



Sacred Anatomy Energy Medicine

## Breaking Out of the Cage: The Five Harmonizing Channels Released

### **WHAT?**

To Open the Channels simply bringing in the Harmonizing Blend into the 5 Channels, which are closed circuit systems. But if the Five Harmonizing Channels are locked they will not easily be opened nor will they be easily refreshed. This will make a person feel tired, cranky, exhausted even after rest and impatient. YIKES!

### **WHY?**

The Five Harmonizing Channels use up and deplete the Harmonizing Blend and because it is a closed system, this energy cannot be easily refreshed. It takes consciously opening the passageways of the Five Harmonizing Channels to intentionally replenish the stores. But if the Five Harmonizing Channels are locked up it will be almost impossible to replenish them. Determining this also solves the problem of what to do about it.

The most important thing to be aware of is that the Five Channels are in a state of lock down. They are completely shut off so opening them isn't realistic until the lock is broken open.

### **HOW?**

Bringing in specific energy, Harmonizing Blend to perform the task needed is the best at first but you will also need to add two other energies to calm and soothe the Five Harmonizing Channels so they can let in the replenishment. Once they are calmed and soothed the Harmonizing Blend can do its job and the Five Channels will start to breath



again. But you must also release the cage- so the entire Harmonizing Network can get back to normal!

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1. Using the Edge Practice and permission determine the need for Breaking Out of the Cage.
2. Bring in the energy: *Universal Love and Light* to soothe the Five Harmonizing Channels. Monitor.
3. Bring in: *Clear Channels (clear gold and bright light)* into the structure and direct it into specifically the Five Channels.
4. Monitor.
5. Follow with *Harmonizing Blend*. Monitor.
6. Now you are ready to Break Out of the Cage: Bring in a weave of: *Surrender, the White Light of Purity and Breakthrough (grey and silver) Monitor*
7. Check to be sure the Cage is 100% released.
8. Replenish with *Harmonizing Blend*
9. *Harmonizing the Harmonizing Network*
10. *Integration, Blending, Witnessing, Stabilization, Integration and Blending.*