

# VIRGIN OLIVE OIL WITH HERBS & SPICES

"Physis of Crete" is a superior category virgin olive oil obtained directly from olives and solely by mechanical means from the oldest olive groves of Crete. It is produced from the olive variety "Koroneiki". Ideal for salad and cooking.

## Διατροφική δήλωση ανά 100g Nutritional information per 100g

Ενέργεια / Energy 518kj/125kcal | Λιπαρά /  
Fat 4gr | Εκ των οποίων κορεσμένα of  
which saturated 2gr | Εκ των οποίων  
μονοακόρεστα / of which monounsaturated 11gr  
Εκ των οποίων πολυακόρεστα of which  
polyunsaturated 1gr | Υδατάνθρακες /  
Carbohydrates 0gr | Εκ των οποίων σάκχαρα /  
of which sugars 0gr | Πρωτεΐνες / Protein 0gr |  
Αλάτι / Salt 0gr