



Clearing the Light Body

What?

The Light Body is primarily a reactive HEMF presentation of the light created by the bio photons within the cells of the physical body. This light is formed into what looks like a paper doll cut out just inside of the skin of the bio layer. It mimics but does not identically mirror the shape, size and energy of the physical body. It has its own role and value within the whole one body and it is critically important to the health of the HEMF which does not contain the light generated within the body but that does reflect its brilliance.

Why?

The Light Body holds the actual frequency of human light and can pull away from the larger structure to “travel” outside of the material body. This is called astral projection or astral travel and can be very taxing on the Light Body and the physical body both. The Light Body collects debris and especially is reactive to electrical disturbances within the physical body. It needs clearing regularly.

How?

The HEMF sloughs waste and debris regularly and so too does the Light Body within the confines of the material body. This is one of the major reasons to clear the Light Body. It boost the stamina of the physical body and strengthens the frequencies contained within the Light Body. It only stands to reason that when they are clear, they shine more brightly. We do this by rinsing the Light Body and balancing it.



Sacred Anatomy Energy Medicine:

Clearing and Balancing the Light Body

Do this after Restoring the Light Body for the best result. The Light Body will normally be lightweight and unnoticeable. After Restoring the Light Body is will still need Clearing and Balancing to return to optimum health. When Clearing and Balancing is needed the Light Body will feel much heavier and the client will be more aware of the presence of a dense or weighted physical energy. It must be at 100% to Clear and Balance

1. Applying the Edge Practice, with permission determine need by dowsing yes or no.
2. Check to be certain the Light Body reads at 100%. If not, do Restoring the Light Body to bring it to 100%.
3. Place a vent into the Light Body shoulder and vent anything that is not light. Monitor.
4. Seal the vent with *ULL* to complete Clearing.
5. Bring it the *Green Light of Stabilization* (yes this is out of order) make at least 2 passes front back- left right.
6. Determine how many elements are needed and bring in: *Elements: fire, water, earth, air, metal, wood, space.*
7. Follow with *ULL* and pack it into the Light Body to complete Balancing.
8. Bring in: *Harmonizing the HEMF and Harmonizing the Layers*
9. *IBWSIB*

