

## Attuning with the Client: Conscious & Subconscious Interactions

Attuning refers to the ability of the practitioner to sync energetically with the client. This way you can sense into any given part of their Human Energy Structure and track or sense a reaction to the stimulation of shift and then to follow whatever shift is occurring. Attunement happens all the time spontaneously between people because it is a conscious state arises in response to the changing HES between people.

When we experience a shift in a client or in ourselves, every part of what we are is reacting to the shift of a smaller single part. If you have ever tuned a guitar, you know the pitch changes when you turn the tuning peg and strike the string. Your ear guides you to the correct congruent note, and the guitar tuning is changed. And then your entire structure responds to the new tuning. This process of tuning is the way we make the strings compatible with each other so the chords and single notes played create a pleasing and predictable sound which then will resonate with other instruments that are tuned to the same pitch.

Like tuning the guitar string, an HES shift stimulates an opening to a potential attunement. This attunement calls up from within a new direction for the whole. This causes the client to experience their transforming body in communication with the more static parts of itself. When the practitioner is witnessing in *attunement* a compatibility forms between client and practitioner that enables the practitioner to also experience the transformation as a mirror to the original sensation of the client. It is possible to accomplish attunement with the structure of the client when sensing the star point of the Template System. This is one of the primary pulse locations in the Sacred Anatomy as it pumps the universal energies into the e-stomach in a steady and regular fluttering beat. The practitioner uses the star point to attune and then reads the pulse to gather information. There is great healing potential in attunement with the client.

I rememberr Jerry who wanted to become less anxious and to feel more confident in the world in general. He was sick of being unable to enjoy life fully and wanted to get out of the anxiety pattern he had become used to over the years. Releasing excess debris from his Layers with a Basic Clearing, Severing Entanglements and Rebuilding his HEMF gave Jerry the chance to feel during the session what being in his body without the old HEMF toxicity felt like. As je applied the Golden Rain and Power Pak he suddenly shifted to yet another tuning and felt different. At first he was uncomfortable and didn't like it, he said: *"I don't know this energy state and it makes me worried"*. He felt fearful, out of sorts, and that things might even be worse; he was anxious about NOT being anxious.

But after breathing and being quiet for a few minutes Jerry adjusted. Because I was in attunement with him I was able to more accurately assess his feelings that he could initially. After about 4 minutes of resistance he realized not only was he feeling lighter but he also was calmer and more expanded in his energy structure. He was surprised he was no longer anxious or worried. This was new to him.

Realizing that he could actually experience another way of being was all Jerry needed to let go of the old and unwanted habits and to step into a new potential. He was, with a little effort at first; Jerry able to remind himself that his HEMF was reacting differently without the old patterns in place. With this new energetic and being held in attunement with me as he gradually shifted into his new state Jerry was a new man.

It is the shift of healing and growth, the movement that makes the old compatible with the new. None of us would not be who we are without it. The fact that we grow and change, that attunement is possible for our species, between mother and child, student and teacher, healer and client suggests that deep within the mysteries of our Human Energy Structure connections to the cosmos may yet wait to be awakened. It seems we are still evolving.

