



SAEM Practitioner Training Level 1

Pre-Class Preparation

Reading: YSA- Chapters Intro-10

Watch Videos:

- Signatures & Attunements- Concept
- Harmonizing Energies- Concept
- Sacred Anatomy Simplified
- Sacred Anatomy FAQ
- The Magic of the Pulse
- Why Use a Dowsing Rod?

Sessions: Self-care Daily and line up your practice clients

Prep for Module 1

Reading: YSA- Chapt. 3 pg.78-79, pg. 81-82, Chapt.11 pg. 271-302, Chapt.10 pg. 251-261

Reading: PDF of Practitioner Training Level 1- pg.1-.21- pg. 33-43, pg.53-61, pg. 67-68, pg. 85-86

Watch Videos: Clearing the HEMF: Concept

- Clearing the HEMF: The Clearing
- The Elimination System: Overview
- The Elimination System: Anatomy
- Elimination System: How it Works
- Balancing Tilted Wheels: Concept
- Balancing Tilted Wheels: Practice
- Harmonizing Energies: Concept
- Harmonizing Energies: Practice

Print for Binder:

- Clearing the HEMF
- Balancing the Tilted Wheel
- Harmonizing Energies

Sessions: Download all Session materials for your use and prepare to submit sessions electronically and to track on the SAEM Tracking Sheet for yourself everything you have practiced.