

Types of Energies

The student of Sacred Anatomy Energy Medicine uses a virtually unlimited and ever growing list of Source Energies as tools, helpers, cleaning agents and replenishers. We begin in the earliest classes learning to "make friends with the energies" for benefit and healing and keep adding more to the list over time until finally, in advanced classes, there is a good number of energies all Practitioners have access to... and it keeps on growing all the time.

Dividing them into different categories gives us more clarity about how to use these energy working "power tools" and when they will be most or least effective. Examples of these different types are listed (this is not a complete listing of all energies- just 7 or each as examples).

Multipurpose- can be used in several or in all areas and perform multiple functions at once

- Universal Love and Light- (white, golden w/ silver flecks)
- Ancestors who Love You-(depends on the ancestor)
- Devas (depends on the Deva Mother who comes)
- Sacred Anatomy Angels
- The Archangels (individually)
- *The Rainbow Lights (individually)*
- Father's Approval (deep navy blue)

Workers- accomplish a specific task- or support a specific action

- Blending- (blue & silver)
- Integration- (silver, gold & white)
- Witnessing (golden-clear)
- Stabilization (verdant green)
- Power Animals- (depends on the animal)
- Attitude of the Strength of Archangel Michael (gold & silver w/red)
- Surrender (Chinese red)

Replenishers- renew, restore, soothe, and refresh the HES generally but can be directed to specific use

• Sanctuary (lavender)



- *Manna* (soft gold)
- Clarity (blue & yellow stripped)
- Restoration of Hope- (cerulean blue)
- Rejuvenation- (rose pink, peachy, golden)
- Vim & Vigor- (silver and sparkling- faerie laughter)
- Faerie Faith-(rainbow sprinkles with moss green)

Cleaners- clear out and cleanse the HES or portions of the HES

- White Light of Cleansing
- Complete Elimination (rose/purple)
- Complete Release (color of "voiding pee")
- Divine HEMF Cleansing Light (shimmering white, then turns ice blue)
- White Light of Purity (brilliant white and strong)
- Clear Channels (clear)
- Karmic Scrub (bright green with yellow and blue spots)

Builders- make, recover or rebuild a part of the anatomy that would not function without the Builder energy

- E-Stomach Repair (tri-colored currents swirling together)
- Fascial Freedom (white with lavender splashes)
- Glandular Vitality (pinkish tan)
- Harmonizing the HEMF (rainbow sparkles)
- Harmonizing Blend (rainbow sparkles mostly gold)
- *Intestinal Fortitude* (*silver*)
- HEMF Radiance (rainbow sparkling)

Transformers- change, remake or shift an attitude, belief or orientation- Transformers act as teachers or can become informers of primordial impetus and release in a specific area of the HES

- Abundance (maroon with silver shot thru)
- Descent of Spirit (golden, lavender and magenta splashes)
- Independence (bright white with green sparkles)
- Karmic Balance (segmented black, gray and white light)
- Release Pandemic Fatigue (golden, silver, clear crystals)
- Subtle Light Matrix (clear)
- Quantum Resonance (clear with golden tinge)

Environmental- affects and serves manmade and natural surroundings in service of universal harmony and order- can inspire and awaken the structure



- Calm Governmental Chaos (pale blue- with lavender)
- Sacred Sites(depends on the specific site)
- Balm of Gilead (various shades of green)
- Home and Hearth (cocker spaniel and a fire place)
- Checks and Balances (yellow with tan splashes)
- Balanced Bagua (black, white, grey, blue and red)
- Harmonized Feng Shui (gold with red)