

SAEM Procedure

Basic Signature Identification, Removal, and Attunement

Described below in this order: 1) Signatures of discontinued Meds 2) Signatures of all other origin 3) Attune current meds & prosthesis

IDENTIFICATION

1. With permission and at the edge dowse to determine the presence of signatures.
2. Do a brief interview with the client about current medications and life situation. Make a list of these signatures to refer to later.
3. Dowse to determine how many signatures are up for removal or attunement now. See if you have them all already.
4. If not, dowse the Signatures Lists to determine which signatures are missing. Make a specific list.

REMOVAL

5. First lift out all old drug signatures (antibiotics used for an infection 5 years ago) and any signatures related to past historical poisoning, illness or trauma.
6. Do this by gathering the old signature into a ball to the side of the physical body. Use your light fingers to telegraph into the structure and to pull toward you this specific signature.
7. As the signature is gathered double check to make sure the entire unwanted signature is collected. Check the bio layer by scrapping through it with light fingers seeking ONLY this specific signature.
8. Check to see if you are at 100% collection. In partnership with the client ask them to breathe deeply and help you lift the signature up and out of their structure. Show them how to dismiss it with a clap of the hands.
9. Check again to make sure you lifted it out 100% before moving on.

ATTUNEMENT

10. Next attune all helping medications. Do the same thing- gather all of a specific medication up into a ball at the side of the physical body.
11. But before you lift out excess and debris place one hand on the star point pulse- get certain of this pulse. It will be rapid fluttering like a flickering light. It is nothing like a heartbeat.

12. Still holding onto the star point pulse place your other hand into the ball of drug signature and feel its pulse. This pulse will be slower than the human pulse you are aware of in your other hand.
13. Your job now is to speed up the drug signature into a compatible pulse. The tempos should match as closely as possible. The quality of the energies will be different but it is the tempos that need to align. Do this by agitating it with the hand- bouncing up and down and speaking to it:
14. **SAY-** *To be a helping medication you need to vibrate at the same frequency as the CLIENT'S NAME who wants to benefit from your gifts. Please speed up and shift into a compatible and harmonized pulse (bounce to encourage the shift)*
15. The pulses will come into alignment and in that moment push the ball into the star point wait a beat and immediately pull the entire excess signature backward out of the star point down the umbilicus, to the edge, and out into the universal-
16. Finish removing the excess by dismissing it out of the structure with a handclap.
17. Continue to attune all of the drug signatures as needed.
18. Check to see if there are any other signatures that require removal. If so, do exactly like the drug signatures removal: identify, accumulate and dismiss.
19. Bring in *ULL* and *Harmonizing the Layers* and *Harmonizing the BOL*
20. *IBWSIB*

SAEM Technique

Basic Energy Generator

Energy generators are a simple and effective way to continue supporting a client through difficult events, important meetings, surgeries, those stress producing family holidays and through major life change. Keep the number of generators to four to five, a single generator per energy, and do not run a generator longer than 14 days- checking stability every three days.

1. With permission, at the edge determine the need for generator support for the client.
2. If a yes- create a thought form of the client in a safe location where it can be left for a time.
3. Determine how many generators the client needs.
4. Dowse the "Big Energies" List to see which energies are called forth.
5. Construct a small box. Bring into it a strong current of the energy needed- once

established leave the current running.

6. As you feel the box fill up use your focused intention to connect the box to the thought form.
7. Test the connection- by pushing on the conduit from box to thought form of the client- if it is resilient and bouncy you have a strong connection.
8. Set the box to continue to receive and then deliver the energy to the thought form on behalf of the client for a specific amount of time, such as 24 hours or 3 days. Even better: until 2pm 6/13/13- the more specific- the better the result.
9. Check your generators every day or so to be sure they are functioning well and that no disturbance has changed the original intent. This might happen so you cannot be lazy.
10. Dismiss the generator when the time is up.

Suggestion: *Include integration and blending generators to support absorption. If you do not do so... make sure to IBWSIB at the completion of the generator and after dismissal.*

SAEM Pre-Surgical Protocols

Pre-Operative Support Protocols

- **Salt and Soda Protocols-** are incredibly helpful. Everything from the bath to shower is a solid prep for surgery. Thanks to Regina Schulman one thing we have found especially helpful preparing for surgery are foot soaks in salt and soda. I have also found adding lavender oil to the salt and soda bath can prepare the torso for the invasion of surgery.
- **Pre op clearing of specific body part-** do this just like you would do a basic clearing of the layers but apply it to a specific part of the body. Run the vent right out of the physical body into the universal. Remember the ending protocol!
- **Building up stamina** with Specific Energies by dowsing your “Big 24” list for necessary supporting energies. People are unique but universal love and light is always a champion!
- **Align intention** with the client for desired result- implement this in all things- be cautious not to place any intention in the negative or fearful way- for example a client says: “I don’t want to be crippled.” Re-frame this to become: “*This client* will walk beautifully and move gracefully after hip surgery.” Your intention is very powerful and the fear the client has of death, dismemberment or incapacity is real and valid- don’t make them wrong about having fear- but don’t believe in their fear either.

- **Be prepared!** Get a list of all drugs that will be use in the surgery and any implants, stents, splints, metal pins and so on... that may be used during the surgery- including all of the anesthesia meds (this will usually be two or three used together)- For the best result attune the client to each one of these medications before surgery begins.
- **Get the time** of the surgery- I usually go from the time they register at the hospital until the time they are discharged. Because people are sent home very soon after their surgeries now days, they will probably need continued support while at home. Med Bag techniques can be very helpful throughout the entire process.
- **Do your own work!** The hardest thing about treating cancer is how easy it is to believe in its terrifying power. This can be true of any disease for the practitioner. Especially if your mother died during a similar procedure or someone you love is being racked by the same illness. Remember big scary operations like heart and lung surgeries, transplants or hip replacements will bring up your own fears and inconsistencies as will similar surgeries you have faced with your aging parents, partners or innocent children. Take this as an opportunity to reinvigorate your own thinking and understanding of human potential and to shift your awareness into a new way of being. As healers we are never finished doing our own work. Stay awake to your own cutting edge (so to speak) and apply new insights to your own healing journey. This kind of moment can even heal one of your own four aspects! Remember to pay attention to what is coming up for you. But please set it aside like a juicy peach to eat later and deal with insight and stimulus in your own way and your own time after your session time is past. It is never appropriate to stop a session to take care of your own needs- if that comes up as necessary it's time to end the session and get one for yourself.

SAEM Surgical Technique

Salt and Soda Protocols**Bath**

The salt and soda bath is comprised of equal parts sea salt and baking soda (not baking powder!) and a full tub of beautiful hot water. Epsom salt *is not* a substitute, nor is iodized salt. Soak in the tub, getting all of your body wet including the top of your head. Take a shower and rinse your hair if you like.

Shower

The salt and soda shower is taken by putting ½ cup sea salt and ½ cup baking soda in a small bowl with ½ cup of hot water. Make a watery paste. Step into the shower, get wet all over, turn off the shower and rub the paste all over your body. (If you need to use more or less salt and soda go right ahead just make sure they are equal parts) Then rinse.

Dry Rub

Fill a small to medium sized zip-lock bag with equal parts sea salt and soda. Use at least ½ cup of each ingredient, whatever it takes to fill the bag. Place the full and sealed bag into another bag and seal. Use the bag to rub out the energetic structure by vigorously rubbing your hands together with the bag in between them. Continue to move through the layers, rotating them like a wheel as the debris or discomfort releases. Cleanse the bag by placing it outside in the sunlight for at least six hours. Periodically dispose of the used bag.

SAEM Clearing

Basic Clearing Applied to Specific Body Part

Based on the groundbreaking work of the gifted Eric Dowsett, a Basic Clearing of a Specific Body Part will make way for deeper work. Essentially a form of personal housekeeping, a Basic Clearing sweeps the structure clean of all excess debris and clutter. This is a normal build up resulting from the integration of transformational change as we release old patterns during the normal course of living a conscious life, and it can feel heavy and binding to the more sensitive person.

A Basic Clearing also will often shake loose issues that are “up” for transformation, bringing them to the surface for immediate processing and greater ease of understanding. It will not release anything currently “on the table” or anything that is not ready to “let go” because the client has not grasped the lesson or understood the meaning of the blockage in their life.

The value of doing a Basic Clearing of a Specific Body Part in preparation for a surgery is primarily to ready the body by releasing anything that might affect a positive surgical result. Cleaning the area is important to ready the entire one body as it completely lets go of some portion that is malfunctioning or diseased. Clearing the space allows any issues that need to be resolved BEFORE surgery to rise up and present themselves letting the client “get in touch” with deeper feelings and stashed issues that may be “around” or stemming from anticipating the planned surgical event.

SAME Clearing

Basic Clearing of a Specific Body Part

1. Receive permission.
2. At the Edge make a vent in the structure from the specific body part and off to the side. If it is possible make the vent travel up and out of one of the shoulders at an angle.
3. Using a dowsing rod, monitor the clearing through each “layer” of the specific body part.
4. Clear by using focused intention:
 - a) All negative thought forms throughout the body part
 - b) Bio Layer of the body part including physical issues or trauma
 - c) Emotional holding of the body part
 - d) Primal knowingness of the body part
 - e) Mental constructs of the body part
 - f) Cognitive access to the body part
 - g) Spiritual relationship of the body part to the whole and the Earth
 - h) Etheric history (the story) of the body part
 - i) Soul layer energetic support of the body part
 - j) Universal containment of the body part
5. Close the vent with *ULL*
6. Bring in *Harmonizing the Layers*
7. *IBWSIB* the specific body part AND the entire structure.

Hazmat Tools

Astrals are sometimes hidden in and under deep illness and trauma and are not detected until they begin to release during a surgery. There is nothing further to be done about the astral release but because of this it is wise to use the aptly named, hazardous materials gear and sticky boxes anytime you are working with someone who is seriously ill or injured or preparing for a major surgery. Check the astral weight (see below) and if you detect an astral frequency and do an astral removal immediately as it will aid in the success of the surgery and the ease of healing.

Hazmat gear and surgical gloves ensure a sterile field for the healer. Working in a golden light sticky box when necessary gives you a sterile field and helps contain the area of the healing work. Hazmat gear is what we call the light suit that assures the wearer remains free of sticky astral contamination. Using hazmat gloves simply gives an extra layer of conscious discernment for the healer. They are essentially light fingers and gloves with hazmat on them. We think of them as SAEM surgical gloves.

Most important of all is to maintain your Edge fiercely staying unrelentingly at the edge while working with anyone in a pre-operative state. But what if you determine there is an astral presence? Your best alternative is still to continue to work in a SAEM sterile field by using a sticky box.(see below)

SAEM Assessment Tool

Astral Weight

Astral Weight is always dowsed at 262. If it is not this number, your reading means there is an astral presence. Do not be afraid - be cautious. Immediately implement sterile protocols for your own protection.

SAEM Tool

Hazardous Materials Gear

Hazmat gear is a special layering of protective light that is meant to absorb toxic energy and to remove the possibility of any entity attachment. It is designed especially for use with astral energies but can be applied to any toxic vibration. It is not healthy to keep hazmat in place so be aware that applying layer upon layer of Hazmat can be harmful. Follow the instructions **EXACTLY**. Do not get creative or deviate as your health and well being are at stake. At the first sign of any astral energy immediately enact hazardous materials gear which is

constructed of thick golden light that is intentionally placed around the structure of the person doing the healing.

The reason it is temporarily required when working with astrals is not because there is reason to fear them for their power or cunningness, but instead because the nature of astrals is to burrow into a host opportunistically and indiscriminately. If you unwittingly become a convenient host you will not be able to help your client as effectively. This extra thick golden light is charged with love and peace to repel astral vibrations and will make it safe for you to work.

Astrals are attracted to the shadow in all of us. Even while an individual's intention may be clear, and their emotional state is free of anger or fear, the truth remains that we all have some shadow energetic somewhere in us almost all the time. This is the inner rage, disappointment, fear, anger, distrust, jealousy and covetousness that are part of the human condition. These emotions are not inherently evil, although they may generate evil actions and most would agree that evil does not thrive without them, but then, neither does goodness as opposites create balance. So, it appears we must resolve ourselves to the existence of evil as a force that influences the human condition and most especially in this case our emotional experience. When we use hazmat gear we are just telling the truth about whom and what we are; and sometimes, we human beings need help gaining discernment about our own darker natures.

An astral will feed on these dark human emotions and the presence of an astral in a pre or post- operative structure will agitate them even more. One of the symptoms of an astral possession is a heightened or pitched emotional state in the client. This is caused by the action of the astral attracted to the shadow within the client.

Whatever the shadows are, paranoia, bitterness, a controlling nature, hatred, fury or terror, the astral will find them and thrive on the intensity of the emotional state where they are lodged in the structure. They will cause more of the shadow emotions to be created just by being present, seated at the banquet, ready with a bib tied around their neck, knife and fork in hand to gorge on more upset and pain. In fact the more the better so an astral frequency will not just cause distress in the client but in everyone else the person contacts. In a hospital you can watch the astrals jump from one patient to the next in a wave of upset. From one room to another, one bed to another the astral seeks emotional trauma and blood.

A person experiencing an astral possession will behave abrasively; they may be difficult and appear to be unreasonable, refusing to eat or care for themselves in the way they usually do. Because it can seem like them only “more so” often these sorts of reactions get chalked up to the stress of being sick. Even if their normal behavior is radically different and what appears to be happening is a sort of personality change, it is possible their structure, excited by the presence of the astral energetic has been pushed into a more dramatic stress related response. Of course, disease and drugs can cause these sorts of reactions sometimes and if they do an astral frequency may also be present agitating the person and stimulating unusual behavior *on top of* the infirmity and effects of treatment. A statement from one of my clients is a good example of what we hear frequently: “I felt like nobody liked me anymore, as if I were screaming to be heard from somewhere in a deep cavern and not one single person remembered all the good I have done!”

Until you have experienced the devastation and confusion of an astral possession you really have no idea why we use hazmat gear. It is vital to remember astral frequencies have the potential to do damage to health, well being, vitality and sanity. Reach out for support from a certified SAEM Practitioner if you detect an astral frequency in a pre-operative client.

More difficult removals can be done quickly over the phone by a certified SAEM Practitioner. However, spontaneous releases during surgery will be caught and contained in the safety sticky box and are easy to get rid of after surgery is complete. These can be handled by the certified SAE Med Bag Carrier.

SAEM Tool

Hazmat Gear

Hazmat Gear should be applied to anyone who does not have an astral possession including: pets, sleeping children, people in another part of the house and anyone else in the room or working with the afflicted. This is an effective if temporary protection against toxic energy. We do not use Hazmat Gear because we are afraid of astrals or think they are more powerful than we are. We use it because they are toxic to human beings and this is the most effective and intelligent way to work with them.

1. At the Edge, with intention place a thick coating of golden light around your entire structure.

2. Make certain to cover the entire structure, do not worry about allowing for expansion, the gear will only be worn while working and you should be consistently expanded while doing the removal and not going up and down in a reactive manner.
3. This light is specifically charged to establish a hygienic barrier between yourself and the astral vibration. It is not for any other uses.
4. Spend special attention on your hands- making sure the hazmat covers your light fingers when they are fully extended out.
5. Only remove the barrier after the surgery is over and the sticky box has been collapsed around the astral energy and given to Archangel Michael.
6. Make sure to take hazmat gear off of yourself and to condense it into a small package giving it to Archangel Michael.
7. If you forget to remove your hazmat any astral energy that has attached to it will eventually worm its way into you and you will experience attachment.
8. The way to avoid this is to take it off every single time you use it!

SAEM Tool

Sticky Box

Using a golden light box lined with a sticky substance is the best way to contain the volatile energy of a healing site. The sticky box is the perfect sterile and manageable field needed for surgical occasions. A sticky box will keep the field clean and free of astrals either spontaneously releasing out of the injury and trauma. It will also protect against astrals inhabiting the hospital or medical office that are attracted by blood and the drama of accident or illness with heightened emotions.

1. Using hazmat gear with permission and at the edge.
2. Construct a box out of golden light with a sticky interior that surrounds the entire energy structure.

Removing the Sticky Box

1. When you are finished working with your thought form, collapse the box into a small bundle and lift it out of the structure.
2. Call upon Archangel Michael to take the bundle and dispose of it as is appropriate.
3. Clap your hands to dismiss
4. Then and only then, remove your hazmat.

SAEM Surgical Protocol

Holding and Supporting Surgery

Holding a surgery means to interact consciously and purposefully with the Human Energy Structure during a surgical procedure. This is done in a focused manner and should NEVER be undertaken casually or if you (the healer) are in a compromised location. For example, if you are driving in your car you must be parked and quiet. If you are in a hospital it is best to go into a quiet corner like a meditation room or an empty area like an unused recovery room. Ideally, holding surgery is best done if you are not disturbed in your own home or office.

Unfortunately, in emergency situations this is often not possible so make do the best you can. Try to establish a safe work environment for yourself where you will not be interrupted. I have observed many surgeries from waiting rooms with a thought form perched on the chair next to me. If the room gets noisy and out of control ask people to be quiet- tell them you are praying. But don't attempt to move the thought form once surgery is underway, stay with it. Doing so can compromise your client when they are the most vulnerable during their surgical procedure!

Tracking surgeries is fascinating. The more you know about what is happening in the operating theater the better for the client. You can immediately neutralize signatures, lend *universal love and light* to support releases and surround the client with other frequencies to inspire safety and healing.

Actually doing the surgery along with the surgical team is also very helpful to the client. Lifting tumors out with the surgeon is incredibly powerful. Knowledge of the procedures being done is most helpful as is a working understanding of the anatomy being interacted with and affected most directly. Try to prepare yourself in advance as much as possible. Looking at an anatomy book is something I regularly do during a surgical support. It helps me visualize the work I want to do and attune to the client even more.

SAEM Surgical Protocol

Holding and Supporting Surgery

1. **With permission** (either from the client or their medical guardian) and at the edge.
2. **Build a thought form** of the client in a safe place like your altar-
3. **Determine the astral weight.** If any number other than 262 this indicates the possibility an astral fragment may spontaneously release during surgery. Put on hazmat and especially attend to the light fingers of your surgical gloves. If astral weight is 262 you

do not need hazmat but you will still need to use light fingers and surgical gloves that conduct your edge effectively. In this situation an astral will not spontaneously release.

4. **Place a sticky box** around the thought form-
5. **Solidly connect the TF** to the biologic layer of the client- (sometimes I like to have a photo or handwritten letter of a person I do not know)
6. **Record the percentage** of effectiveness of the bio layer and the unified percentage to track and better understand the relationships of the four aspects. Make a drawing of the star point pulse to make it easier for you to refer to during the course of the surgery
7. **Set up appropriate generators** on a time clock- keep them simple- *ULL/ integration and blending* alone have successfully supported many surgeries. Using other ones like *organ vitality* (specific to relevant anatomy), *blue light of healing* and *sanctuary* can also be helpful. I recommend keeping the number of generators to no more than four or five. Tell each generator to increase or decrease potency as needed and to stop if it is not helpful in any way to the highest benefit of the client and the course of their surgical intervention.
8. **Check the list of medications** that will be used during the surgery- including all of the anesthesia meds (this will usually be two to four drugs woven together)- You will have already attuned the client to each medication before surgery begins. Remove them one at a time after they are used.
9. **At the time surgery** is to begin- open the structure to receive the surgical cut- do this by parting the structure with surrender using knife light fingers.
10. **Hold the Human Energy Structure open** with *universal love and light* during the course of the surgery. (Always let the *universal love and light* go at the end to allow the sutures to hold and the body to heal rapidly.)
11. **During surgery create other generators** as needed such as: *structural integrity*, *rose red light of love*, *blue light of healing*, *recreate* -to start rebuilding immediately, UNLESS- it is a cancer surgery- be on the safe side and leave *recreate* out in this circumstance. Also use *anti-inflammatory* (to reduce inflammation during surgery).
12. **Use the star point pulse** to track the surgery to determine when it begins and ends.
13. **At the conclusion of the surgery seal the wound** and the energy structure using a combination of:
ULL, rejuvenation, sense of function, blue light of healing and sanctuary.

14. **Attune anything used to close the wound** or shore up the body such as: net, metal plates, pins, staples, stitches or stents. Do the same with any replacement parts. (if possible, determine them in advance)
15. **If there have been blood transfusions-** you will need to focus on the flow of this blood very specifically as it will be moving through the veins now. But it will still have the signature of the person the blood came from and it will not be that tough to track. To do this: first bring in *white light of cleansing* to completely clear the blood (focus on it very specifically as the different energetic) and follow with *sense of purpose, the orange light of harmony and the rose red light of love*. At this point you will not be able to tell the difference between the new blood and the old blood.
16. **For any orthopedic surgeries** rebuild the bones with the help of *Archangel Rafael* and *anti-inflammatory* into damaged joint capsules.
17. **Bring in organ vitality** (of affected organs, systems and structure- think whole body) and follow with *recreate* and/ or *rejuvenation*. FYI- the Template is always affected!
18. **As a standard protocol-** always build *integration and blending* generators- set them to run for 48 hours after surgery, to increase potency as needed and to stop if it is not helpful in any way to the highest benefit of the client—always do this with intention
19. **Only complete the ending protocol** by witnessing and *stabilizing, integrating and blending* after you know the surgery is complete- I always request a call from a support person at the end of surgery. I get an update from a contact person and complete the protocol in alignment with the client making any necessary additions or adjustments.

SAEM Surgical Protocol

Removal Surgery Protocol

This is the protocol to follow if something is being removed.

1. **Signature removal-** Remove the signature of the trauma or malfunction before you begin.
2. **Encapsulate the problem-** Determine the location of the tumor, organ, injured part or cyst that is being removed and encapsulate the area in *ULL*. If it is cancerous or toxic and may spread, be sure to surround with hazmat. This encapsulates the problem if possible. If the issue is more widespread it will work only on the area encapsulated and will not translate as a more global fix.

3. **If the surgery has not yet occurred** lifting the encapsulation out prior to intervention will result in a more successful surgery. The preference is to see people before their physical surgery.
4. **Remove by lifting out the encapsulation-** If the surgery has already happened you will be removing the encapsulation after the fact and this is still good. Lifting out the energy signature of the thing that has been removed along with the trauma of the surgery can only support your client.
5. **Working during a surgery** to lift out the signature of the encapsulation is also a good way to go- I find this most effective for certain problems. For example: Removing a damaged organ at the same time as the surgery is less traumatic for the client. Removing the hip before a hip replacement is premature and best to do at the same time as the surgical intervention. Intervention BEFORE surgery is great for tumors, cysts and scar tissue removals but not good for bones or organs being removed.
6. **Bring in ULL** into the hole remaining and coat the area in ULL I
7. **IBWSIB**
8. **Follow up** by bringing in specific energies to correct imbalances.
9. **IBWSIB**

NOTE: do not remove surgical trauma signature until you know for sure the surgery is over. That will be when post op begins.

SAEM Surgical Protocol

Replacement and Repair Surgeries

This is the protocol to follow for repair and replacement surgeries.

1. **With permission** and at the edge build a thought form of the client
2. **Place the thought form** in a sticky box and put on hazmat gear.
3. **As needed**, do signature removals of the trauma, injury and any earlier related surgical trauma.
4. **Attune parts** (pins, screws, stents, mesh, plates, joints etc...) as needed.
5. **Surround all attuned parts**, the area of the repair or replacement with lots of ULL
6. **Bring in energies** such as: *blue light of healing, sanctuary and complete release* as needed.
7. **Bring in the rainbow lights** for the replaced part and the repaired anatomy. Stroke the thought form as you are bringing it in- soothing and healing it with each pass.

8. **If the surgery is to put in a replacement part** such as a hip, knee or shoulder replacement bring in *organ vitality* for the part being replaced AFTER the part has been attuned- this will instruct the metal to behave as human bone, cartilage and flesh and to accept the connection to the bone better. It will also allow the bones to begin accepting the metal as part of the skeletal structure. This is a critical point. Bring in loads of *ULL* while you are doing this as well as any other needed energy. Speak to the foreign substance like this: *Titanium hip, please behave as if you are human bone to the benefit of client's name and in service to the fulfillment of their soul's purpose and highest good.*

9. Bring in *ULL* and *Harmonizing the Layers* and *Harmonizing the BOL*.

10. **IBWSIB**

NOTE: do not remove surgical trauma signature until the surgery is over. That's the start of post op.

SAEM Post-Surgical Protocol

Post-Operative Support Techniques

Post-operative support is best if personalized to each situation.

1. **Being as specific as possible**, remove the signatures of the surgery, trauma or the disease as well as the signature of the trauma of the diagnosis. Thankfully we have found in emergency surgeries doing this removal can make a huge difference in recovery time.
2. **Remove the signature of the surgery**, the shock of the experience, the trauma of the physical assault which is different than the trauma of the diagnosis and in some cases the signature of the physician
3. **Keep generators up and running** for up to 6 weeks after a major surgery. (Dowse how long you will need to keep them up.) Check generators every 3- 4 days to make sure they are up to date with need. Add things and take things away- always as necessary. Remake generators every 14 days at least.
4. **Doing a clearing of the specific body part** is useful in some although not all situations and can even be done several times over the weeks following a surgery.
5. **Rejuvenating and restoring energies** are very helpful in recovery from surgery.
6. Use the appropriate *Harmonizing energies*
6. **IBWSIB.**