

GRADING TECHNIQUES			17 years old and Above 16 months		
BLACK			BLACK SILVER		
BLACK GOLD					
Recommended minimum period of training:			12 months	8 months	8 months
BASIC	FOCUS AREA		Able to show Extension + Projection Ukemi Receiving	Able to show Extension + Projection Ukemi Receiving	Able to show Extension + Projection Ukemi Receiving
	KNEE WORK		Shikko Forward + Irimi Tenkan	Shikko Forward + Irimi Tenkan	Shikko Forward + Irimi Tenkan
	FOOT WORK		Irimi Tenkan Tenkan	Irimi Tenkan Tenkan	Irimi Tenkan Tenkan
	BODY WORK		Partnering All Catches + Strikes	Partnering All Catches + Strikes	Partnering All Catches + Strikes
	MAE UKEMI	Forward Breakfall	Forward Kaiten Roll Soft Roll over Partner (Table)	Forward Kaiten Roll Soft Roll over Partner (Table)	Forward Kaiten Roll Soft Roll over Partner (Table)
	USHIRO UKEMI	Backward Breakfall	Backward Yoko Roll Backward Kaiten Roll	Backward Yoko Roll Backward Kaiten Roll	Backward Yoko Roll Backward Kaiten Roll
TECHNIQUES	IKKYO	First Lock	Katatedori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Katadori Tachiwaza + Suwariwaza Yokomenuchi Ushiro Ryotedori	Katatedori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Katadori Tachiwaza + Suwariwaza Yokomenuchi Ushiro Ryotedori	Katatedori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Katadori Tachiwaza + Suwariwaza Yokomenuchi Ushiro Ryotedori
	NIKYO	Second Lock	Katadori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Yokomenuchi Ushiro Ryotedori	Katadori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Yokomenuchi Ushiro Ryotedori	Katadori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Yokomenuchi Ushiro Ryotedori
	SANKYO	Third Lock	Katatedori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Yokomenuchi Ushiro Ryotedori	Katatedori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Yokomenuchi Ushiro Ryotedori	Katatedori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Yokomenuchi Ushiro Ryotedori
	YONKYO	Forth Lock	Katatedori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Yokomenuchi Ushiro Ryotedori	Katatedori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Yokomenuchi Ushiro Ryotedori	Katatedori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Yokomenuchi Ushiro Ryotedori
	GOKYO	Fifth Lock	Yokomenuchi	Yokomenuchi	Yokomenuchi Shomenuchi
	IRIMINAGE	Entering Throw	Katatedori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Tsuki	Katatedori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Tsuki Yokomenuchi Ushiro Ryotedori	Katatedori Tachiwaza + Suwariwaza Shomenuchi Tachiwaza + Suwariwaza Tsuki Yokomenuchi Ushiro Ryotedori
	SHIHONAGE	Four Direction Throw	Katatedori Yokomenuchi Ryotedori Hanmihandachi Gyakuhanmi + Ryotedori + Morotedori	Katatedori Yokomenuchi Ryotedori Hanmihandachi Gyakuhanmi + Ryotedori + Morotedori	Katatedori Yokomenuchi Ryotedori Hanmihandachi Gyakuhanmi + Ryotedori + Morotedori Shomenuchi Ushiro Ryotedori

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TECHNIQUES	KOKYUNAGE	Breath Throw	Katatedori Ryotedori Yokomenuchi Shomenuchi Tsuki	Katatedori Ryotedori Yokomenuchi Shomenuchi Tsuki	Katatedori Ryotedori Yokomenuchi Shomenuchi Tsuki Ushiro Ryotedori
	TENCHINAGE	Heaven & Earth Throw	Ryotedori Tsuki	Ryotedori Tsuki	Ryotedori Tsuki Yokomenuchi Shomenuchi Ushiro Ryotedori
	KOTEGAESHI	Wrist Lock Throw	Katatedori Shomeuchi Tsuki	Katatedori Shomeuchi Tsuki	Katatedori Shomeuchi Tsuki Yokomenuchi Ushiro Ryotedori
	KAITENNAGE	Rotary Throw	Katatedori Shomenuchi Tsuki	Katatedori Shomenuchi Tsuki	Katatedori Shomenuchi Tsuki Yokomenuchi Ushiro Ryotedori
	JUJINAGE	Cross Arm Throw	Katatedori <i>Aihanmi</i> Ryotedori Yokomenuchi Shomenuchi	Katatedori <i>Aihanmi</i> Ryotedori Yokomenuchi Shomenuchi Ushiro Ryotedori	Katatedori <i>Aihanmi</i> Ryotedori Yokomenuchi Shomenuchi Ushiro Ryotedori
	JUJIGARAMI	Cross Arm Entanglement	Morotedori	Morotedori	Morotedori Ushiro Ryotedori
	KOSHINAGE	Hip Throw	Katatedori <i>Aihanmi</i>	Katatedori	Katatedori Yokomenuchi Shomenuchi
	JIYUWAZA	Free Exercise	Katatedori Ryotedori Morotedori Shomenuchi Yokomenuchi Tsuki Ushiro Attacks	Katatedori Ryotedori Morotedori Shomenuchi Yokomenuchi Tsuki Ushiro Attacks	Katatedori Ryotedori Morotedori Shomenuchi Yokomenuchi Tsuki Ushiro Attacks Hanmihandachi <i>2 Attackers</i>
	JO WAZA		7 Jo Suburi	7 Jo Suburi	7 Jo Suburi Defense against Jo Attacks 31 Jo Kata
	KEN WAZA		7 Ken Suburi Defence against Bokken Attacks	7 Ken Suburi Defence against Bokken Attacks	7 Ken Suburi Defence against Bokken Attacks
	TANTO WAZA		Defence against Tanto Attacks	Defence against Tanto Attacks	Defence against Tanto Attacks

Black Belts age under 17 years old: Grading for **BLACK SILVER**

Black Belts age 17 years old and above: Grading for **BLACK GOLD**

Black Gold Belts age under 15 years: Grading for **JUNIOR DAN**

Black Gold Belts age 15 years old and above: Grading for **SHODAN**