



Sacred Anatomy Energy Medicine Procedure

Chinese Finger Puzzle Syndrome: Chakra Constriction: Soul Pathway, Chakra, or Chakra Stream

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What?

Finger Puzzles are creative adaptations of the Blended Energy System to trauma that eventually cause dysfunction in the affected chakra(s). **Chinese Finger Puzzle Syndrome** is a constriction of either the soul pathway, the chakra itself, or the chakra stream. It can also be a combination of any of those. If it is a combination they can be treated together. It shares some similar characteristics to Soul Path Congestion because it can limit the flow of energy through a “soul pathway.” They are an inflammatory process. However, the similarity ends there.

Soul pathway and chakra stream constrictions are made of a spiral weave of constricting energies (much like the finger puzzles!) that wrap around the outside of a chakra stream or soul path. They restrict flow by tightening. This happens when a person struggles with a distressing chakra-specific issue.

The client puts the Chakra Constriction in place sometime during this lifetime as an adaptation to something causing stress and trauma. We have not seen a karmic component or a life lesson aspect (put in place before incarnating) so far.

Why?

Chakra constrictions can wrap around the all three currents (function, purpose and wisdom) limiting the entire expression of the affected chakra. They can also be limited to just one or two currents of the pathways or streams. They can affect only the soul pathway which affects intentionality and limits only the intention of the chakra. If found in the chakra stream they will limit only the client’s experience of the energy from a chakra as it impacts their life. When

found in the entire stream from alignment to dispersal valves the constriction is more global in nature affecting everything about the functioning of the chakra.

If it encompasses all three streams it can limit the expression of the entire chakra, and it will also wrap around the chakra itself. Both the intentionality chamber, where the stream meets the core and the receptivity chamber, where the stream exits the core will be affected. It will cause a narrowing of the flow in both function and wisdom corridors.

Chakra constrictions are often a protective action against unsafe or dangerous circumstances. Often, people are inspired to set up the constriction because it was risky to express their full nature through the chakra. For example: A naturally boisterous client constricts their throat chakra because they learn it is not safe to speak their mind in their home. Then later in life they are frustrated because they can never speak up when they really need to. They may even manifest sore throats, laryngitis and throat constrictions that prevent them from risking true expression. They end up being unable to speak or take action on their own behalf. This is an example of the constricting nature of this adaptation, the more you struggle with it, the tighter and more intractable it feels.

How?

Like all procedures to release anatomy adaptations that have become pathogenic,

it is necessary to achieve 100% understanding of the costs and benefits. This would include the origin of the constriction and the emotional content that lead to and was amplified by it. Understanding the costs and benefits will help the client remove the Chinese Finger Puzzle Syndrome.



Sacred Anatomy Energy Medicine Procedure

Chinese Finger Puzzle: Constricted Soul Pathway, Chakra and/or Chakra Stream

1. At the edge, determine by dowsing that the client has a Chakra Constriction.
2. Put on HazMat (secure the space around you and the client) and put the client in 3 sticky boxes. (sometimes an astral or entity releases during this procedure.)
3. Determine which chakra is affected. (if more than one- do one at a time- 1st dowse for the primary and start with it)
4. Determine which currents are affected. (all currents will be treated together). Time travel to the moment in *this life* when the Chakra Constriction began.
5. Determine how many emotions are associated with the condition. Dowse the word list if needed.
6. Discuss with the client what the purpose and effect of the constriction has been. This will be related to the location of the constriction in the affected chakra. Note the emotional impact and how it is related to the location of the constriction.
7. Help the client achieve 100% understanding of the cost and the benefit of their constriction in present time.
8. Locate where you should push in on the constriction at both ends. This may be as far out as the alignment & dispersal valves or closer in as it may have only affected one area of the chakra anatomy.
9. To release: push in with a little twist in opposite directions, just as you would free your finger from the Chinese finger puzzle. You need to twist it due to the spiral-weave nature of the constriction of the membrane and the energies around it. Twisting creates the space to slide the constriction out of the area and down the path of the chakra energies.



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10. Ask the client to breathe and as you feel it loosen its grip on the chakra stream, slide it off, out the back, along the chakra stream, through the soul layer, the edge, and out into the universal. Clap as you release.
11. Coat the entire stream in *ULL* to soothe the outside of the currents and their encasing membranes. Bring the appropriate energy or combination of energies called for by the affected current or currents. These would be *Sense of Function* (function current), *Sense of Purpose* (purpose current), or *Sense of Wisdom* (wisdom current). Direct it through the chakra to help it adjust to the corrected flow and to recover equilibrium.
12. Monitor by dowsing until they are complete (dowsing rod will stop spinning).
13. Because this procedure is so deep, there may be hidden entities or astrals that have been buried in the chakra. If any entities or astrals need to be removed or released proceed to a simple entity or astral removal lifting the removal box with the help of Archangel Michael, bringing in *ULL* into the 2nd removal box and lift it out with help again. Leave the 3rd box in place to remove HazMat.
14. Check for imbalances, bring in any replenishing energies needed.
15. Remove HazMat in the 3rd sticky box.
16. Bring in *Harmonizing the Blended Energies System*, *Harmonizing the BOL*
17. *IBWSIB*