



Sacred Anatomy Energy Medicine Procedure

Hidden Agenda

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What?

A Hidden Agenda is a result of an HEMF overriding another HEMF and enmeshing in a specific Layer. A Hidden Agenda starts as an enmeshment.

A Hidden Agenda shows the client how they lose themselves. It lights up the motivation of what one person wants the other person to do. The lessons of the motivation are:

- How do they manage themselves so they don't attract these experiences into their life?
- How do they learn the lesson of their enmeshment style?
- How do they stop needing to enmesh?

Why?

Unconsciously we extend our intentions toward each other with our Electromagnetic Field. This occurs when we want to fix or change someone else or a situation. This is an HEMF overlay. It immediately makes people feel they are "not themselves," because they are not. An HEMF overlay can occur in either direction. We can extend our HEMF or an HEMF can be extended back to you. But it always will enter a Layer, and this is the determining factor of what kind of overlay is being experienced.

Some people feel this as a "glomming" onto, an invasion, feeling slimed, or an uncomfortable sort of connection or involvement. This is an **unconscious** attempt at MANIPULATION, and even though there may be hard feelings and emotions that evolve, there is **no blame**. People suffering from a Hidden Agenda feel the impact as giver or receiver of the overlay. The resolution is essentially the same with both.

How?

Dowse the Layer to find out where the enmeshment has occurred. It can be with another person's HEMF pushing into your Layer or even with yourself pushing into your own Layer. It is one reaching out to the other and it is treated the same either way. Determining which Layer is affected and the direction the energy is coming from helps with understanding the Hidden Agenda.

The interview process will identify the relational or situational cause of the "style of enmeshment" and will take one of four different pathways creating four types of Hidden Agendas.

Types of Hidden Agendas

- **Attacking Hidden Agenda**
An emotionally charged issue with ANOTHER person. It is clear that there is a relationship with another person that is not working and provokes an attack out of an HEMF need to control, dominate, guide or bully from ego to soul.
- **Self-Inflicted Hidden Agenda**
An issue the client has with themselves. Therefore the relational breakdown is about how they think, feel and what they believe about their *own* life, body, or behavioral issues.
- **Shared Hidden Agenda**
Originates in a challenging situation that is stress producing for a group, a family, an organization or community. A Shared Hidden Agenda can spread from person to person in a dysfunctional environment.
- **Karmic Hidden Agenda**
A Karmic Hidden Agenda is when the client has died with an enmeshment in place. It is discovered because there are at least three Layers involved.

Where it Comes From Matters

Attacking Hidden Agenda

The issue reflects the location where the HEMF R-Layer pushes into a Layer or Layers. The issue identifies the tension between the two people. This is the attacking HEMF attempting to dominate the soul of another. Stop short of calling this a psychic attack because it is anatomically based and driven by the ego needs of the attacker against the person who is their focus. It is not about *psychic power*. But it is about control.

Self-Inflicted

If it is self-inflicted it is a problem of self-esteem. The HEMF, which naturally coexists with the Bio, Emotional, Primal and Mental Layers, will extend an R-Layer and initiate a Hidden Agenda in an attempt to force the will of the personality to over-ride the natural leadership of the Layers. It will attempt to dominate the soul's story and the unfolding of the Layers with the negative self-esteem issue.

A Self-Inflicted Hidden Agenda originating from one of those affected R-Layers will typically take possession of the Layer on either side of it. For example, the R-Emotional will send to the Bio or the Primal and the R-Primal to the Emotional or Mental. The R-Layer is trying to influence the effectiveness of the Layer and this is an imposition of will, grasping, desire or control over the much more mellow Layer. The Self-Inflicted Hidden Agenda is a cousin to the HEMF signature causing emotional *sturm und drang* (German for-storm and stress). Whipping the emotions to a fever pitch and causing fallout that can mean dysfunction in the life.

Shared Hidden Agenda

Through a Shared Hidden Agenda an outside event or action becomes personified by an individual who represents the issue and then uses their own HEMF to affect the Layers of other people or persons. This can be someone who is a follower or disciple and who did not originate the Agenda which now is a way of being or a belief system for them.

This is seen in the culture or defined as a form of fundamentalism (religious, political, spiritual, health and philosophical beliefs). It is highly contagious in the right situation because a Shared Hidden Agenda subverts the HEMF group field. The individual ego, personality and sense of self is co-opted by it. This is the *mean girl syndrome* or the evolution of the *in-crowd* and the *out crowd* dynamic within communities or organizations. It also is how groups are created and destroyed. How individual freedom is corrupted and how humanity evolves. Shared Hidden Agendas have a place but will only last for a period or epoch. Once another way is revealed and becomes part of the zeitgeist the Shared Hidden Agenda that once was so powerful is lost to time.

It is worked with by approaching the Shared Hidden Agenda or a person who has become a group leader and who is most representative of the Agenda and is closest to your client. Only treat its affects for and on the individual in your care. It is not possible to heal the larger group problem, but the individual can be removed from the Shared Hidden Agenda and they can be supported to shift so they do not fall back into it again.

The irony is that people in a Shared Hidden Agenda think they “believe” in something and will fight hard for this belief. They don’t actually believe in anything- they are under the influence of a Shared Hidden Agenda.

Karmic Hidden Agenda

Look for how many Layers are affected. You will need no more than three to adequately describe the issue and understand the consequence in the life.



A Karmic Hidden Agenda always occurs in either or both the Etheric or Primal Layers in addition to other Layers as well as the HEMF. It is Karmic because it has endured for longer than the current lifetime. It is stored in the Layers after the HEMF dissipates in death and is held there in the Sacred Anatomy like a memory.

A Karmic Hidden Agenda is activated by *compatible resonance* when the past life connection is encountered. It becomes active when a life situation mirrors what occurred in the past life. The Karmic Hidden Agenda awakens because of a historically entangled relationship that has been important and influential in the soul's journey and shows up in your current life. Because the people involved are Karmically linked through the Hidden Agenda, current relationships will be heavily influenced by past life situations or enmeshments. This can feel like an overwhelming domination or a constant struggle with little or no basis in the current relationship.

The Layer affected is dominated by the influence of this enmeshment. may Experiencing a Karmic Hidden Agenda can engender feelings of confusion about why things are so hard with this other person, or feelings of overwhelm when this person wants to help them, give something to them, or even develop a relationship that is overly familiar or close from out of the blue. They may feel like they can never give enough to this other person or, give to the other in the way the person wants. They may even feel like they just can't figure out what the other person wants from them! No matter what they do they just can't get it right. This is frustrating and may show up in the relationship as conflict, hurt feelings, stress, disappointment, jealousy, and even anger.

Dealing with a Karmic Hidden Agenda is a powerful way to complete relational Karma as it will help tough relationships soften.

Sacred Anatomy Energy Medicine Procedure

Hidden Agenda

Hidden Agendas are always a reaching out from the HEMF into the Layers. This can be from you to another or from another to you. You are looking first for the Agenda and then where it is Hidden in the structure and finally how is it affecting the life?

1. With permission at the Edge, dowse to confirm there is a Hidden Agenda. Make sure the client has a pen & paper because they will want to take notes about this important piece of work.
2. **WHAT?** Determine what kind or kinds of Hidden Agenda (s) you are working with.

Dowse this list:

- a. Attacking Hidden Agenda
 - b. Self-Inflicted Hidden Agenda
 - c. Shared Hidden Agenda
 - d. Karmic Hidden Agenda
3. **MORE WHAT?** Read the explanation of the type of HA they are experiencing and counsel your client: *“A Hidden Agenda is an unconscious energetic enmeshment that we all experience. Your **HEMF** reaches out into one of the **Layers** of another person or someone else reaches out to you. This puts stress upon a relationship and can cause it to fail at some level.”*

Clearing up the HA is beneficial for all relationships.

4. **WHO?** Take it deeper to find out who the HA is with. Make a list of people the client has issues with.
 - **Attacking HA:** *family members, friends, clients, and co-workers, and way they challenge the client*
 - **Self-Inflicted HA:** *things about themselves that they have never been able to change, but wish they could*
 - **Shared HA:** *the situations they would like to be different. (Personified by difficulty with a particular person)*
 - **Karmic HA:** *activated by compatible resonance when the past life connection is encountered in the current life. Usually close personal connections.*
5. **MORE WHO?** Determine who is the sender and who is the receiver of the HA by dowsing the list you have compiled in step 4. Draw arrows on your list of potential participants in the HA*. Outward Arrow-sender/ Inward Arrow – receiver.

*More information will be gathered about sender and receiver after determining the layers.

6. **WHERE?** Dowse for number of layers where Hidden Agenda enmeshment has occurred; landing in one, many or all of the Layers. If more than one Layer- determine the primary.

Dowse this List:

- | | |
|--|---|
| <ul style="list-style-type: none"> a. <i>Bio Layer</i> b. <i>Emotional Layer</i> c. <i>Primal Layer</i> d. <i>Mental Layer</i> | <ul style="list-style-type: none"> e. <i>Cognitive Layer</i> f. <i>Spiritual Layer</i> g. <i>Etheric Layer</i> h. <i>Soul Layer</i> |
|--|---|

About the Layers:

- The *green Layers* above are interwoven with the R-HEMF. A **Self-Inflicted** HA originates only in the *green Layers* of the R-HEMF.
- The *purple Layers* above are not interwoven with the R-HEMF. A **Self-Inflicted** HA must stretch from the *inner green R-Layers* to the *outer purple Layers*. The HEMF will originate in the *green* and travel to the SA Layer which might be *purple*.
- If you find 3 or more Layers indicated and one Layer is either the *Primal* or *Etheric* (can be both of these), it indicates a **Karmic Hidden Agenda**.

7. MORE WHERE? Go deeper into the affected Layer(s) by reading questions and descriptions in the table below. Clarify with the Chart.

Interpersonal Dynamic with the Client's Enmeshment Partner

| Layer affected | This relationship fails or doesn't work | Exploration |
|------------------|--|---|
| Bio | How do you get tired after being with them? | What does this cost you? |
| Emotional | How do you lose confidence? How are you unable to distinguish your feelings? | What emotions come up? How do you feel now? |
| Primal | Do you feel a heavy energy around or about your enmeshment partner? | Does their energy affect you and how? |
| Mental | Are you unable to get through to them or others? | How does this affect or confuse you or make the situation worse? |
| Cognitive | How and when do you feel judged, lorded over by, or small, self-conscious, and stupid? | Why do you feel this way? |
| Spiritual | When do you get too focused on <i>doing</i> and stop <i>being</i> ? | How do you not show up? Does it feel like karmic contracts can't be fulfilled? |
| Etheric | When do you feel out of control and karmic-like you do not know why. | Do you feel like you owe your enmeshment partner? Who says: "Look what I've done for you!" |
| Soul | When do you feel on the defensive or inadequate? | What makes you feel bullied or frustrated? When do you feel your sense of self has been stolen? |

WHERE together: Clarifying Examples

- **Example of Sender:** You want your client to change and so you insert yourself into their Mental Layer forming a Hidden Agenda or a Karmic Hidden Agenda.
 - **Example of Receiver:** Your friend wants you to change and inserts themselves into your Mental Layer forming a Hidden Agenda or Karmic Hidden Agenda.
 - **Example on Self Inflicted:** The person is both sender and receiver. This represents a deep incompatibility and essentially a fight between 2 systems: the HEMF and the Layers. This is a form of self-deceit and self- criticism- being overly hard on yourself or lying to yourself about something personal. I'm not good enough- I'm not enough or I'm not really loveable are all HEMF emotional trauma based beliefs. They can impede the Layers and their functionality in a myriad of ways.
8. **WHY?** Determine and discuss the irritating or upsetting feelings client is experiencing about the Sender or Receiver, even if it is within themselves. Diagram the scenario for greater understanding and ease.
- Ask client: How does this relationship fail them?
 - How does this relationship exhaust their ability to cope?
 - How does this relationship agitate issues or create challenges?
9. **MORE WHY ?** Dowse Emotions:
- a. How many emotions are located in the HEMF R-layer (s). (1 or more) (do not remove these emotional signatures YET)
 - b. Determine what they are by dowsing and interview.
 - c. Make a list of the Emotions-
 - d. Determine who is experiencing which of the Emotions. Sender or Receiver. (TIP-Put an R or and S beside each Emotion)
10. **MORE WHY ?** Clarify the Agenda:
- a. What thoughts or beliefs are associated with the Emotions ?
 - b. What is coming up during the discussion?
 - c. How does this connect to the Layer? type of Hidden Agenda? or the emotions? (See: *Interpersonal Dynamic with Enmeshment Partner Chart- Step 7*)
 - d. For further Clarification of **Karmic Hidden Agenda** see below:

CLARIFICATION FOR KARMIC HIDDEN AGENDA

If Karmic Hidden Agenda: What was the past life relationship at onset?

- | | |
|--|---|
| <ul style="list-style-type: none"> • Mother, Father, Spouse, • Sister, Brother, Grandparent, • Other Relative • Friend | <ul style="list-style-type: none"> • Boss • Compatriot • Community Member • Foe |
|--|---|

Continue...

Identify Karmic impact.

The primary Layer will make the relationship clearer. *Just bring a taste of the awareness of the scenario, do not dive into a drama.*

- **Bio:** problem was taken into the physical body-HEMF Clearing
- **Emotional:** Took on their emotional content- HEMF Rebuild
- **Primal:** HEMF Emotional Signatures
- **Mental:** Died with IER in place with the sender or receiver and so has a karmic tie to them- this is the only time an IER with a dead person or from a past life occurs.
- **Cognitive:** Silver Tethers have fallen and will still be down
- **Spiritual:** Mending of the Fabric of the Soul- affecting the health
- **Etheric:** Loss of boundary- Strengthen the Containing Membrane
- **Soul:** HEMF blown out.- Will require the HEMF Suite.

11. **HOW?** What is the overall effect of the Agenda in the life of the client?

- a. Discuss and bring to 100% **understanding** the Hidden Agenda
- b. Discuss and bring to 100% **understanding** the impact of the relationship of the person who it is with.
- c. Discuss and bring to 100% **understanding** the Emotional Cost of the HA.
- d. Discuss and bring to 100% **understanding** the benefit or gift of the HA.
- e. Discuss and bring to 100% **awareness** of the lesson learned from the HA.

12. **MORE HOW?**

Ask the Client to Contemplate: how different life could be if they did not feel/believe in this perspective about themselves or the situation?

13. **COMPLETION:** Remove all of the HEMF Emotional Signatures held by the client and noted in Step 9.

14. Support the HEMF and stabilize the HES: bring in *Integration* and *Blending*
15. Vent the affected Layer and release the R-Layer HEMF enmeshment out of the Sacred Anatomy. If HA is in multiple Layers vent **only** from the primary out into the universal. Monitor. Fortunately, this will clear all of the Layers.
16. Seal the vent with *ULL*.
- 17. Forgiveness Meditation:**

Have client visualize the sender or receiver, whether themselves or another person. Prepare client to ask for forgiveness for any wrong doing and forgive them for the same. Introduce this brief meditation by having them close their eyes, seeing their person, and say to their person, “Although I know this Hidden Agenda was an unconscious act from you, it still had a real impact on me and my life. Now I choose to forgive you for these effects of the unconscious manipulation: I forgive you for...”
18. Have them signal when they are done with their forgiveness meditation.
19. Confirm **100% Released** of the Hidden Agenda (s).
20. Bring in *ULL* and waft it through entire HES
21. *Harmonizing HEMF* and *Harmonizing Layers*
22. *IBWSIB*

In the Follow Up or in your next session- Resolve any Karmic Hidden Agenda issues discovered in step 10.