



We Begin!

As we begin Sacred Anatomy Energy Medicine Bag I want to reiterate that I speak only for what I know and have learned through years of study. My work, Sacred Anatomy Energy Medicine which you are learning, is based on theories and principles I have developed while mapping and studying for over 50 years the swirling lights I came to understand as subtle energy anatomy. In companionship with this natural evolution arose understandings and discoveries of how this anatomy might be worked with, directed, repaired, trained, used, and healed. It was only after years of experimentation that I began to share my work with others.

What I am now teaching came from my gradual grasp of subtle energy or subtle matter that still continues to develop and grow. As guardian of this body of knowledge, I learn from every situation. I will learn from our association, as every person who awakens to this part of them brings something to the whole body of knowledge that bridges the spectrum from revelation to insight.

I can at this time only make claims about what SAEM can do based on the observations we have accumulated from thousands of Practitioners, students and clients. As we apply the Operating Principles of Sacred Anatomy Energy Medicine in our own lives we hope to soon have more than anecdotal proof of the validity of our claims and our hope for SAEM. But until we do, I invite you experience these shared insights for yourself and having done so, as a rational, thinking person decide if they shed light on your life. Over time if the revelations of SAEM open your ability to experience more, feel more, and understand more about who you are as a person then I suggest there is something real to believe in and honestly, a way to make your own contribution.

I welcome dialogue and discussion about any idea or portion of the anatomy or how we work with it. This is a quest for knowledge and a return to conscious wholeness; it is a time of great awakening. In my heart, I want to know and understand deeply that which I hold in the fabric of my soul as my truth. But I do not expect you to



believe or think like I do or like other SAEM Medicine Bag Carriers or SAEM Practitioners do.

You will find your own way, your own truth. You will bring something to this conversation- something different than anyone else and that is tremendous fun. But make no mistake there are parameters, principles and accepted ethics we have developed and agreed upon in the SAEM community over the years and together, we are building upon them. We follow what works and what is beneficial, that which returns us to wholeness. We trust in the old adages: *First: do no harm.* And: *Physician, heal thyself.* Use the tried and true protocols and do your own work. Break though the old holding patterns and stale beliefs that have held you captive in your own life. It is exciting to be in on the ground floor of a new direction and an evolving new paradigm-liberating discipline. Welcome to our messy, wild and glorious party!

Your Attention Please

What the parameters are for working with SAEM are clearly laid out for you. Stick to them. Get creative; succumb to the temptation to go *off road* and procedures, alignments, skills, techniques and clearings will not work as well. Please respect the thousand of hours invested in every single procedure and do them only as taught. Also please watch the tendency to invent more signatures (or to add to any clearing, procedure or alignment you are taught). Get to know these signatures first. That will take you awhile. There are thousands of signatures already mapped. As you continue with your SAEM education more approved and vetted signatures will be added to this already pretty extensive list.

While I'm at it, I want to remind you not to think you can represent SAEM as a body of work or as an organization in any way if and until you are trained and authorized to do so. This is a transmitted work. It is not possible to know what you don't yet know and there is a lot more to know. You can speak about your experience all you



want. But do not presume to be a teacher of this work without training. We all have to hold this line to keep this work whole. Thanks!