

## **Unified Star Point Pulse Assessment and Attunement**

This technique will give you information about the health and vitality of the Four Aspects. This is a great way to use your dowsing rod to map and monitor the Four Aspects capacity to work within the HES. Their (the Four Aspects) primary intent is to act in a focused manner to deliver the impetus of the soul's purpose throughout the subtle structure. The soul's purpose is dispersed by the Four Aspects as they direct the life, the anatomical formation, and the reformation of the subtle structure so that the different anatomical parts reflect their constant influence.

You can determine by the width of the swing, the speed of the swing and the 'feel' of the swing of the health and happiness of the Four Aspects. Look for dense areas. Study the information the pulse gives you for now. In Med Bag you are introduced to this assessment technique and you begin to understand some of what the pulse can share with you. Begin with looking for density in the pulse. Note the speed and the width of the swing. Pay attention to any other information you 'feel'. This subjective application of sensing is the start of learning the language of the Four Aspects and the amazing way they communicate.

Sacred Anatomy Energy Medicine Assessment Tool

## Unified Star Point Pulse Assessment and Attunement

- 1. Applying the Edge Practice with permission attune yourself to your client by breathing into their breath for about 2 minutes.
- 2. While breathing, sense the client's HES by placing your light fingers gently on their star point. Be careful to touch the star point at its edge.
- 3. Relax, take a deep breath and find the buzzing pulse of the star point. Watch as the dowsing rod aligns to the pulse and swings from left to right.
- 4. As it swings continue breathing in sync with the client- attune yourself to them.
- 5. Note how wide the wire swings as it traverses the front half of the circle. At your left is the emotional/ center is psychological/ right is spiritual. (See the diagram below.) Look for dense areas.

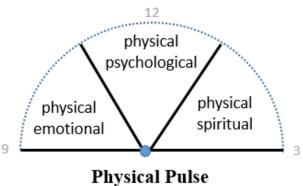
Top down views of dowsing rod swing:

## psychological emotional spiritual

Unified Pulse

Awareness at client's EDGE

Awareness of client's HEMF



Shows influence of other 3 aspects on physical



## The Secrets of the Unified Pulse

In Med Bag here are three basic areas of investigation you use to read and understand the Star Point Pulse. There are procedures and clearings you learn in Med Bag that can treat all of the issues pointed up by Speed, Density and Width.

**Speed:** How quickly or slowly the pulse swings tells you about the movement of the essential Four Aspects message within the HES. How well or how poorly the soul's purpose (their message) is carried by Emotional, Psychological or Spiritual Aspect is indicated by how quickly or slowly the swing moves through each segment of the pulse.

The value of understanding how well the soul's purpose is moving through the structure allows you to assess how effectively the Four Aspects carry the big message into the life. This issue is well treated with Strengthening the Containing Membrane, Soothing the Radiant Points, Basic Clearing of the Layers, Rebuilding the HEMF, Golden Rain and Power Pak as well as Correcting Imbalances with Specific Energies.

**Density:** If the pulse is dense or feels thin and empty this indicates the commitment or engagement of the Aspect into and with the totality of the HES and the actions of this current lifetime. This is about the involvement in the unfolding soul's purpose of each of the Four Aspects. If there is a blockage or difficulty with the Aspect energy moving through the HES it will read as density. If there is a lack of engagement or commitment to the actions of this life as expressed through a particular Aspect there will be a thinness in the pulse or it may even read as empty.

This is important to know because it allows you to understand breakdowns in one of the Four Aspects. This type of breakdown can been addressed with Basic Clearing of the Layers, Severing Entanglements, Emotional Peel, and Rebuilding the HEMF.

**Width:** How wide and freely the pulse swings gives you a sense of how well the HES is holding its boundaries, how well the container of the HES is held and how the Unified Aspects are supporting each other. When the swing goes far into the edges it means there is little containment and a lack of holding. A full swing into the left side shows the Emotional Aspect has a weak boundary, to the right side shows the Spiritual Aspect has a weak boundary. The Psychological Aspect shows a lack with a glissando. This is a slippery sliding through the center like a musical note gliding from one pitch to another.

The value of understanding the edges or the container of the HES is that it reveals issues and problems that are related to the health of the Edge of the HES. It will point out which of the 3 Unified Aspects are weak or conflicted. This issue is addressed with Basic Clearing of the Layers, Severing Entanglements, and Rebuilding the HEMF and using the Golden Rain and Power Pak effectively. Another piece that can help is: Correcting Imbalances.