

Sacred Anatomy Energy Medicine Alignment

Refreshing the Resonating Chambers

The eight resonating chambers are the locations in the structure where eight of the nine major frequencies are generated. These are the energies called *Harmonizing the Layers*, *Harmonizing the Template*, *Harmonizing the BES*, *Harmonizing the BOL*, *Harmonizing the Elimination System*, *Harmonizing the HEMF*, *Harmonizing the Harmonizing Network* and *Harmonizing the Harmonizing Blend*.

The ninth Chamber is located below the Axis Chakra and is the doorway into the Human Universal Resonating Chamber where the *Harmonizing Energy*, *Harmonizing the Surrounding Universal* emerges. It is worked with differently than the other eight.

Each of the eight *Harmonizing Energies* spin out from a dedicated location stimulating any part of the system they are related to and empowering the whole Human Energy Structure as they pass through each part of the anatomy. Their function is very unique because they actually leave the confines of the HES and enter the universal contributing the message of the four aspects to the whole of creation as they do so. We impact the universe with our most deeply held authentic truths every moment of every day. This is the point of origin of those powerful *Harmonizing Energies*.

When one or more chambers are compromised for any reason the vitality of the entire structure becomes weakened. It is important to note that as long as you have a structure, the chambers will always function. A chamber may be depressed or lessened in power but it will be putting out some level of frequency, as the structure is completely dependent on this function to exist. The Resonating Chambers will never become completely disabled.

A weakened flow of a chamber can show up as physical, spiritual, mental or emotional tiredness or lowered function. It can cause distress and

breakdown of the fabric of a person's life. For example: Martina feels good about her career and her life but can't get up to go to work without resentment when the alarm clock goes off each morning. She is constantly calling in sick using fatigue and exhaustion as her reason for missing work. She simply cannot muster up enough energy to go to work 5 days a week. When she does go, she drags around the office, taking long bathroom and coffee breaks and has taken to eating too much sugar. At this rate she may lose her job. Martina got checked for chronic fatigue, which is certainly what it looks like, but a doctor's visit and tests didn't really show her to have any physical problem.

In Martina's case the issue is in the sacred anatomy. Specifically, the Layers Resonating Chamber is weakened and barely putting out a signal. This lack of *Harmonizing the Layers* energy is causing her issue to show up really physically- as in not being able to get up for work or to muster the energy to stay engaged.

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1. With permission and at the edge determine need.
2. Determine which 1-3 resonating chambers needs attention- more than 3 in need at once calls for looking at a Life Pattern in the Cognitive Layer.
3. Look at the picture of the Eight Resonating Chambers on page 88 of *Your Sacred Anatomy* and massage the route of the affected chamber-
4. Determine the direction of chi flow of the affected Resonating Chamber.
5. Stimulate by rubbing in the direction of the flow of the chi as it moves in the affected Resonating Chamber.
6. Simultaneously bring in the *Harmonizing Energy* that applies to the chamber.



SAEM Practitioner Training Level II

7. Monitor until the energy slows and the Resonating Chamber expands in release.
8. Witness as the chamber expands and the energies flow outside of the structure. See page 320 in *Your Sacred Anatomy* to have a sense of the expansion you are facilitating.
9. Bring in *ULL*
10. Check for any *Specific Energies* the structure needs to support the continued expansion of the refreshed Resonating Chamber.
11. *Harmonizing the Harmonizing Network*
12. *I,B,W,S,I,B*