

Sacred Anatomy Energy Medicine Procedure

Obscurations

What?

An Obscuration looks like old dried beach tar stuck to the edge of the HES. It is usually black, brown, grey or a dark dirty blue in color. There are two types of Obscurations: Template and BOL but both types are removed in the same way. The difference between them has to do with where the Obscuration is seated and how it affects the structure.

When the Template villi antennas are affected there is a withering of the actual antenna and an almost immediate cessation of function. But when the receptor sites of the BOL are impacted it is a more gradual and insidious stealing of the ability of the receptor site to name and distinguish which energy the villi should attract. So the affect is more gradual and makes the receptors foggy which in turn makes the collection of energies foggy and then ultimately the soul layer if the Obscuration is big enough. The receptor sites eventually become completely clogged by Obscuration but the process is a slow one and they continue to function even as the obscuration continues to grow.

Why?

Obscurations occur to hide the truth, the light and the authentic self. It stems from a fear of being revealed. Obscurations are usually based in a fear of not being good enough and can color a large portion of the edge with their thick coating. They are made of unreleased debris that is connected to profound emotional density and found clinging to the edge in clumps that pull together to make a full on Obscuration of either the villi or the receptors.

How?

This inability to “let go”, to feel freely connected to purposeful action and behavior is caused by the fear of release and trauma associated with abandonment and betrayal. What will happen if I stop being this way? If I really let go and just allow for the possibility of fear, abandonment or betrayal in my life? What will happen if I just stop hiding? Will I disappear, die or become utterly ineffective if people see who I really am?

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Look for a dense pulse, especially in the psychological and emotional. You can feel Obscurations arising over the course of several sessions as Life Patterns and Karmic Wounds, Loaded Karmic Signatures and Soul Path Congestions peel away the layers of holding and distress.

1. With permission at the edge, determine need by dowsing.
2. Determine which type of Obscuration is being experienced.
Template will have clogged the Temple villi antenna and caused them to become brittle and even snap off at the receptor site. It only takes a very small amount of debris to start forming a Template Obscuration whereas a Bones of Light Obscuration will take a lot longer to form and impact the effectiveness of the system. The BOL Obscuration is however much more difficult to remove. We use the same thing to do both of them, but it takes a lot more to do the BOL than the Template, which will lift off more easily.
3. If you or the client do not “know” where the Obscuration is located put your hand into the structure and instruct it to “go to the location of the Obscuration.” Telegraphing toward it starts to activate the



Obscuration and makes it start to quiver like Jell-O. Obviously if you know where it is you can simply verify your intuition by dowsing.

Many clients will “feel” the Obscuration at the edge.

4. Determine by dowsing what percentage of the edge is covered with this Obscuration. Think reasonably. 80% is ridiculous. You at the most will have one that is coating 40% of the edge. This would be SEVERE. So mostly you will see- 1% to 15% of the edge in sessions you are doing. But don't let the percentage overwhelm you or the client because as usual size is less important than the emotional content. You mostly need the size to know if you are making progress when removing it.
5. Determine what emotions are contained in the Obscuration by dowsing first: How many are there? Then, dowse your Word List to determine: What they are.
6. Discuss with the client when they first begin to “hide out”. Think about what happened and what impact the traumatic event that pushed them into hiding represented in their life. Flesh out the story with the emotions you have dowsed and add to them with information from the conversation with the client.
7. Check frequently to see if the client has 100% understanding of the cause of the Obscuration. No cost and benefit is needed to let go of an Obscuration. But talking about the ways they have ‘hidden’ is critical.
8. When you reach 100% break up the Obscuration with *Surrender* directed at it. This can take awhile. But be patient because when it

finally lets go it is cool to watch the chunks fly off into the universal. Because it is constructed out of debris that is already released and essentially unattached it is the action of the structure as it is attempting to hide that is the real issue. The client needs to consciously and somewhat aggressively **let go** of the Obscuration by saying out loud several times while you are bringing in the energy: *I release and let go of this Obscuration -- right now!* Repeat this until the Obscuration is gone.

9. When it is 100% clear, bring in *ULL* at their edge to Strengthen the Integrity of the Soul Layer. Slather a thick layer of *ULL* at the edge. This will act to heal both receptor sites and villi after their ordeal.
10. If dealing with a Template Obscuration you may need to bring in some specific energy to replenish what has been missing. Dowse to see if there are any energies needed. If experiencing the BOL Obscuration you will not need to do this.
11. Bring in either *Harmonizing the Template* or *the BOL* depending which kind of Obscuration you were dealing with. It is not helpful to bring in both in a preventative fashion, so determine which it is.
12. *IBWSIB*