



Sacred Anatomy Energy Medicine Assessment Tool

Unified Star Point Pulse Assessment and Attunement

1. Applying the Edge Practice with permission attune yourself to your client by breathing into their breath for about 2 minutes.
2. While breathing, sense the client's HES by placing your light fingers gently on their star point. Be careful to touch the star point at its edge.
3. Relax, take a deep breath and find the buzzing pulse of the star point. Watch as the dowsing rod aligns to the pulse and swings from left to right.
4. As it swings continue breathing in sync with the client- attune yourself to them.
5. Note how wide the wire swings as it traverses the front half of the circle. At your left is the emotional/ center is psychological/ right is spiritual. (See the diagram below.) Look for dense areas.

Top down views of dowsing rod swing:

Awareness at client's EDGE

Awareness of client's HEMF

