

# Snare of Maya

## What?

The structure holds everything including the experiences we have that we are ashamed of, feel guilty about and that we would like to go back in time and change. It turns out every sin\* has its opposite. Both are located in the subtle anatomy and have a pull toward a connection to one another. Caught in time and not able to move away from the memory and the reality

## Why?

Because opposites attract, exact opposites attract exactly, this Operating Principle: (Like attracts like) can be used to create a connection between the two realities. One that has a historical basis ( which could be thought of as your sin) and one that is the preferred or desired result. Letting this go will release your Snare of Maya and free you from the need to live ensnared, held by your sinful action and stopped in time.

## How?

Understanding the agenda of the “sin,” breathing into it, and experiencing the memory of their sin and its opposite creating the Snare. Calling upon the support of their 4 Aspects and Guardian Angels is helpful to enable release. Getting one’s head around both realities: the sin and the opposite of it creates the space needed to go to resolution and release the Snare of Maya.

\*A “sin” in this context is a loss of internal connection. It is a breakdown of the relationship between the internal life of the Divine (core) and the expressing individuation. When we turn our back on this profound part of who and what we are it is possible to loose the way and forget our true selves.

Sacred Anatomy Energy Medicine Procedure

## Snare of Maya

For a more advanced client who has already done the Four Aspects meditation.  
Encourage client to identify for themselves both their greatest sin and its exact opposite

1. Apply the Edge Practice and with permission, determine the need for Releasing the Snare of Maya.
2. Lead the client through the exercise to expand into their Greater Mind into the Template.
3. Ask the client to name the emotions and allow them to arise in the memory, and describe the image of the Snare and their greatest “sin”.
4. Ask them to fully expand their Template 3x, by activating the star point
5. Telegraph into their Template and locate where the old “sin” is.
6. Find the opposite of that sin – it will be located on the other side of the HES
7. Feel the connection and notice the tension and the pull between the two end points. This tension is the Snare of Maya.
8. Rock each end points, up and down, like a see-saw feeling the tension between the two points.
9. Ask the client to call in their 4 Aspects and Guardian Angels to support their release. Gather them around the client.
10. Ask the client to: *“Take a deep breath, feel the Snare of Maya and the tension between the “sin” and it’s opposite. Take a moment and witness, and release your agenda about this issue”*
11. While asking: *Are you willing to live without this?*
12. Ask the client to repeat the following statements three times each:  
*I am no better than this (3x)*  
*I am that and I am not that (3x)*
13. Ask client to do the following **three times** while you lift out the Snare of Maya.  
Say to the client: Take a deep breath from your toes, and exhaling out the top of your head, lifting arms pushing up and reaching out above your head,  
Say outloud, *‘I AM’*

Simultaneously the practitioner lifts out together both ✨ snare and ✨ its opposite, with *ULL* underneath, filling the space in the empty structure.

14. Fill the holes that are left by bringing in *ULL*

15. Bring in: *Sanctuary* and any other *Replenishing Energies* that are needed.

16. Bring in *Harmonizing the Template*

17. Bring in: *IBWSIB*