



Sacred Anatomy Energy Medicine Procedure

Chinese Finger Puzzle Syndrome: Chakra Stent, Contracted Soul Pathway or Chakra Stream

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What?

Finger Puzzles are creative adaptations of the Blended Energy system to trauma that eventually cause dysfunction in the affected chakra(s). **Chinese Finger Puzzle Syndrome** is a constriction of the soul path (the tubes leading to a major chakra from the soul layer) or the chakra stream (The tubes flowing back into the soul layer from a major chakra), or both. It shares some similar characteristics to Soul Path Congestion in that it can limit the flow of energy through a “Soul Path” stream. However, the similarity ends there.

Soul pathway and chakra stream constrictions are made of a spiral mesh (much like the finger puzzles!) that wrap around the outside of a chakra stream or soul path and restrict its flow by tightening when a person struggles with the chakra-specific issue that is distressing them. Soul Path Congestions are a congestion and inflammation of the Soul Pathway.

Another difference is that the client puts the “constriction” in place sometime during this lifetime as an adaptation to stress and trauma, not before. We have not seen a karmic component or a life lesson aspect (put in place before incarnating) so far.

Why?

Chakra contractions can wrap around the all three (function, purpose and wisdom) limiting the entire expression of the affected chakra or just one of them, they can however, be limited to one or two of the pathways or streams. They can be affecting only the soul pathway limiting only the intention of the chakra, or sometimes found in the chakra stream limiting only the clients’ experience of a



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chakras' impact on their lives. When found in the entire stream, the contraction is more global in nature affecting everything about the functioning of the chakra.

If it encompasses all three streams it can limit the expression of the entire chakra, by wrapping around the chakra itself (the intentionality chamber where the stream meets the core and the receptivity chamber where the stream exits the core) and narrowing the flow in both function and wisdom corridors.

Chakra contractions are most often protective in nature. Often, people are inspired to set up the constriction because it was unsafe to express their full nature through the chakra. For example: A naturally boisterous client shuts down their throat chakra because they learn it is not safe to speak their mind in their home. Then later in life they are frustrated because they can never speak up when they really need to. They may even manifest sore throats, laryngitis and throat constrictions that prevent them from risking true expression. They end up being unable to speak or take action on their own behalf. This is an example of the constricting nature of this adaptation, the more you struggle with it, the tighter and more intractable it feels.

How?

Like all procedures to release anatomy adaptations that have become pathogenic, it is necessary to achieve 100% understanding of the costs and benefits. This would include the origin of the constriction and the emotional content that lead to and was amplified by it. Understanding the costs and benefits will help the client remove the Chinese Finger Puzzle Syndrome.



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Chinese Finger Puzzle: Contracted Soul Pathway or Chakra Stream

AKA Finger Puzzles

1. At the edge, determine by dowsing that the client has a Chakra Constriction.
Determine which chakra is affected.
2. Put on HazMat and put the client in a sticky box for safety.
3. Determine which currents are affected.
3. Time travel to the moment in this life when the Constriction began.
4. Discuss with the client what the purpose and effect of the constriction has been. This will be related to the function, purpose and wisdom of the affected chakra.
5. Help the client achieve 100% understanding of the cost and the benefit of their Constriction in present time. Be sure to evoke any emotions associated with the condition and have the client experience them fully.
6. Help the client release the constriction by pushing in on the Constriction from both ends (alignment & dispersal valves), just as you would free your finger from the Chinese finger puzzle. Pushing in with a little twist in opposite directions, one way or the other, can help due to the spiral-mesh nature of the constriction of the membrane. This creates the space to slide the constriction off. Ask the client to breathe and as you feel it loosen its grip on the chakra stream, slide it off. Follow the way their structure wants to move the Constriction either forward, away from the front of their body, or backward, away from the back of their body.
7. Coat the entire stream in *ULL* to soothe the outside of the stream tube, then bring the appropriate energy or combination of energies: Sense of Function, Sense of Purpose, or Sense of Wisdom for each affected tube. Direct it through the chakra to help it adjust to the correct flow.
- 8 . Observe until they are complete (dowsing rod will stop spinning).



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9. Before you complete check to see if any entities or astrals need to be removed or released. Sometimes they release from deep holding within the structure during this procedure.
10. Check for imbalances to reach 100%
11. Remove HazMat and sticky box.
12. *IBWSIB*

Notes: