

SAEM Practitioner Training Level 1

Sacred Anatomy Energy Medicine Procedure HEMF Signature Removal

WHAT?

The Human Electromagnetic Field is the seat of the ego in the sacred anatomy. It (HEMF) can collect and hold discreet signatures that are related to the frustrations and stresses of everyday life. While not exclusive to the HEMF, these signatures have a different effect in this location than in any other. Your ego can be impacted by otherwise unnoticed negative signatures reflecting subtle distress and irritation as well as upbeat signatures like happiness and excitement that establish themselves like an aroma in this part of the subtle anatomy. Your mood is utterly reflective of the underlying subtle anatomy reactions to life. The subtle anatomy exists to implement the soul's purpose in the life. These signatures reflect the effectiveness of that goal. They may or may not be profound emotions as they stand alone, but their influence is felt intimately by the HEMF as a motivation that shapes the reaction and climate of the personality.

WHY?

Signatures like: grumpy, cranky, irritated, impatient, paranoid, judgmental, self indulgent, overwhelmed as a state of being, overloaded, ignored, feeling sorry for yourself, and so on, are the kind found in the HEMF. A signature like this may be based in personality tendencies instead of upset or problems. They are the effect of the actions and behaviors of the personality. The advent of a signature in the psyche and subsequent presence of it in the HEMF will not rise to a state of wound or trauma because they are based in an ego reaction and the habitual stance of the personality. But mood signatures can act as debris that freezes the ability of the personality to move into spaciousness or relax in to a happy state which is another signature- but one that is pleasant. Yes, signatures can often be good and helpful. They can feel comforting and create a sense of well being that



SAEM Practitioner Training Level 1

is beneficial to mood and subtly supportive for the personality as it is influenced by more than chemicals and training.

HOW?

The HEMF is a reflective system. It holds and expresses the energies and impulses that originate in the layers and chakras that it surrounds and is stimulated by constantly. Mood arises out of the bio and emotional layers and then is cultivated in the HEMF often shaped by the other energies reflected there by the Layers and BES. This mixing and blending of influences forms the character and crafts the general condition of the psyche. Weeding out a negative influence can shift not just the mood but the effectiveness of the personality and how it functions.

Sacred Anatomy Energy Medicine Procedure

HEMF Signature Removal

- 1. Using the Edge Practice with permission determine need for HEMF Signature Removal.
- 2. Determine how many HEMF signatures are up for removal. The focus here is on supporting the HEMF to release that which is unnecessary.
- These signatures can be identified by checking the percentage underneath compensation. Compensation is a feature of the personality so it represents the presence of HEMF signatures. They are especially noticeable when the client is "coping" with active stress.
- 4. Verify the need to remove each signature from the HEMF as sometimes leaving, even an unfortunate signature in place, is a good choice.
- Check percentage again- with and without compensation (it will shift as awareness is brought to the HEMF signatures)
- 6. Ask questions to identify which signature/s is/are active in the HEMF Sacred Anatomy Energy Medicine Practitioner Training Level I © 2020 Desda Zuckerman All Rights Reserved. www.yoursacredanatomy.com



SAEM Practitioner Training Level 1

- 7. Insert light fingers into HEMF to pull out signatures and lift out of HES into surrounding universal.
- 8. Release with a clap or snap.
- 9. *UL&L* the HEMF and the entire structure.
- 10. Harmonizing the HEMF
- 11.IBWSIB