

Sacred Anatomy Energy Medicine Alignment

Release of Chakra Plaque

What?

Chakra Plaque is the debris that results from the constant use of the chakras as a passageway. The function, purpose, and wisdom currents spin in the soul layer releasing information and unloading the knowledge picked up from other places. Over time almost all the individuated energies take a turn as a part of chakra soul pathways and streams. When these currents enter the valves for a particular chakra they may still be carrying debris and content from the earlier assignment.

Why?

Each of the distinct jobs of the thirteen chakras is set in the discrete intentionality chambers. The energies are then informed at the core, cooled and blended by the pure wisdom and function currents that are funneled around the core through the corridors and finally the merging union of energies in the receptivity chamber prepares the identified chakra information to be sent to the soul layer. The final release into chakra streams ultimately results in the Blended Energies contribution: the fuel of the soul layer.

If excess and left over debris is not stripped out of the incoming currents the BES System does not burn clean. Plaque is resilient emotional debris and toxicity. It is a remnant and proof of personal attachment to an issue or experience charged with emotion. This energy has traveled down the soul pathway and into the function, purpose and wisdom notes of intentionality or receptivity. Fortunately, once there it has been stopped before entering the core itself or going any further down into the corridors.

Anatomically, intentionality is where the swirling energies of the core sheath that have entered the soul pathways speed up to transit across the core. Debris is spun out of the current, gets caught in front of the entrance to the core, and overlays earlier deposits. This hardens into a residual compacted crust which overtime can cause issues because access to the core becomes compromised.

Chakra plaque only collects around the core. This seems to be because the current sweeps up the debris into this one location in the posterior of the intentionality

by the anterior greater gate as there is too much force generated at the anterior lesser gate for Plaque to accumulate. This is also happening in receptivity, because some debris always slips through the corridors and will collect at the posterior greater gate.

The action of the chakra demands that the uninformed energies, those that haven't yet gone through the core, be stripped of all previous information as they travel through the system. A lot of debris will attach to the soul path congestions in the incoming soul pathways, and chakra cysts in the corridors and outgoing chakra streams. Different types of debris will gather up in front of the anterior lesser gates. All of these catch points can release into the currents and eventually become Chakra Plaque.

The currents also self cleanse. They pull out trauma originating in a chakra, pathway, alignment valve or stream and deposit it along the sides of the currents, too. This debris can move into intentionality and then collect at the greater gate* right before the core and adding to the Plaque. The Plaque will cause incoming generic energies to pool and eddy before moving through the core and may even slow their flow depending on how thick the Plaque has become.

Over time if the Plaque remains in place it will build up a hard and coarse internal blockage like silt in a creek bed. This can cause the affected current to move more slowly and the chakra to be less effective, primarily disturbing the action of the intentionality chamber. But it is not restricted to just this chamber. The receptivity chamber can also collect Chakra Plaque that manages to flow through the corridors and be swept into the churning spin of the nodes. When it does, this debris also collects in front of the greater gate and while it will eventually be released, its presence will cause issues.

How?

These soiled energies create a kind of sticky hard Chakra Plaque that can be removed. Pinpointing the location, understanding the affect Plaque has had, and what it is doing to the life will ultimately lead to release. When it does, the chakra and the BES function better. Naturally, this leads to a higher function of the entire HES and a rapid shift. The life will be more difficult and progress will be halting, slow and stress producing. Once removed things will ease up.

*Thank you to Glenn Hartelius for the names: greater and lesser gate

Sacred Anatomy Energy Medicine Alignment

Release of Chakra Plaque

This is a companion piece. Make sure to check other chakra issues to see if there are any other related BES pieces. Chakra Plaque may follow a Simple Soul Path Congestion or even a Basic clearing of the BES.

1. At the edge and with permission determine the presence of Chakra Plaque by dowsing.
2. Dowse how many chakras are experiencing Plaque that is ready for release.
3. Dowse which ones are experiencing Plaque ready for release. It is not necessary to get the exact location of the Plaque. Knowing which chakras are experiencing it is enough.
4. Emotional and psychological issues release within a chakra and produce as a by-product of use debris called Plaque. Incoming soul pathway energies moving through the chakra also produce Plaque. Discuss the ways the Plaque slows the currents down and hampers flow in the chakra. This will definitely have affected the life. Check to see if the client is at 100% awareness of Chakra Plaque. This will allow you to move to release. If not at 100%- continue the conversation until this percentage is reached.
5. At 100% awareness, of what the Plaque is doing, explain that it is now ready to release. This evocative release represents a clearing up and stepping up to a more effective BES. Ask them if they are ready to experience this shift. If so, move to release Plaque.
6. Insert Light Fingers directly into the corridors of the affected chakra. Plaque will not be in the corridors, but located around the sides of the chambers of intentionality and receptivity. It feels lumpy, damp and ranges from the texture of hard coal to a gelatinous feeling mass. The stimulation of Light Fingers is the first step to release.
7. Bring in *Surrender* directing it at the Plaque on all sides of the chakra. Bring it in until the Plaque begins to break away from the walls. This will feel differently to everyone, but the sensation may be quite palpable to the client. It will move into the chakra stream and be absorbed easily. Do not be



concerned about the dispersal valve becoming clogged. This will not happen unless you forget to bring in *Surrender*.

8. Bring in *ULL* following the *Surrender* to soothe the chakra and move it to recovery.
9. Proceed to next chakra if there is more than one needing this release.
10. *Harmonizing the BES*
- 11 *I,B,W,S,I, B*