ForMeds Bicaps Mag B6 Product Information

ForMeds Bicaps Mag B6 is a high-quality dietary supplement containing magnesium in the form of

magnesium citrate and vitamin B6 in its active form, pyridoxal-5-phosphate (P-5-P). The product is

designed to support the nervous system, reduce fatigue, and maintain normal muscle function.

Key Features and Benefits:

- Provides 187.5 mg of magnesium per daily dose, contributing to the reduction of tiredness and

fatique.

- Vitamin B6 supports normal energy metabolism and the proper functioning of the nervous system.

- Magnesium and vitamin B6 work synergistically to promote muscle function and nervous system

health.

- Vegan and vegetarian-friendly capsules made from pullulan derived through a natural fermentation

process.

- Free from artificial fillers, anti-caking agents, and colorants.

- Packaged in eco-friendly, plant-based materials.

Composition:

- Magnesium (magnesium citrate): 1500 mg, providing 187.5 mg of elemental magnesium (50%

NRV).

- Vitamin B6 (pyridoxal-5-phosphate): 1.4 mg (100% NRV).

- Capsule shell: Pullulan.

NRV: Nutrient Reference Value.

Dosage and Usage:

Take 2 capsules once daily during a meal. Do not exceed the recommended daily dose.

Storage and Precautions:

- Store in a cool, dry place away from direct sunlight and out of reach of children.

- This product is not intended for use by pregnant or breastfeeding women without prior consultation

with a healthcare professional.

- Do not use if you are allergic to any of the ingredients.

- Individuals prone to kidney stones or with kidney disease should consult a doctor before use.

Manufacturer:

ForMeds Sp. z o.o.

Established in 2012, ForMeds specializes in the production of high-quality dietary supplements free from artificial additives. All products are developed under strict quality control standards and are compliant with HACCP procedures.

For more information, visit www.formeds.com