

Sacred Anatomy Energy Medicine Procedure

## **Cleaning the Filters**

### **What?**

The eight filters of the Blended Energies System on either side of the core sheath and at the upper most entrance and exit of the core in the two chakras located in the soul layer, the divine gate and chi pool sometimes need to be cleaned. They get clogged with debris and may even need minor repair. Usually the problem is in the filters located at the left and right of the core sheath but the method for cleaning all of them is exactly the same.

### **Why?**

People needing this procedure may have difficulty with accessing their own energy; tiredness, fatigue, unspecified exhaustion and depression all could be helped with this simple action. Some allergies and wasting diseases can be improved by cleaning the filters.

### **How?**

The procedure consists of lifting one filter at a time out of its slot and briefly holding it in the core. This is the only part of the anatomy that should be cleaned this way as no other can be removed without injury and no other can sustain the intentional movement of the core without changing. All repairs are done the same way: by interacting with the existing filter with focused intention to refresh the condition. Conditions that might indicate need for repair are:

- Bent
- Folded
- Torn
- Diffused
- Shredded

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This Technique can be used on anyone at any point in a healing journey even with beginning clients. **Do not** combine with other procedures. If you find all 4 filters in one chakra need to be done- Clean the filters in pairs—left-right/ above- below.

- 1) With permission and at the edge determine the need for Cleaning the Filters, which chakra: divine gate or chi pool and which filters are in need? [Remember they are above and below the chakra and to the left and right.] Also determine if a filter is in need of repair.
- 2) Determine the condition of the 8 filters. There may be several. Is it:
  - Bent
  - Folded
  - Torn
  - Diffused
  - Shredded
  - Clogged
  - Slightly dirty
- 3) Extend light fingers and lift the filter out by first stroking the rim of the filter with *ULL*. This relaxes the connections at the rim that hold it in place and the direction rubbed is not important.
- 4) Holding the filter in whatever condition it is in, lift it into the center of the core at the point where it exits or enters the structure. Hold the intention that the filter will be repaired in whatever way you have determined it needs.
- 5) Hold it in the core for 10-15 seconds and remove it. It will be cleaned and repaired. It may make the client feel slightly spacey or tired while this is happening.
- 6) Return to its slot and set the rim with *ULL*. This enables all the connectors to relax and become secure.
- 7) Surround core sheath and filters with *ULL*.
- 8) Bring in *Harmonizing the Blended Energies System*.
- 9) *Integrate, Blend, Witness, Stabilize, Integrate and Blend*.