



## SAEM Practitioner Training Level I Handouts

# Practice SAEM Sessions

Practice SAEM Sessions are a critical part of your training as a SAEM Practitioner. They give you an opportunity in a real life setting to make mistakes, learn from them and implement new things. The courage of your convictions is never more tested than when you are working for the very first time with new procedures and in a brand new modality. Because we want to support you to be brilliant these sessions are essential. You will begin these sessions after the first weekend.

### **When you schedule the session please send your client:**

- About Your Session
- Client Intake & Permission to Share Personal Information and Engage in a Student Session
- Practice Client Feedback Form

Each month you are asked to complete a total of two sessions. One will be a new buddy each month provided to you. You are requested to submit another healing session with a practice client that you will provide. Please schedule your Practice Sessions as soon as you can. Arrange to do them shortly after the completion of the class so that you can stay current with the teachings and turn in your healing e-packet for review by the due date.

For each of your buddy & client practice sessions per month (a total of 10 sessions) you will complete an electronic packet. Each e-packet per report will include each of these three items:

- Client Intake & Permission to Share Personal Information and Engage in a Student Healing
- Session Report
- Practice Client Feedback Form

### **Parameters for the Healing Sessions**

1. If you were having more than one session with the same client, you do not need to complete a second *Intake & Permission Form* as one will be on file.
2. Only one *Intake & Permission Form* per client is required.



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3. Please note electronic signatures are legal and can be done easily on the computer. For a long distance session (with their permission) type in the client's name and initial it after you have read them the statement they are agreeing to at the bottom of the *Intake Form*.
4. At the end of each healing, please hand your client the *Feedback Form* ask they fill it in and return to you on the spot. For Distance Sessions, send it ahead and ask them to make sure it is open on their computer so they can reference it easily right after the session. Ask them to email it back to you immediately.
5. Schedule a follow-up phone call with your client and draw their attention to the *About Your Session* document. Please review this document with them to make sure they understand that you're supporting them after the healing session.
6. If they are working with you through your training request them only work with you and not other energy workers. (Acupuncture is OK)
7. Prior to the next Session Report Upload Due Date, submit the completed packets for both of the practice sessions. The packets must be completed and uploaded from the class home page.
8. These completed homework packets are due on the dates on the *Reading and Homework List* so that Desda has time to review your reports. If you are late, do not expect any comments on your reports.

**Practice client sessions are a big part of your practitioner training and are where so much learning takes place. As a spiritual healer it's your responsibility to be thorough and complete.**

- Incomplete packets will not be accepted for credit.
- We will not remind you of incomplete or missing forms.
- Please mark your calendar to upload all the completed forms by these dates: Oct 27, Nov 23, Dec 22, Jan 26, Feb 23.
- It is important you schedule your Practice SAEM Sessions **promptly** and that you turn in your reports on time so I can review them before class, I suggest you book all of your sessions as early as possible in the Training so that you can be secure and organized in your homework.
- You will have access to the forms on the class page for you to forward a copy or print your clients if you want "hard copies" for sessions.