



Language and the Integrity of the Work

How to speak about Sacred Anatomy

People who are faced with the daunting task of explaining or speaking about the subtle, the Sacred Anatomy or even the work that makes up the world of the energy healer, are often discouraged before they even begin. The unseen seems too impossible to describe; the subjective nature of this stuff just too personal for words.

Sometimes the speaker is tempted to place the blame on the English language but that is not it really. It is true Sanskrit, ancient and even romance languages have more words for love, for states of being, for realized consciousness and so on... but I have come to the conclusion that it is not the language or lack of it that is the problem. The difficulty is that the wild and free territory of the spirit, of the subtle, is unfamiliar to the western mind. We are used to the order of religion. The dogma of great minds from earlier centuries understanding how things work and creating the interpretations of sacred acts, beings and behaviors to make them simple enough for the uninitiated to grasp. The job of the intelligent supplicant was then to surrender, to give in to the religion. That day is long past. Today's quest is for ownership and self- awareness. There are growing pains.

Speaking or writing about subtle and sacred, while an ancient calling dating to our most primordial texts like the Vedas and Egyptian hieroglyphics is still a new landscape for the common person. The gossamer nature of the delicate realms we explore is fluid and airy; invisible and yet tangible to the sensitive soul. Butterfly wings and puppy bellies are soft and vulnerable- they are comprehensible and we can feel them so there is no argument, no discussion- the heart opens and sees the defenseless quality with tenderness. The subtle anatomy that is strong as steel and flexible as Gumby doesn't have that vulnerable helplessness. It is self- reliant, unrelentingly independent, and not interested in the conquest of the human egoic expression. It is happy to wait to be invited. Happy to serve. Your Sacred Anatomy is not limited by self-interest. It exists as the gateway to universal consciousness and is unhampered by time, commitment or decomposition.



What we face as pioneers is to keep on keeping on... becoming more comfortable with using a wider and more colorful vocabulary. Becoming familiar with the world of Sacred Anatomy using it every day in our lives; incorporating it into the practices that keep us balanced and healthy. Thoughtful about the experience of living and dying I have continued to develop new language and to redefine old words to give us a way to construct meaning for ourselves out of the ruins of the decadent sociopathic confines of belief and creeds of our forefathers.

Consistency

As representatives of the Sacred Anatomy and Sacred Anatomy Energy Medicine it is important that we all use the same language to speak about the parts of the anatomy and the work we do with it. People are sometimes activated about certain word such as: soul and spirit. Using them can push some people into resistance. I have found that this is not important. If people are up against their stuff it's OK. There is a point of tension for everyone as they are introduced to the energy of the awakening structure. It can be surprising when you have a hard time as you might have thought you would be top of the class.

Take a deep breath- Be compassionate and considerate with yourself, understand this is just your struggle but do not make what is happening in the class about that- it is something that you are passing through like weather. Sometimes just saying: " I'm in my own process" can help you to break through whatever is keeping you from full participation in the training or in your life. Relaxing and having fun is always the best option.

There are a million ways to talk about this wonderful work we do. Here are just a few:

What it Is:

1. Subtle Healing Modality
2. Transformational work for the subtle body
3. Achieving balance between spiritual, emotional, mental and physical self
4. Holistic approach to healing body, heart, mind and spirit-
5. Unique approach to the individual as a whole being
6. Clearing away the obstacles to a life of great authenticity



7. A set of procedures, anatomical alignments and clearings or cleansings that balance the subtle and material experience of life
8. Genuine well-being achieved peeling the onion layers of toxic debris and damage done by life
9. Separates you from your old and tired story in a way that allows for deep transformational healing
10. Gives and supports an expanded understanding of your true capacity
11. A way to heal karma and past life residue
12. A complete system for all parts of the human spirit
13. A great way to support people through physical difficulties, surgical events and trauma
14. Happy and good invention with difficulty- a way to reboot the structure of the body both subtle and material
15. A way to establish and sustain good energetic hygiene
16. Boundaries that are obvious and defined not spacey and incoherent
17. Self-care for the subtle that can have a profound effect on the physical body
18. Establish and re-establish your connection to Source
19. Integrity and ethics that are based in solid Operating Principles
20. A new operating paradigm to and for an expanded life
21. Saying yes to an increased happiness and a joyous relationship with your inner self, your future your past and your awakened life.
22. Complete healing approach that can and will shift a being from point A - point B in their growth
23. A new way to heal the whole self.
24. Intentional healing modality using interactive light.
25. A miracle of modern spirituality.
26. The medicine of the spirit and soul.
27. Contemporary shamanic interactive healing-
28. It is Not a religion.
29. It is Not a dogma.
30. Becoming aware of your sacred anatomy will evoke the desire to practice a conscious relationship with the inner.
31. A complete human expression
32. One Body expanding outward in all directions including biologic and energetic layers
33. A whole structure – one integrated and elegant construction
34. The Human Energy Structure responds to laws and quantum principles



35. A deep understanding of human consciousness made real in light body form.
36. A world of glorious energies, color, beauty and possibility
37. Life-changing information/ new paradigm
38. A unique approach to the harmony of all of creation
39. An experience of the core self expanded.
40. Everyone has a unique subtle anatomy that holds their history and potential
41. The sum total of the human experience and the essential nature of what our species is and can be all at once.
42. An expanded understanding of who and what we are in a context of a philosophy of wholeness that fully accepts the spark of life as sacred and the spirit as directive.
43. Our dynamic and inclusive body is made up of everything that makes us human; from nose to toes, muscle to soul, all the way from the mystery to the mundane.
44. The anatomical location of individuation.
45. Your higher self, made manifest in a container of light and sound.
46. Seven anatomical systems that work collaboratively with each other.
47. The sacred anatomy is the location and the way to expand into your own potential; to fulfill your heart's desire.
48. A way to really understand the power and the use of ener-chi.
49. Sacred anatomy is manifest cosmic consciousness. Your Sacred Anatomy is the site of the primary human soul self.
50. It is material and subtle realities brought together as the HES.
51. An always revitalizing harmonious blend of frequencies and light mixed together with cosmic consciousness inspired by the driving imperative of the universe: to create. We are because we must be.
52. Every single system of the HES is unified in its focus as an expression of unique individuation.
53. The Human Energy Structure is the servant of the 4 Aspects of the Authentic Self: bringing soul's purpose to life.
54. Sacred Anatomy demonstrates constantly unfolding expressions of a sophisticated and unique soul self.
55. Your energy structure is both the conduit through which you come into being and your beingness itself.

Remember Your Sacred Anatomy: An Owner's Guide to the Human Energy Structure is your best friend. It is an entire book devoted to the deep understanding of the subject, the philosophy and the exciting experience of feeling it as a part of yourself.



An Initiation

You are becoming an emissary of powerful sacred teachings. It is an incredible responsibility and if approached with the correct spiritual attitude you will be successful on every level. For those you connect with, you are the face of powerful knowledge that has the capacity to shift our species to the next rung on the evolutionary ladder.

Although this work cannot be about you, its vibration or beingness must be transmitted from the depths of your own being and identity, from the place of your own evolutionary truth- with profound love for the seeker, the student and the healing client.

Becoming a SAEM Bag Carrier is a moment of initiation. You have the opportunity, in a way that you never have before, to let go of your personality's need to be right, special, powerful and important. You are stepping into being in service of a greater larger work in a conscious way. Your conscious awakened awareness will hold the space for you to grow as a practitioner of this work and it will hold the session for your client. Keep up your personal spiritual practices and keep doing sessions!