

Sacred Anatomy Energy Medicine Tool

The Astral Shield

The *Astral Shield* is necessary when there have been repeated (multiple) *Astral Possessions*. The Shield is made from pure light from the mind and the heart of the Divine Source. It is not to be used for any other purpose and has only the empowered effect of protecting against *Astral* incursion. It will stand up to even the most aggressive *Astral*. It should be applied only and immediately after clearing of an *Astral* by a certified Sacred Anatomy Energy Medicine Practitioner. Deviation not advised.

To apply:

1. The *Astral Shield* consists of 3 Layers of light: blue/ gold/ blue.
2. Visualize blue light from the mind and the heart of the Divine Source surrounding the structure out at least five feet to give it room to expand and contract naturally. Applying too tightly will be constricting and cause discomfort.
3. Visualize a golden light from the mind and heart of the Divine Source completely covering the blue light. Remember to place is about five feet off the edge for expansion room.
4. Next visualize another layer of blue light from the mind and heart of the Divine Source layers over the gold. Now you will have a 3-layered thick Shield all around your structure.
5. Make sure the Shield is continuous around the entire structure with no holes or breaks in the fabric of the light.
6. It must be cleansed daily as the *Astral Energies* will stick to the outside of it and remain there until properly cleansed.



To clean:

1. Enclose the entire 3-layered Shield and the structure in a large golden box that has a sticky substance on the inside. This is the **Removal Box**.
2. Place another golden sticky box around this first sticky box for safety sake and good protection while working. This is called the **Rebuild Box**
3. Instruct the inside **Removal Box** to engulf the *Astral Shield* like shrink wrap. You might notice *Astral* debris at the outer most part of the Shield. Don't let this slow you down.
4. Call upon Archangel Michael.
5. Collapse or condense the box. Lift the **Removal Box** with the dirty *Astral Shield* in it outside the outside box in a small package.
6. Hand it to Archangel Michael. Wait until he takes the debris and thank him.
7. Inside the **Rebuild Box** now build a new Shield by bringing in the layers of blue and gold and blue lights from the mind and the heart of the Divine Source again.
8. When the Shield is complete and established collapse the Rebuild box by pulling it away from the Shield. Give it to Archangel Michael.
9. Wear it in good health- but REMEMBER to clear daily!