



The New Energies Class

9/17/22

Ever since the isolation of Covid-19 began a lot of new energies have emerged, introducing themselves to me in one hundred different ways. I needed to create a context to share 30 + (because there are even more) new energies that are buzzing, singing and leaping about asking to be used by SAEM Practitioners. In this class I will share these energies, their colors, and other interesting characteristic with you as well as teach you about how to use each of them in the unique ways.

These New Energies have arrived in every category. They are everything from tools to multiple use and replenishing energies!

I'm especially excited about some of the really specific use energies dedicated to increased health and well being for all of us.

Every energy has a distinct frequency that radiates outward constantly impacting where ever it is directed. When used correctly the energies are incredibly consistent. Each of these energies can be assigned to a specific type that will help us use them effectively. Because energies of a type share similar characteristics focusing on the most optimum way to use them has been a lifelong study for me. Join me now in exploring the latest crop of powerful energies. Some examples of each type are listed below.

Multipurpose- can be used in all areas & multiple functions at once. Multipurpose all have a golden vibration.

- *Universal Love and Light- (white, golden w/ silver flecks)*
- *Ancestors who Love You-(depends on the ancestor)*
- *Devas (depends on the Deva Mother who comes)*
- *Sacred Anatomy Angels (golden white)*
- *The Archangels (individually)*
- *The Rainbow Lights (individually)*
- *Father's Approval (deep navy blue)*

Workers- accomplish a specific task- or support a specific action.

- *Blending- (blue & silver)*
- *Integration- (silver, gold & white)*
- *Witnessing (golden-clear)*
- *Stabilization (verdant green)*
- *Power Animals- (depends on the animal, & can be used for a specific job)*
- *Attitude of the Strength of Archangel Michael (gold & silver w/red)*



- *Surrender (Chinese red)*

Replenishers- renew, restore, soothe, & refresh the HES generally but can be directed to specific use.

- *Sanctuary (lavender)*
- *Manna (soft gold)*
- *Clarity (blue & yellow stripped)*
- *Restoration of Hope- (cerulean blue)*
- *Rejuvenation- (rose pink, peachy, & golden)*
- *Vim & Vigor- (silver & sparkling- faerie laughter)*
- *Faerie Faith-(rainbow sprinkles w/ moss green)*

Cleansers- clear out & cleanse the HES or portions. All Cleansers have some white.

- *White Light of Cleansing*
- *Complete Elimination (rose/purple)*
- *Complete Release (color of “voiding pee”)*
- *Divine HEMF Cleansing Light (shimmering white, then turns ice blue)*
- *White Light of Purity (brilliant white & strong)*
- *Clear Channels (clear)*
- *Karmic Scrub (bright green w/ yellow & blue spots)*

Builders- make, recover or rebuild a part of the anatomy that would not function without the Builder energy

- *E-Stomach Repair (tri-colored currents swirling together)*
- *Fascial Freedom (white w/ lavender splashes)*
- *Glandular Vitality (pinkish tan)*
- *Harmonizing the HEMF (rainbow sparkles)*
- *Harmonizing Blend (rainbow sparkles mostly gold)*
- *Intestinal Fortitude (silver)*
- *HEMF Radiance (rainbow sparkling)*
- *All Harmonizing Energies, building the strength, vitality and harmony of the HES*

Transformers- change, remake or shift an attitude, belief or orientation. Transformers act as teachers or can become informers of primordial impetus and release in a specific area of the HES

- *Abundance (maroon w/ silver shot thru)*
- *Descent of Spirit (golden, lavender & magenta splashes)*
- *Independence (bright white w/ green sparkles) Released from boundaries.*
- *Karmic Balance (segmented black, gray & white light)*
- *Release Pandemic Fatigue (golden, silver, clear crystals)*
- *Subtle Light Matrix (Spongy golden bubbles of light & clear bubbles, gold at edges) fundamentally a Transformer before building or restoring*



- *Quantum Resonance (clear w/ golden tinge)*

Environmentals- affects and serves manmade and natural surroundings in service of universal harmony and order- can inspire and awaken the structure

- *Calm Governmental Chaos (pale blue- w/ lavender)*
- *Sacred Sites (function depends on site-Stonehenge is different from Easter Island.*
- *Balm of Gilead (various shades of green)*
- *Home and Hearth (cocker spaniel & a fire place)*
- *Checks and Balances (yellow w/ tan splashes)*
- *Balanced Bagua (black, white, grey, blue & red)*
- *Harmonized Feng Shui (gold w/ red)*

New Energies

Multipurpose- 3

1. **Good Birth** - (golden and pink with streaks of purple)

We all want to be born into love. Whether or not that was the case for you, this **Multipurpose** brings the powerful moments of the first breath of life supported by love into clarity and lifts you up with the gift of a righteous beginning. Starting any project with *Good Birth* ultimately helps bring success and ensures happiness during the work undertaken.

2. **Holy Order [or Peaceful Dying]** - (white with golden streaks)

Death, dying and completion are *Holy Orders*. This **Multipurpose** frequency is full of hope for the peace and tranquility we imagine death will bring. Call upon it when you are bringing a relationship to a close, when someone is dying or when something is ending finally, so finally it feels like a death of sorts. Being in alignment with the holiness of dying only supports the holiness of living.

3. **Privilege** - (white clouds with a golden lining)

Sometimes in life we might need a leg up. What could be thought of as special treatment, going first class or being preferred above others. That is what the **Multipurpose** energy, *Privilege* does. It doesn't literally push people aside and put you first. But it does give the feeling of being first or the most important person which sometimes is all you need to get



over a depression or the sadness of not winning and of feeling like a loser. *Privilege* lifts the spirits and gives a leg up to the wounded heart.

Workers- 3

4. ***Cutting Through*** – (sharp orange)

A **Worker** with focus already built into the matrix of the frequency. To support the action of deep shift and the ability to break through the energy, *Cutting Through* is a perfect partner. Be cautious about applying it too soon in the client's journey. Use only when you dowse it and step back to let it do its work!

5. ***Lifted Spirits*** - (orange spotted with magenta)

Lifted Spirits is a **Worker** dedicated to raising the light in whatever it encounters. Bring it in for people who think they are lost causes or who are imagining they are cursed or abandoned by the joy of life. A good support for the lonely hearted.

6. ***Ruby Red Repair*** – (brilliant red with sharp focus)

A **Worker** meant to repair breaks or tears in the purpose current. *Ruby Red Repair* can fix even the most dramatic destruction of this powerful foundational energy. Use it liberally and think of it as a basic tool.

Replenishers-3

7. ***Above the Fray*** – (saffron yellow transparent arching lights)

Tired and stuck in the mundane or the constant worry of a chronic illness. Using *Above the Fray* can be like a vacation. Lifting literally *Above the Fray* will take you up away from the trouble and begin to restore your hope. This **Replenisher** is a pure solution for a tired spirit or even for depression.

8. ***Candor*** – (deep sapphire blue)

A **Replenisher** with a focus on healing with its beautiful deep sapphire blue light. *Candor* is revealing and restorative at the same time. It shows the true nature and helps return faith in the self.

9. ***Exemplary Character*** - (pink umbrella falling over the top of the HES)

Exemplary Character is a hopeful and positive spirit lifter. It is a pure **Replenisher** that sees not only potential but what is missing at the moment and works to bring whoever or whatever is receiving it back to center. To share the best of who we are requires character



and to act with *Exemplary Character* means we go above and beyond what we knew and understood of ourselves in the past. This energy supports an improvement in just about anybody's character!

Cleansers- 3

10. **Clean Slate** – (*smooth white chalk*)

Starting fresh with the slate wiped clean is the feeling of this frequency. A true **Cleanser**, it works to remove and transmute old ideas and beliefs that are no longer needed.

Clean Slate is the best energy to bring in to really start over! It will take you back to the beginning but with a whole new outlook.

11. **Kid Gloves** – (*soft white and smooth like leather*)

Kid Gloves is a gentle and effective **Cleanser** for the Sacred Anatomy. It is best used as a back-up for a delicate HES after receiving a any Clearing. There are people who need extra support to let go of attachment and debris. They usually have a very finely honed capacity and respond to the emptiness of something as basic and simple as a Clearing. *Kid Gloves* is extra help for them.

12. **Soapy, Soapy** - (*white bubbles with rainbow sparkles*)

Use this **Cleanser** to refresh and to restore a feeling of being brand new. Fill your bath tub with *Soapy, Soapy* and be rinsed clean of the grime of life. You can also use it to wash up when no soap or water is available. This energy belongs in every Medicine Bag.

Builders- 3

13. **Cream of the Crop** - (*lumpy like clotted cream- a variety of colors that change for individual use & can be different each use- the color starts out as one color & changes from pale blue to green to white into light yellow or lavender to darker blue.*)

This energy is a **Builder** & will use the ability to shift colors for personal usage & application to rebuild or create new anatomical parts. Every time it is used it may look different depending on what part of the structure it is working w/ & how it is performing the building function. Using *Cream of the Crop* will help re-builds and restorations become stronger.



14. **Hard Scrapple** – (*asphalt*)

Returning the structure to its former strength after trauma, illness or injury requires a **Builder**. *Hard Scrapple* is the perfect energy to help buckle down and commit to the deep business of regeneration because it supports the hard fight of recovery with the kind of enthusiastic undercurrent people really need in a long battle for regaining equilibrium.

15. **Strong Foundation** – (*granite gray with black speckles throughout*)

To establish a powerful basis for transformation and build upon it a sturdy edifice for the transformative process. This **Builder** is helpful to both ground and inspire an expanded potential for new development.

Transformers- 3

16. **Discovery** - (*clear at the center with cobalt blue and red glow at the edges*)

Hope and excitement rises with *Discovery*. This energy is a **Transformer** and can show the way to a feeling of newness and light. It is the actual moment of *Discovery* and holds within it the fresh feeling of that inspired experience as well as the urge to push on and find a new way or an answer to problems that have troubled the waters of life. To keep finding the undiscovered country and the hidden truths that keep us always going forward, always forging into the unknown .

17. **Green Growth** – (*emerald green clouds of light*)

We all have a deep need to elevate our moments of growth as we ride the winds of change. *Green Growth* is a **Transformer** that will secure a growth trajectory and increase the stamina of the energy under any shift. With billowing clouds of brilliant green light this energy inspires strength and a connection with the ever growing spark of life.

18. **Laughing Water** – (*pale blue and clear like spring water*)

Evoking a flowing spring tumbling over rocks, *Laughing Water* brings the heart of new growth and change. A **Transformer** that gives a light hearted feeling this frequency can bring any heart happiness. Use it to lift the spirit and balance a healing with lightness of being.

Environmentals- 2

19. **Earthscape** – (*green, blue, brown and cloudy puffs*)

Perfect to refresh and after a big change or to support an HES to relax into a shift. *Earthscape* is a reminder that you belong, that being an Earthling is filled with benefit



and that personally transcending fear and anger give way to the fertile experience of creative life. **Environmentals** can be used for humans and this energy is great for building confidence and expanding capacity.

20. The Common Good - (blue, green, purple, red and yellow in a swirl)

Everyone and everything benefits from *The Common Good*. It is an energy that impacts spaces and the living things in them. Using it as an **Environmental** keeps the peaceful feeling of a region or area and benefits all residents equally. Best used during development project, rebuilding or restoration of damaged property. Bringing it in after a robbery or other such violation helps with recovery.