



Description Sacred Anatomy Energy Medicine Protocol

Ending Protocol

The value of a consistent **SAEM Ending Protocol** after every clearing, alignment or procedure is expansive. The Sacred Anatomy and Source energies develop a conscious awareness of each other that grows over time. They begin a relationship. Through consistent interaction it is possible to train the structure to grow, relax, and expand into each transformational state that is evoked throughout the process.

This creates not just ownership of the changes underway, but a positive, gentle acceptance of a completed shift. The HES is able to learn how to move through these different states more rapidly over time, embodying this series of change states more easily and completely every time it is done. Each state is an opportunity to move into partnership: subtle with material, healer with client, Divine Consciousness with Individuation.

The four powerful change states of the Ending Protocol:

Integration: The HES becomes informed and moved out of the elevated destabilized state of a healing experience with *Integration*. *Integration* is the message bringer that begins shifting destabilization little by little as it speaks to the newly altered parts of the anatomy. With a soothing voice it spreads the word to the parts that may not have even noticed that an adjustment was taking place. When *Integration* is done, all the parts of the structure know that a new way of being has begun. Every part of you has received an invitation to the dance!

Blending: The HES next moves into a state of homeostasis with *Blending* which evens things out, and settles down the structure. By following *Integration* immediately with *Blending*, the old and the new are mixed. Both the repaired and the unaffected portions of the anatomy come together in agreement through the state of *Blending*. This gives the entire structure the chance to face the experience of shift together, as one. As the HES is awakened to a shift, trembling with excitement, it is ready to accept *just the possibility* of something *new*, something *good*. The resulting state of *Blended* emerges and the structure is changed again.

Witnessing: *Witnessing* is the most important moment of a healing procedure, clearing or alignment. This is when clients accept for

themselves the possibility of meaningful change. The healer supports the *Witnessing* state by being a strong and regular container; holding the client and *Witnessing* them as an expression of manifest Divine light. The witness holds no agenda for the client. But instead, sees them simply as Cosmic Consciousness that is whole and complete at the core. The *Witnessing* healer allows space for the client to move into a positive acceptance of the transformative shift. This is how they will take ownership of the changes underway. The structure reacts positively and expands into a newly re-stabilized and yet, still fluid state. After *Witnessing*, the client has accepted the shift and so is now available to stabilize their structural movement.

Stabilization: That's the moment to bring in *Stabilization*, the energy that will hold the new line and support the HES as it settles completely into a new way of being. *Stabilization* is returning to balance, coming back to center, anchoring the shift, harmonizing the entire structure into a restabilized and new state.

Integration: This stabilized state is deepened by reintroducing the energy, *Integration* as we begin to finish the Ending Protocol. A final *Integration* acts to even out the transformed HES as it has re-stabilized with *Witnessing* and *Stabilization*. Now the one body will have the chance to experience real change. This final *Integration* state signals to the structure that things are returning to a stable condition.

Blending: A final layering of *Blending* signals throughout the structure a renewal of wholeness and an acceptance of the stabilized state. The HES is now settled and completely awake to the opportunities presented by this shift. In an aware and replenished state the structure is hopeful and filled with the light of the new. The whole being approaches this last step as historic, already in place; accepted and shines brightly with: *what's next?*



Sacred Anatomy Energy Medicine Technique

Ending Protocol

Rhythmically use the six steps to bring in the energies even though explicit actions and statements are made with each state:

- *Integration (white with silver sparkles)*
- *Blending (lapis lazuli with gold)*
- *Witnessing (golden-clear)*
- *Stabilization (verdant green)*
- *Integration (white with silver sparkles)*
- *Blending (lapis lazuli with gold)*