

Progress Labs Vitamina B Complex (120 tablets)

Product Name: Progress Labs Vitamina B Complex (120 tablets)

Description:

Progress Labs Vitamina B Complex is a comprehensive dietary supplement providing all essential B vitamins in one tablet. The B vitamins play a crucial role in energy metabolism, brain function, and maintaining overall well-being. This complex is designed to support energy production, nervous system health, and reduce fatigue.

Key Benefits:

- **Energy Support**: B vitamins help convert food into energy, supporting overall energy levels and metabolism.
- **Nervous System Health**: Promotes proper nervous system function, helping to maintain focus, concentration, and cognitive performance.
- **Reduced Fatigue**: B vitamins contribute to reducing tiredness and fatigue, promoting vitality and well-being.
- **Comprehensive Formula**: Contains all eight essential B vitamins, including B1, B2, B3, B5, B6, B7 (Biotin), B9 (Folic Acid), and B12.

Active Ingredients (per tablet):

- **Vitamin B1 (Thiamine)**: 1.1 mg (100% NRV)
- **Vitamin B2 (Riboflavin)**: 1.4 mg (100% NRV)
- **Vitamin B3 (Niacin)**: 16 mg (100% NRV)
- **Vitamin B5 (Pantothenic Acid)**: 6 mg (100% NRV)
- **Vitamin B6 (Pyridoxine)**: 1.4 mg (100% NRV)
- **Vitamin B7 (Biotin)**: 50 µg (100% NRV)

- **Vitamin B9 (Folic Acid)**: 200 µg (100% NRV)
- **Vitamin B12 (Cobalamin)**: 2.5 µg (100% NRV)

Usage Instructions:

- Take 1 tablet daily with water, preferably with a meal.
- Do not exceed the recommended daily dose.

Suitable For:

- Individuals looking to support energy levels and reduce fatigue.
- Those seeking to enhance cognitive function and nervous system health.
- Suitable for vegetarians.

Clinical Results:

- Regular intake of B vitamins contributes to normal energy-yielding metabolism, reduces tiredness, and supports the nervous system.

Product Details:

- Size: 120 tablets
- No artificial additives or fillers
- Suitable for vegetarians

Manufacturer:

Progress Labs - A trusted producer of high-quality supplements, offering scientifically-formulated products to support health and well-being.

Recommended For:

Anyone seeking a balanced B vitamin supplement to support energy, cognitive health, and overall

vitality.