a faded structure. As it swirls the fog lifts and the sadness recedes always bringing the hope back like a new beginning.

Cleansers- 3

10. ***Rinse Clean –*** *(foaming white and blue bubbles)*

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Let *Rinse Clean* wash you off and get you so clean you won't even remember that you were once filled with clutter and debris. A **Cleanser** with the power to change, *Rinse Clean* should be used with care as attempting to shift a habit of slovenliness without the proper preparation can cause deep distress. But when it is used appropriately magic sparkle returns and a deep breath of fresh air fills the lungs.

11. ***White Pearls -*** *(pearly white)*

This energy is a **Cleanser** and can be used to "buff & polish" existing HES clarity. It should be used after other Cleaners as a "top up". *White Pearls* is best used in combination w/ other cleaners & is not an independent actor although as a generator it will download a continued clean structure over the life of the generator. This gives this energy a special use to help people "hold" the work of beginning sessions.

12. ***White Wash –*** *(off white)*

Using *White Wash* requires a clear picture of how the **Cleanser** needs to work and what you want it to do. When you want to gloss over a problem or clear up an issue this **Cleanser** can be very effective but don't forget to clear first. Don't rely on this energy to do the clearing- it is good for mopping up after a good clearing and for setting onto a new clean path.

Builders- 3

13. ***Architectural Triumph –*** *(leaden, stainless steel, stone block)*

When you don't feel like you have quite accomplished what you wanted to or needed to, *Architectural Triumph* can be the missing piece. A capstone energy, this **Builder** lifts the spirits and allows personal doubt and fear to slip aside. A perfect choice after a Life Pattern is released or a Karmic Wound is removed to allow the return to self as well as a renewed sense of achievement.

14. ***Built to Last –*** *(solid brown with red clay fissures)*

When something is *Built to Last* it is built with intention and an eye toward long use. This energy is devoted to that sense of permanent ownership so this **Builder** is good to use to lock in change. Supporting a transformative session by creating a feeling of balance and stability that only something *Built to Last* can demonstrate. A structure will always be ready for this energy.

15. ***Tempered Steel –*** *(chrome and steel)*

*This **Builder** is an amazing foundational energy for supporting a shift. It is great for use during a re-build or a procedure that is geared toward repairing or restructuring anatomy. Tempered Steel is very helpful for strengthening the effect of Harmonizing Energies. Bring it in right before using them.*

Transformers- 3

16. ***Erase -*** *(pale red with small black spots)*

To change from one state to another or to go from point A to point B requires the removal of the old and the acceptance of the new. This energy is a **Transformer** and it will *Erase* the past to make way for the present as long as it is used intentionally. This is a perfect energy to use after Karmic Wound removal to absolutely complete the release and remove any trace of the scenario of the wound or residual karma that might remain.

Using without forethought can actually cause the energy to *Erase* by accident, a state that might still be important or necessary and set you or your client off on an unexpected path. Be absolutely clear this is the energy needed by dowsing twice!

17. ***Ironclad -*** *(hard steely grey)*

Shift can sometimes be slippery and hard to wrap your head around. People sometimes have trouble understanding and grasping the new story of what a shift could potentially become. This **Transformer** gives an extra ballast to the core strength of the fountainhead, the core, the grand cross, and the channel. Using *Ironclad* makes the basics of the Sacred Anatomy stronger.

18. ***Pure Heart -*** *(red with sparkles)*

Pure Heart is a **Transformer.** It is helpful when working with a person who needs to change their attitude and approach to life. Bringing in *Pure Heart* increases the natural love of life and allows a personality healing in self-acceptance to occur. This **Transformer** influences the HEMF and helps it restore.

Environmentals- 2

19. ***Ecological Balance -*** *(blue, white, and green swirls)*

Ecological Balance looks like the Earth from space and is a powerful **Environmental** energy that encourages planetary healing from traumatic events. Bring it in to restore wounded natural elements from trees to the dirt beneath your feet.

20. Stardust – *(green and golden yellow with silver and orange sparkles)*

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It is said “we are made of the stuff of the stars” and this **Environmental** energy certainly validates that idea. When you bring in *Stardust* it sprinkles on the client or on you… it has a magical feeling and shines with silver and orange sparkles that dazzle. Use it to give that extra special mystical moment after a major piece of work or to anchor a powerful shift as an eternal unfolding of basic truth in the whole life. *Stardust* gives a sense of the head in the clouds and the feet on the path ahead that is unforgettable.

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