



Sacred Anatomy Energy Medicine Alignment

Compressed Framework

What?

Release of the Framework is exactly that. It is the witnessed release in a therapeutic setting of the part of the Bones of Light anatomy that holds the Layers up and open, the spongy feeling Framework.

Why?

- The Framework can become compressed by the stress and trauma born by the Layers in the normal course of living.
- When the Layers become debris laden and straining at their boundaries- pressing against the Framework a Release may be necessary to “hold” the positive results of a Basic Clearing of either the BOL or the Layers System.
- When the Layers release a Life Pattern or Karmic Wound a Release of the Framework will support the *Integration and Blending* of the procedure.

How?

Witnessing and holding the compressed Framework is all that is required. The deep breath of the client and their understanding of how their life has contracted in relationship to the issue is important.

Note:



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Compressed Framework

1. With permission and at the edge determine need for the alignment
2. Frameworks are divided into seven segments placed between the Layers. Determine how many segments are compressed. They are:
 - Bio-emotional
 - Emotional-primal
 - Primal-mental
 - Mental-cognitive
 - Cognitive-spiritual
 - Spiritual-etheric
 - Etheric-soul
3. Place Light Fingers into affected segments one at a time.
4. Ask the client to take a deep breath while witnessing the release of each segment.
5. Bring in *ULL* after all the compressed segments release.
6. Bring in *Harmonizing the Bones of Light*
7. *I,B,W,S,I,B*