

Sacred Anatomy Energy Medicine Procedure

## **Stimulate the Chakra Pump**

### **What?**

The three lesser gates at the very edge of a major chakra have a number of different purposes. They guard the entrance to and exit of the intentionality chamber of the chakra, they reject any energies that might be unhealthy and they pump the incoming soul pathway up to get it moving faster as it enters and exits the nodes of the intentionality chamber and the receptivity chamber.

### **Why?**

When we need this done here are a couple of things that may have happened:

- 1) A lot of debris may have clogged or slowed the pumping action of one or more lesser gateways either at front or back or both.
- 2) A shock or injury may have affected the action.
- 3) Pathology in the incoming soul pathway or the out going chakra stream may have slowed the pumping action. In this case it is fine to do this procedure even if the pathology has not been cleared.

### **How?**

The reason to do this is to stimulate the pump that might move other issues lodged in the chakra or in the BES along more easily. This is done by physical manipulation.

### **Notes:**



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## **Stimulate the Chakra Pump**

1. With permission at the edge, determine the need to stimulate the pumping action of a specific chakra/s.
2. Dowse which chakra/s is/are affected and which incoming pathway or outgoing stream may need stimulation?
3. Beginning with the lowest chakra affected, place the Light Fingers of one hand at the side of the affected lesser gate. Your hand should be partly open with fingers straight to form a V shaped basket as you insert your Light Fingers into the lesser gate.
4. Pulling your fingers together move in and out “pumping” the gateway. Bring your fingers together in a group and then reverse the action going all the way back to the more open hand. Opening and closing your fingers to “pump” the Chakra and stimulate it to begin releasing. Dowse to see if you have finished or if you need to keep on pumping.
5. Do the next one and the next. (there may be several)
6. Bring *ULL* around every lesser gate you have worked with.
7. *Harmonizing the BES*
8. *IBWSIB*