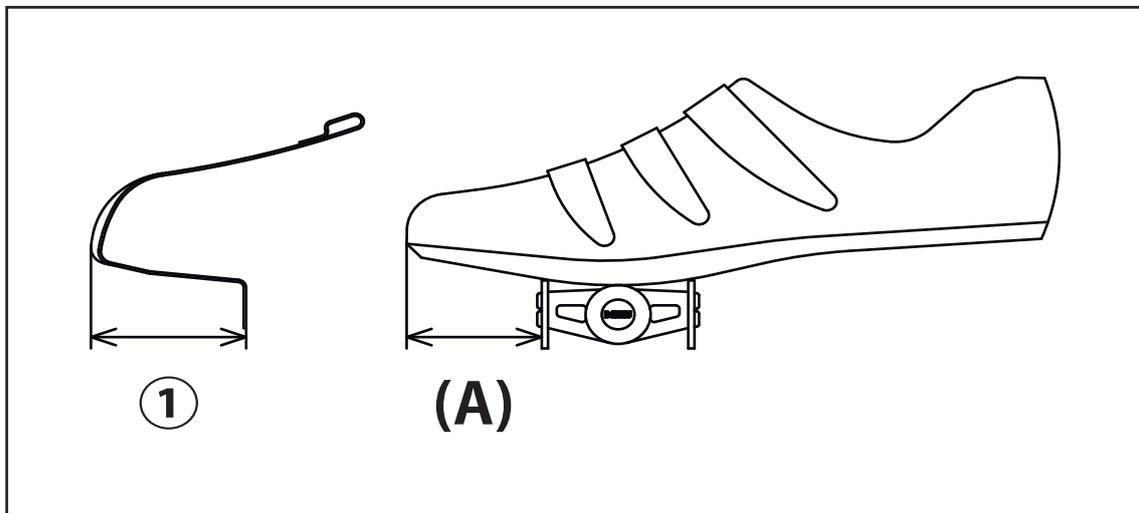


How to select proper Toe Clip



It is difficult to select proper sized toe clip only based on the shoe size, Because their various width and instep-height even though the shoe length is same. So please confirm [SIZE TABLE OF TOE CLIP].

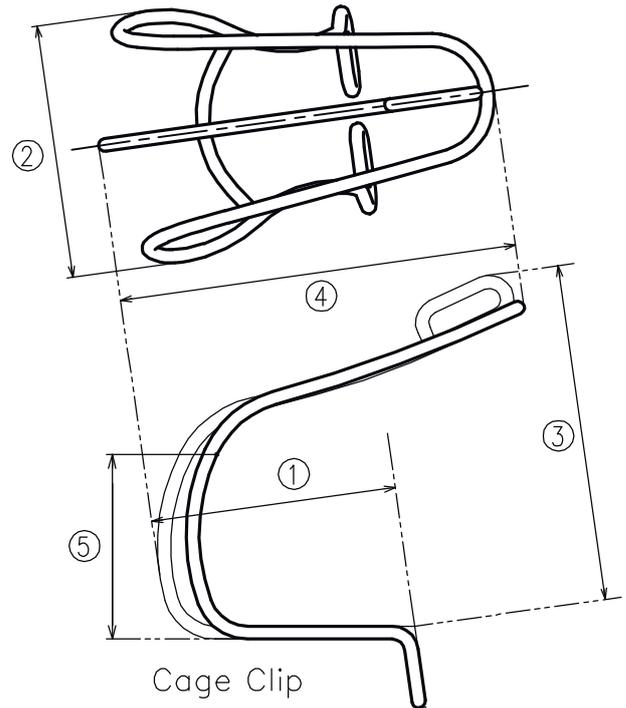
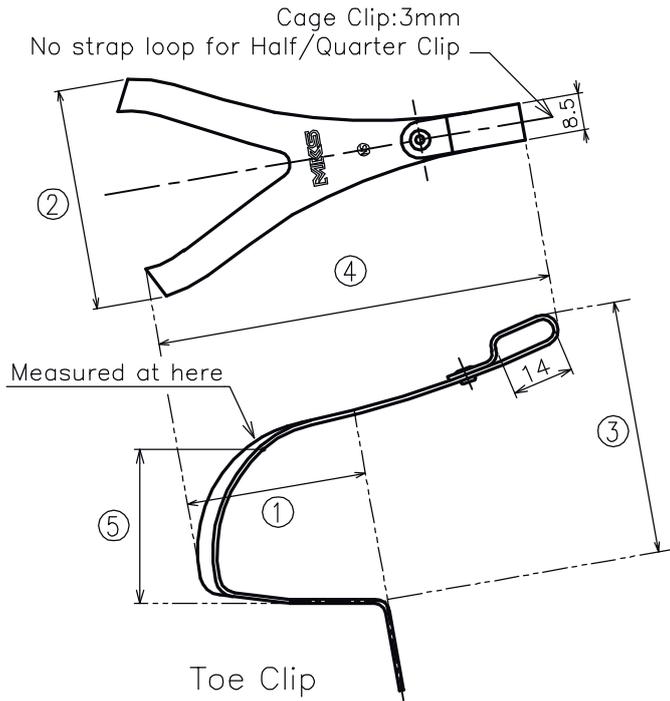
●Fit your foot onto the pedal naturally with wearing your shoe as show right, And measure out the distance between toe tip and front step plate(A).

(It is generally accepted that the ball of your foot will locate just above the spindle when your shoe position is appropriate)

●The nearest ① figure on the table suggests proper sized clip for you.

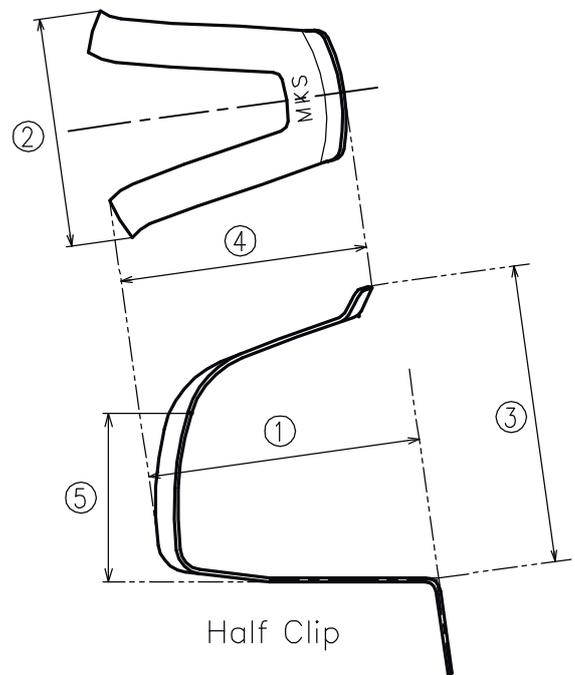
Our standard clips height (⑤ on the table) are designed based on bicycle racing shoes. If you aim to ride with thick sole shoes, our recommendation is TOE CLIP DEEP , HALF CLIP DEEP and CAGE CLIP series , which has high instep plate.

SIZE TABLE OF TOE CLIP



measured figures (unit: mm)

| Toe Clip Steel (Cr plated) | | | | | |
|---|-------|----|-------|--------|------|
| size | ① | ② | ③ | ④ | ⑤ |
| SS | 41 | 51 | 58 | 90 | 31 |
| S | 46 | 51 | 61 | 94 | 31 |
| M | 51 | 51 | 70 | 104 | 37 |
| L | 62 | 51 | 72 | 110 | 37 |
| LL | 72 | 51 | 80 | 125 | 37 |
| Toe Clip Alloy | | | | | |
| S | 46 | 51 | 61 | 94 | 31 |
| M | 51 | 51 | 70 | 104 | 37 |
| L | 62 | 51 | 72 | 110 | 37 |
| Toe Clip Steel Deep (Cr plated) | | | | | |
| M | 51 | 51 | 74 | 95 | 42 |
| L | 62 | 51 | 78 | 103 | 42 |
| LL | 72 | 51 | 82 | 114 | 42 |
| Toe Clip Adjustable (steel-Cr plated) | | | | | |
| S~L | 46~62 | 51 | 61~72 | 94~110 | |
| Half Clip (steel-Cr plated) | | | | | |
| L | 60 | 58 | 61 | 70 | 28 |
| Half Clip Deep (steel-Cr plated) | | | | | |
| L | 60 | 58 | 76 | 53 | 42 |
| Quarter Clip (steel-Cr plated/resin coated) | | | | | |
| L | 63.7 | 58 | 64.2 | 26.4 | 40 |
| Cage Clip (stainless steel) | | | | | |
| S | 44.8 | 58 | 77.5 | 88.2 | 41.5 |
| M | 52.8 | 58 | 79 | 95.8 | 41.5 |
| L | 65.7 | 58 | 83 | 107.5 | 41.5 |
| Cage Clip Half (stainless steel) | | | | | |
| M | 52.8 | 58 | 64.3 | 51.8 | 41.5 |
| L | 65.7 | 58 | 68.1 | 68.7 | 44.5 |
| Cage Clip Quarter (stainless steel) | | | | | |
| M | 46 | 58 | 61.8 | 28.2 | 42.2 |
| L | 58.9 | 58 | 63.7 | 28.2 | 42.2 |
| MT-250 (plastic) | | | | | |
| M | 71 | 63 | 98 | 90 | |
| L | 73 | 68 | 106 | 100 | |



Note: The figures on the shaded area of the table shows average values, as these differs each by each.