



Sacred Anatomy Energy Medicine Procedure

Mending a Broken Heart

What?

A Broken Heart is a response to a severe imbalance. When a heart breaks from sadness and hurt, wounding or betrayal there is a real feeling of separating and pulling apart in the heart itself that is felt deeply as held damage. There is a sense it will never heal and that the heart is broken forever. To Mend a Broken Heart moving into the possible is critical. Overcoming a negative spiral, even one that has been forgotten or lost in the past must move to possibility and hope.

Why?

It is caused by all the obvious circumstantial, emotional, and psychological reasons. Energetically a Broken Heart is a disconnection within the heart and a difficulty with binding wounded parts back together.

How?

Imbalance is resolved with specific energies and the heart can be pulled back together and sealed with renewing energies. This will not end the experience of the break but it can be renewed, restored and recovered. The heart can break and mend on its own but the feeling of a Broken Heart from circumstances beyond your control or from doing something that causes your world to implode stays with you even as the memories of heartbreak recede into the distance. Forgetting or letting go is not the same as mending.



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Layers, HEMF, Template Systems

1. Using the Edge and with permission determine the need for the procedure.
2. Ask the client to state why their heart is broken and when it happened.
 - a. You can dowse to help them remember when this happened.
 - b. Encourage them to speak the emotions and say the most important parts of their heartbreak.
 - c. Make sure they have an opportunity to share something of their Broken Heart.
 - d. Just check to see if they are at 100% understanding of their Broken Heart.
3. Energetically the heart breaks down the middle vertically so you need to pull the two sides back together with *ULL*. At the same time, surround the heart chakra with *ULL* and bring in the *Rose Red Light of Love* to fortify both of them.
4. Surround the heart with the *Golden Light of Wisdom and Truth*.
5. Vent the heart into the universal. This is to release stored trauma from the heart and to make space for reclaiming the beauty and innocence of love.
6. When it is 100% released fill the heart with the potential of all of the love the heart can hold. From above bring in *Eternal Love (red and pink)* down the vent.
7. Close the vent
8. Balance the HEMF bringing in the *Human Electromagnetic Field Radiance*.
9. Balance the Template bringing in the *Human Electromagnetic Biome Field Radiance*.
10. *Harmonizing the Layers, Harmonizing the Template and Harmonizing the HEMF*.
11. *IBWSIB*