



Sacred Anatomy Energy Medicine

Practitioner Training

- I am a SAEM Practitioner in Training.
- Transformation is the name of the game.
- I know whatever is not in alignment with the rising frequency of my relationship to this work and training will appear to be in disharmony and what is stuck will move.
- I have many resources.

If my life is displaying elements of change I know I can:

REACH OUT and...

Call my Buddy to talk.
Call my Teacher to talk.
Call my Teaching Staff to talk.
Call my Regular Practitioner to talk.
Call upon Divine Source to lighten my burden.
Call upon the Devas of SAEM to support my training.
Call upon my Guides and Guardians who support my training.

USE WHAT I AM LEARNING and...

Assess my numbers, percentage and pulse.
Bring in restoring Specific Energies.
Do my self-care list.
Ask my structure to "turn the intensity down."
Be mindful in all things.
Meditate daily.
Do my homework.
Give myself a SAEM session
Ask for healing support from my Regular Practitioner.
Ask for healing support from my Buddy.
Ask for healing support from my fellow students.
Ask for healing support from my Teacher.
Ask for healing support from my Teaching Staff.

RESISTANCE IS FUTILE and...

Yes- my life is my own.
Yes- I signed up for this.
Yes- I am not alone.
Yes- I am ready.
Yes- I can say YES!

I can pick up the phone and call: *I stand on the shoulders of giants.*

Desda: 415-203-3334 **Bob:** 415-717-1122 **Cheryl** 707-327-7539

I am not in this training alone!