



Sacred Anatomy Energy Medicine

Basic Clearing of a Specific Body Part

1. Applying the Edge and with permission, determine need.
2. Make a vent from the specific subtle or material body part off to the side into the universal. If it is possible, make the vent travel up and out of one of the shoulders at an angle.
3. Monitor the clearing through each "layer" of the specific body part using a dowsing rod.
4. Clear by using focused intention: (the idea is to get them talking about their body, how they feel and what is up for them as you move through the clearing)
 - a) All negative thought forms throughout the body part
 - b) Bio layer of the body part including physical issues or trauma- name the parts while clearing
 - c) Emotional layer clutching of the body part- name emotions
 - d) Primal layer knowingness of the body part- name the legacy of part
 - e) Mental layer constructs of the body part- name the beliefs of part
 - f) Cognitive layer access to the body part- specifically name the negative ways the client thinks and feels about the body part
 - g) Spiritual layer relationship of the body part to the whole
 - h) Etheric layer history (the story) of the body part
 - i) Soul layer energetic support and fuel of the body part
 - j) Surrounding universal containment of the body part
5. Close the vent with *Universal Love and Light* fill the specific body part. Move it through the entire structure.
6. *IBWSIB*