



ENERGETIC ETHICS

What We Can and Cannot Claim and Why?

The American Medical Association has for years viciously attacked alternative medical practitioners. Unfortunately, it appears this vigilance is not always as they would have us believe: genuine concern and high-minded if paternalistic protection of the patient. No, instead the medical industrial complex appears to be dedicated to protecting market share, money, and control over the way people think, act and treat their bodies and the injuries and diseases of those same bodies.

The corporate machine that is medical care in America today is filled with people who love medicine and who want to practice *their* healing arts. They have bought the most expensive, most advanced, superior training in the world and are bound and determined to protect their investment. Who could blame them? But more than the personal debt the doctor and all their many supporting cast of thousands incurs, it is the drug companies, the insurance industry, the mammoth hospitals and educational institutions all employing doctors and buying into a singular belief system that controls our health reality.

From the inception of Allopathic chauvinism in the late 1800's the position this form of medical practice has taken is: *we know what is best, right and most scientific; we are the only experts*. Naturopaths, Chiropractors, Homoeopaths, Midwives, Osteopaths, traditional herbalists, Acupuncturists, Traditional Chinese Medicine Doctors, Wise Women and all sorts of hands on healers have been branded by the AMA as quacks, frauds, snake oil salesmen, murders and worse. All of these disciplines have been forced to battle for survival in a war against the mighty pressures of the AMA.



Saints and Martyrs

From the beginning of his career in 1943 the law hounded the brilliant herbalist, Dr. John Christopher. Legal campaigns and bitter ignorance chased him out of one state after another until he landed in Utah where he was *allowed* to practice his expertise and healing arts, many of his devoted patients driving for days to see him. Christopher, who died in 1983, was a master herbal teacher to many leading senior herbalists in the US today. These are the brave folks who changed the face of herbal medicine for the citizens of our country and who are still fighting to put and keep vitamins, supplements and herbal remedies in our local markets and health food stores accessible to all with no prescriptions. Now, even the local corporately owned pharmacy carries homeopathic and herbal remedies.

Unfortunately, Christopher's story was not the only one. There have been and continue to be saints and martyrs to natural healing. Acupuncture had to wage a substantial battle with the AMA to expand out of the Chinese ghetto where it existed in the US for over a century ridiculed as *folk medicine* behind closed doors. Today, many doctors still do not think there is any *so called* scientific evidence that proves acupuncture's value. Mountains of anecdotal evidence, results up the yin-yang, and many ideas from Traditional Chinese Medicine creeping into the modern lexicon aside, the mainstream medical world still doubts the veracity of this ancient wisdom.

Scientific Proof^[L]_[SEP]

This is the modern scientific model. Proof, collected in a single narrow way to demonstrate coldly, rationally, that something works. On the face of it, this sounds good. You want the invasive procedure performed on you or a toxic chemical medication you have to ingest to be standardized and proven to work and it makes sense there should



have been some proof required before your doctor prescribed either of these options. This is good if there is room made for multiple kinds of proving and if there is no bias in the distribution of money for testing so that differing ideas about what diet, medications, therapies and procedures might work to treat different issues.

The problems with what is called **the** scientific model are many. One being that the decision has been made for *all thinking people* that there is only *one way* to prove anything. Perhaps the worst offense is that this *one model* of proving effectiveness of treatment rejects individual and special results for the norm. Because of this orientation the approach is too often to teach doctors to throw away things that work for *some* people but *not* for others. It overlooks the needs of the individual or personalized result, which are the basis for many of the alternative medicine styles of treatments. Approaching healing this way means there are limits. If all must rise or sink to the norm, who does that really benefit? Certainly not the patient praying and pleading for his own welfare, who understands intuitively that his needs are unique.

This is why alternative medicine is hitting the Allopathic industry in their pocket. People want to be seen and treated as individuals, not as everyman or the norm. Carrot juice is not good for everybody, not all people respond well to acupuncture and chiropractic can damage as well as heal. But painting with a single broad brush is hard on the art of healing. To rely only on proof with the scientific model and to dismiss intuition as fantasy is still laughable to those of us who see the profound way people affect each other just by being in a room together or even more amazingly, simply by thinking about each other. The whole game shifts when the simple silent presence of one being totally changes the energy of another.

Realizing that it is impossible to eliminate the belief, attitude, mind set, or energy of the observer is just now becoming clear to the normal folks working hard to “do good” in white coats. To prove the efficacy of prayer for healing or sending Reiki energy to inoperable brain tumors has been problematic and results from such studies have not



been positive for our profession. But there is a reason.

It is my opinion that, apart from standardization of what is being studied and the fact that the researchers do not distinguish one energetic healing system from another, these less than helpful results occur because there is no such thing as an observer free experiment. The human element is always there. In the future it is my great hope that Sacred Anatomy Energy Medicine will be able to participate in studies using the standardizing skills learned in the Illuminated Body and witnessing to regulate the observer's approach to the subject and so *prove* what we are already seeing as consistent results.

Divine Intervention

Nevertheless, legally we are unable to claim that we *cure* anything or that we even attempt to do so. *Healing* is a stretch and can legally only be used as *spiritual healing* because the one place the AMA has not absconded with our rights to practice an alternative and subtle type of healing work is: religion. The titans of the church and medical science have gone head to head in the courts and what remains is the right of the spiritual and religious to the *laying on of hands* as vehicles of *Divine intervention*. Science has ordained that God can still heal. Whew! What a relief.

The good news is that this is exactly what happens in a Sacred Anatomy Energy Medicine session. There is Divine intervention from the individuated expression of the Source: this is Sacred Anatomy Energy Medicine. Fortunately, we still own this right, and it encompasses everything we might ever need to practice this work. Thankfully we are able to share the beauty of the sacred anatomy with our clients legally through the constitutional right of the Freedom of Religion. As long as we are ordained ministers or registered practitioners of any faith we are free to practice in the US.

We cannot call, advertise, or claim that what we assess through our dowsing and



intuitive knowingness is any kind of *diagnosis* or *prescribed treatment*, as these are words in the English language that the medical profession legally lays claim to and defends with huge amounts of money and armies of lawyers. Nor can we claim to *cure physical or psychological illness*. If you do claim these things, *even if it is true*, you can be arrested for practicing medicine without a license. Stay within the scope of practice of what you have learned and continue to make miracles happen. If you have a license as a nurse, doctor or body worker follow the restrictions of your authority using these techniques at your discretion. Make a distinction when you do Sacred Anatomy Energy Medicine and keep the boundaries as clear as you are able.

Keep It Legal

Clearly, it is a waste of time to fight City Hall and the AMA. Personally, I prefer the drip method of wearing down the granite tombs. Inform yourself about and obey all Town, City, County, State, and Federal regulations. Be a model business owner who takes the high ground. File and pay all your taxes. Comply with the business restrictions in your state, county and town. Choose other words for describing your work. Most important, *a/ways* tell people you would recommend any ailment or injury be checked out by a doctor or medical professional. Make the distinction that you are a spiritual healer and spiritual counselor and not a licensed medical professional unless you have additional training as a doctor, therapist or nurse and can legitimately make such a claim.

Make a record of your referrals to any other practitioners in client files. Keep doctor's business cards on file. Be respectful of their training and knowledge. It is amazing how many doctors send clients for *spiritual healing* after a few referrals from me! They appreciate my respect for their professional skills and they return the favor often sending me people who baffle their expertise. Slowly in-roads are being made. One physician at a time becoming aware of sacred anatomy, one nurse at a time using



the EDGE Practice, one lab tech at a time using witnessing to start a blood draw will shift the profession of healing to a more inclusive one and eventually welcome under a larger umbrella the legions of already sophisticated alternative practitioners out there getting incredible results for their clients.

Your Contribution to SAEM Ethics^[SEP]

At this point in your training you have developed a knee jerk *permission asking response*. Incorporated into every procedure, *asking permission* exists as a way to accomplish three things.

1. Engage the participation of the client
2. Build a safe container.
3. Distinguish Sacred Anatomy Energy Medicine from the throngs of people out there sending energy to everyone they “feel” needs it! AND who don’t ASK but assume permission with hubris that is offensive to the ethically sensitive and aware!

Sacred Trust^[SEP]

Ethically when we work with a client it is a sacred trust. We cannot even speak about our sessions with them to colleagues without permission. It is unethical to tell stories about clients, to vent about clients, or to ask for advice about clients without their express permission.

It does not have to be in writing, but it is a good idea to make a note in the client file about asking for permission to share some part of their healing session and why. If



you are stuck in a rut with a client and want to get some assistance from a teacher or fellow practitioner it is important to tell the client you want to check with your instructor or a trusted colleague. Then you must report back to them closing the loop and giving them added insight. This is an essential series of steps. For the three reasons listed above but for one more: your integrity.

Integrity

When you give your word to a client you *must* follow through. This keeps your integrity in the relationship in tact and the client will eventually be able to trust you enough to release the steel grip they have on their authentic self. This is how you know where to place the boundary. If it builds trust or integrity it is good.

Your work depends on his or her trust in your uprightness as a healer and a person. Doing what you say may not always be possible, things happen, life intervenes and changes have to be made. Do not reschedule a client because someone else wants the slot or you could see two more people if they came a half hour earlier. Suck it up, keep your agreement, build that trust and make sure later to implement a scheduling policy that supports your time better in the future. If you jerk people around, one of these days they will do that to you.

Unfortunately, that may look like resisting your work and cutting off their own nose to spite their face! Remember people are almost always *in their stuff* when they reach out to you. They are either preparing to go into a healing or coming out of one. Whether they are wrestling with a big issue or make space inside themselves for the transformation it is up to you to guide them towards trust and a safe place.

When you have this kind of relationship with a person they have different rules than you do! Ethically the most important boundary you can hold with a client is to keep your work. This builds, credibility but most of all integrity in your work and in the world. If



we want to make a difference in another person's life, we must put the integrity of deed and word as a firm part of the ethical stand we take in the world.

But what if you cannot do what you said you would do? Then be honest. Hopefully the trust and respect you have mutually built will allow for your own life and issues. Occasionally, this just happens and if your relationship with the client is imbalanced because you have established a pattern of always accommodating them even to your own detriment, attempting to shift even an appointment time can set off an excessively emotional reaction. If this occurs take responsibility for not drawing a more human boundary. You are not an automaton. You are a person who's own life occasionally may need to take precedence over the client's. Any relationship that does not have give and take built in is destined for disaster eventually. Besides, you do not client a favor by mothering them at your cost.

Ethical Beliefs

You get to believe in miracles. You get to believe that the cancer will heal utterly and that health will be vibrant. You get to believe death is a doorway to healing. You get to believe that we may not cure an illness but that healing happens in the spirit, mind and heart and is bigger than a single life or body. You get to believe that disease and pathology teach us what we need to know and then cease to be a problem. You get to believe that your ability to see the client as whole and filled with the light of the Divine at the core is a gift. You get to believe what works for you, supports you and is good for you.

Client Autonomy



Your client does not have to share your beliefs in anything. Chances are that they will not, at least in the beginning. Your job is not to convince anyone of anything. Sacred Anatomy Energy Medicine works whether you believe in it or not. But ultimately, during the healing journey the beliefs and attitudes of the client will be called into question. Change is healing and it is old beliefs that often must be the release point. Transformation is always there just under the tired old conviction.

But be clear, about the ethical boundary of the healing. This is not you who is transforming, growing, becoming... It is not your moment or your issues; it is the client's time and space. Stay focused in your healer's stance during the journey they are making through dangerous and uncharted territory. Hold space with compassion, keep your ethical center and your clients will find their way home.

What We Offer

Sacred Anatomy Energy Medicine offers many things, hope, safety, clarity, compassion, relief and change. But the big offering we are making is: fundamental education about who we human beings are. Everything we do is based in the Basic Operating Principles and the Sacred Anatomy. The SAEM Principles explain how the sacred anatomy works and evolves. Knowing them allows us to understand what is happening to our clients during sessions and for the everyday ups and downs of our own lives.

The gift of this work has been incalculable for me. I have grown up mapping the structure and making it possible for me to live in this world by creating procedures, alignments, clearings and techniques. After many years, I am almost always happy and satisfied with my experience of living but this is a state I have evolved into out of the profound sadness, misery and confusion of my early years. I do the best I can now to keep my sense of humor in tact. I look for the jokes and laughter. I am now focused on sharing this information and supporting my students while they assimilate it as best they



can. We are all human. No body is perfect. We all do our best to listen and to care. I have found when I follow the guiding light of my authentic self it gets a lot easier.