



The Secret Garden

What?

People have the capacity to build a sanctuary within their own structure in the point of transmutation. They can implant a Garden filled with trees and plants of their “true beliefs and hopes” in the safety of their own Secret Garden they can build a powerful and lasting compensation. If they are a fearful, a weak, or somewhat delicate child who wanted to be invisible or a child who needed to make a world where they would be ok. In very dangerous childhoods or even childhoods that are perceived by the child to be dangerous a shroud-like protective wall becomes essential for survival.

Why?

Shutting the danger out leads to keeping a place for oneself within the point of transformation in the cognitive layer. Protecting themselves may keep them isolated, alone and stop them from developing normal friendships. It is as if the true nature of who and what they are has been coated over by a hard cloak, a cognitive layer informed shroud. This is both good and bad. Because although they are not able to let the sun shine in and reveal the truth of their broader nature, they are safe and secure behind the wall of their own making.

How?

By using the *Balm of Gilead* , other techniques and energies to remove the roots of the covering that has grown over the top of the shroud is revealed. Then the negative influence of the protective shroud can be removed. This releases the client to live an “uncovered” life, awake to the reality their secret no longer has to be hidden from the world.



Sacred Anatomy Energy Medicine

The Secret Garden

1. Apply the Edge, get permission and determine need for the Secret Garden.
2. Explain the notion of a shroud coating the personal Garden of Eden in the Sacred Anatomy, the point of transmutation. It was placed there for personal safety and protection because of a difficult and dangerous childhood.
3. Bring in *ULL* to soothe and repair the exterior of the cognitive layer.
4. Clean out the growth over the hard shell of the shroud by blasting it with *Big Heat* (*hot red and orange*) to clear the debris.
5. Monitor it while it clears
6. Bring in *Surrender* to repair and release the point of transmutation where the debris was covering over the shroud.
7. To crack open and disintegrate the shroud, amp up the *Surrender* when the awareness reaches 100% weave it in with *Big Heat* and the *White Light of Purity*.
8. Monitor the release of the shroud
9. As the shroud releases correct Imbalance by bringing in: *Complete Release, Rejuvenation, Restoration of Hope* weave
10. Invite the Spirit Gardeners who help keep the Secret Garden healthy and beautiful. Bring them out of the shadows into the light of this release. Let them step into the sunlight of this healing and ask them to help create continued safety and well-being for the client.



11. Encourage the realization that continuing to hide is a cynical approach to living. As the client to take a deep breath and allow just the possibility that they no longer need the shroud. But that they are ready and capable to experience the beautiful purity of their own hopes and dreams as they come present in their life.

12. Harmonizing the Layers

13. IBWSIB

14. Repeat IBWSIB if needed