



Description Sacred Anatomy Energy Medicine Procedure

## Bringing in The Rainbow Lights

In 1975 Dr. Gayle Pierce taught me how to bring in the Rainbow Lights. This transmission changed the course of my life and influenced the evolution of this healing work profoundly. It combines visualization, intention and the witnessing of the spiritual communion between a structure and specific pure Source energies. Contained in each of the energies she taught me to use are pure essential frequencies represented in the color and the idea expressed in the name of the light.

The *blue light of healing* for example is a universal frequency of healing light that is always blue. This is a fundamental tool most Shamanic healers use and the power of this helping energy is augmented by thousands of years of medicine men, teachers, seers and mystics using it to heal. When we bring this energy in we are bringing the light worker lineage that Dr. Gayle transmitted to me and I am sharing with you. Each light has its special job and value- your awareness of what this is as you establish your own relationship will only enhance the healing experience.

Bringing in the Rainbow Lights can do amazing things. Call on them in this order:

- White Light of Cleansing
- Rose Red Light of Love
- Lavender Light of Awakening
- Blue Light of Healing
- Green Light of Growth
- Golden Light of Truth
- Orange Light of Harmony
- Silver Light of Peace



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### Bringing in the Rainbow Lights As Needed

Use the 6 steps for bringing in specific energies. Use when a client only needs some of these energies.

1. With permission at the EDGE.
2. Ask your client to lie down however, it can be done with them seated also.
3. Start bringing in the *white light of cleansing* and dowse to ask the next light if it is needed by the client.- go in the order of the rainbow and always start with the white light- NEVER end with it!
4. Bring in each light in a sweeping motion from the top of the structure through the bottom- keep bringing in the light for a few minutes or until you feel it is enough.
5. Keep the client engaged and supporting the process as a partner by asking them to see the lights in their mind's eye and to visualize them each as you are bringing them in. Unless very ill, keep them awake and participating.
6. Say something like: *Now we are bringing in the (green light of growth). It is pushing anything and everything that is not of you right out of your structure leaving behind only this powerful and beautiful (green) light. All illness and distress is utterly released now and in this moment as the (green light of growth) brings each cell in your body into health and vitality.*
7. *Integration and Blending* (Full IBWSIB after you have learned them)



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### The Rainbow Lights Full Shamanic Ritual

1. Have client lay down, dim lights, put on soothing instrumental/space/yoga music.  
Cover with blanket if required. (typically 45 minutes)
2. Call upon each rainbow light in sequence and move the arms with light fingers extended to guide the energy, in slow, rhythmic “caresses” and visualize the light coming through the top of their HES, moving through their body and exiting the bottom of the HES. While calling the light in, invite the light to release any disease or pain.
3. As the energy comes in, it pushes the previous light out.  
“I call upon the *White Light of Cleansing* to come in at the top of \_\_ (client name)’s \_\_ head and to push ahead of it anything and everything that is not of you. Letting go of every trace of \_\_\_\_\_ “ (disease, cancer, pain, etc)  
White Light of Cleansing  
Rose Red Light of Love  
Lavender Light of Awakening  
Blue Light of Healing  
Green Light of Growth  
Golden Light of Wisdom and Truth  
Orange Light of Harmony  
Silver Light of Peace

4. *Integration and Blending* (Full IBWSIB after you have learned them)