

# Product Information Sheet: Aura Herbals ADEK Vitamins with MCT Oil (50ml)

## Overview:

Aura Herbals ADEK Vitamins with MCT Oil (50ml) is a dietary supplement designed for internal use. This supplement provides essential vitamins A, D, E, and K in a simple and clean formulation with MCT oil from coconuts, ensuring proper absorption without the need for additional dietary fats.

## Key Benefits:

- Provides essential vitamins A, D, E, and K in MCT oil for better absorption
- Suitable for children from 1 year old and adults
- Contains certified vitamins: Quali-A®, Quali-D®, Quali-E®, and MenaQ7® (Vitamin K2)
- Clean label: free from alcohol, sugar, and unnecessary additives
- Easy-to-use dropper bottle for convenient dosing

## Usage Instructions:

Shake well before use. Measure the recommended dose and add to water, juice, or other cold drinks.

Daily dosage:

- Children (1-9 years): 1 drop
- Teenagers (10-18 years): 2 drops
- Adults: 4 drops

## Ingredients:

MCT oil from coconuts, d-alpha tocopherol (Vitamin E from sunflower), menachinon (MenaQ7®  
Vitamin K2 from chickpeas),  
retinyl palmitate (Vitamin A), cholecalciferol (Vitamin D from lanolin), rosemary extract (antioxidant).

### **Product Information:**

- Brand: Aura Herbals
- Volume: 50ml
- Primary Ingredient: Vitamins A, D, E, K in MCT Oil
- Free From: Alcohol, Sugar, Additives
- Recommended for: Universal use (children and adults)