



Sacred Anatomy Energy Medicine Technique

SAEM Generators and Holding Space

The value of a Generator is that it can support an extra boost of specific needed energies over a period of time. First you set up a Thought Form of a client and connect them to another Thought Form in the shape of a Generator box. This Thought Form is empowered with a specific universal source energy like *ULL*. It is directed to continually deliver a particular frequency in a precise strength. The value of this, especially during illness, preparation for a surgery, during surgery or during difficult periods in a life is immeasurable and can bring tremendous comfort.

Practitioner Usage of Generators for Holding

Using a Generator, you can hold someone during difficult periods in their life. For example, offer to hold them during a airplane flight including the day before and after, so as to help ease their journey and air sickness. This energetic support allows them to concentrate on the nuts and bolts of what they need to do for a successful experience. Being “held” and “supported by an SAEM Generator” gives you that extra love and care that can make all the difference. Sometimes success is in the details.

Another great use of a Generator is during stressful business meeting, a negotiation, or during a lawsuit. As an example, I supported a client during a planning commission meeting proposal that was controversial. I held the case, I held their lawyer and my clients and they got a positive result for their building project. I was using Generators to support them while they were under fire from neighbors and powerful political and financial interests aligned against them.



Another way to use a Generator is to place it into their soul layer and hook them up from there not using a client Thought Form. This is great for someone who is traveling. They carry their own Generator with them and it acts like a helpful signature. The difference is that it is intentional and it is specifically designed for support and their success for an intended result.

Holding Someone for Support

Build the Generator and pack it full of a single needed energy you have dowsed. I have found *ULL* accompanied by *Integration* and *Blending* Generators to be the most universally effective for all surgeries and difficult events in people's lives. Using a Generator for each energy makes the effect stronger. While setting it up mentally hold a clear intention for a positive result in alignment with the client. For example, holding the idea of a successful hip surgery with ease as they return to walking and experience complete healing after the replacement of a hip. Always focus on a positive outcome when setting up Generators for surgical support. Leave Generators running while you attune any prosthesis during surgery this makes the attunement easier. These techniques cut down on a recovery time, trauma, and pain.

Using Generators Creatively

Generators always expand people's capacity to handle challenges in life. Going through a difficult thing, like the death of a parent, a stressful period at work or a struggle with a family member or friend all are made easier using Generators to support.

Setting up a combination of Generators for *Compassion*, *Rose Red Light of Love*, and *Blue Light of Healing* help smooth the way for difficult situations where the client feels unsteady or inadequate. You might set up two weeks of support, checking every three to four days to make sure neither the generators or thought



forms have deteriorated. Combining *Vim and Vigor*, *Manna*, and *ULL* sets up a beautiful Generator field for tolerance with basic difficulties between families and friends. Work stress is supported and helped by *Green Light of Growth*, *Sanctuary*, *ULL* and *Sense of Humor*. See what creative combinations you find and share them with us all!

When you are using Universal Source energies, remember that they are extraordinarily powerful. A thought form and conduits are pumping hard and eventually will dissipate from the force of that power. All Generators will dissipate due to the intensity of Universal Source energies after three or four days so checking your Generators is important. It feels crummy to have a Generator disintegrate if your SAEM Practitioner forgets to pay attention to it.

An extra side benefit is that Generators will help the SAEM Practitioner increase their own attunement with the Sacred Anatomy Field. Such an attunement will give access to greater energetic power and stamina to benefit healing work.

Generators for Venting Trauma and Pain

If you want you can set up a Generator to continually Vent Pain, but do it with caution. Venting can blow Generators apart so use extra light support and extra care and attention for this process.

1. At the Edge and with permission establish need.
2. Make a Thought Form.
3. Dowse for how long a Trauma Venting Generator can be in place. Be precise for best results.
4. Create Generator set vent from the center of the trauma location into the Universal. This vent is only for release.
5. Surround the Thought Form and Venting Generator with *ULL*.
6. Dowse for a date and time for Trauma Vent conclusion.



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7. Close Trauma Vent with *ULL* and dismiss the Generator.
8. Check if you need to rebuild or strengthen the Thought Form or if you need to bring in *Integration* and *Blending* to hold it steady.
9. Build Pain Venting Generator from center of pain source to the Universal.
10. Set up Generator to run for the exact time the pain needs to release.
11. Surround Thought Form and Pain Vent with *ULL* for support.
12. Close Pain Vent and seal with *ULL*. Dismiss the Generator leaving the Thought Form while you end with *Harmonizing the Layers* and *Harmonizing the BOL*.
13. *IBWSIB*.