



Dear Customer,

Congratulations on purchasing the SUP<sup>er</sup> inflatable board. We are proud that we can provide you with a high quality product at an affordable price with excellent properties. Please take some time to read this guide. It contains detailed information on the conservation and technical maintenance of the SUP<sup>er</sup> board. Be sure to read this manual before using the SUP<sup>er</sup> inflatable board on water to ensure safety and prevent accidents.

## WARNING!

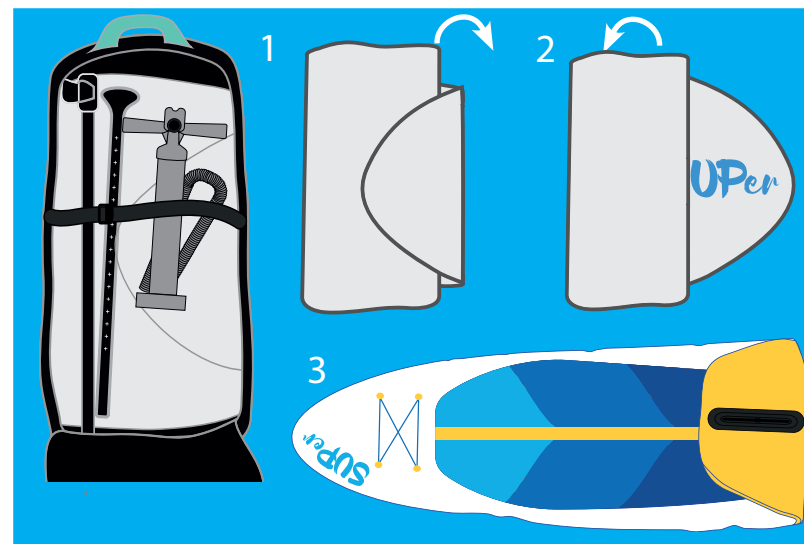
During floating on the sup board there is a risk of injury or even death. Doing rowing related sports can be very dangerous and physically demanding. The user of this product understands and assume the risk associated with practicing rowing related sports. When using this product, follow the following safety standards:

- always wear a life jacket,
- do not exceed the recommended capacity of Super boards. Detailed info available on [www.u1.net.pl](http://www.u1.net.pl),
- don't swim on the sup board after drinking alcohol or other intoxicating substances,
- in case of swimming on shallow, stony areas, put on a helmet,
- always attach the board to the leg by leash,
- do not leave children on the water without supervision,
- wear clothes suitable to the prevailing weather conditions,
- check the weather forecast before each workout, sudden weather change may be fatal,
- measure your strength for intentions,
- before each use check the equipment for signs of wear, leaks or breakdowns,
- inform someone about the route and the anticipated time of training,
- if possible keep inflated board in the shade or in the water, excessive exposure to the sun's rays can damage the product,
- before each swimming it is important to check if valve is correctly screw. You can do this by using plastic key which is hidden in repair set - orange box.

## GUARANTEE

Retailer customer purchasing Super boards get a three year warranty. The warranty applies only to the product that is used in accordance with the following instructions. The warranty does not cover resulting holes, cuts or abrasions that may occur during improper use as well as damage caused by improper storage. If your board is damaged, contact the seller to start the complaint.

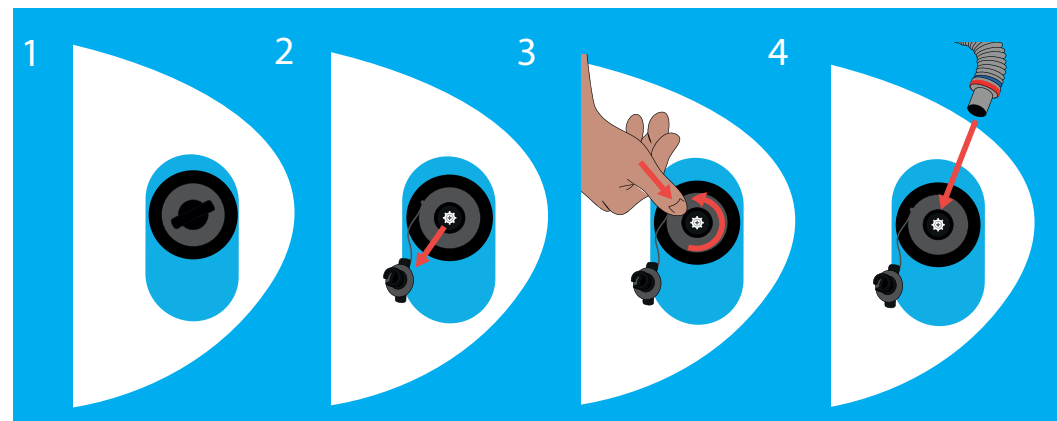
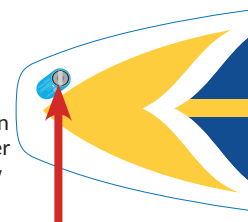
## HOW TO UNFOLD AND FOLD SUP BOARD



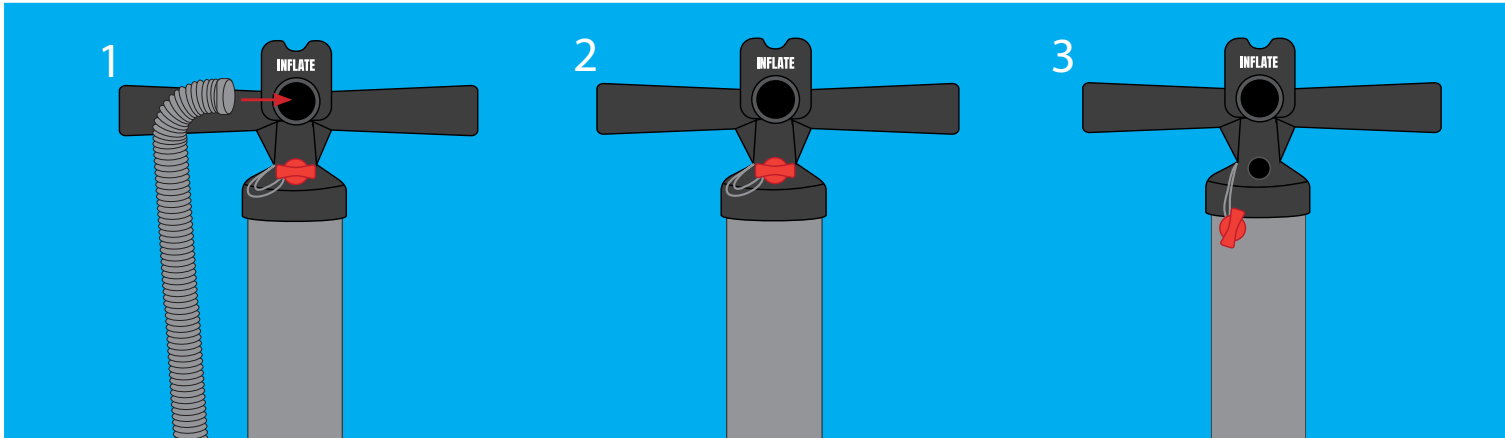
After arriving in the place where you intend to start training, unpack the board and all accessories from the backpack. Prepare paddle for swimming: paddle consists of three parts, keep the order as in the picture above. Then unpack the board as shown in Figure 1-3.

## HOW TO INFLATE THE SUP BOARD

Unscrew the protective cover of the valve. Before pumping, you must ensure that the valve is in the right position. While pressing the valve with the thumb, rotate it to the upper position, which makes it possible to close the valve. Setting the valve in the lower position – opened – is used to deflate the air out of the board. The valve setting diagram is presented in Fig. 3. After making sure that the valve is in the closed position – screw the hose from the pump and start the inflating process described earlier under the drawings with pump. After reaching the recommended pressure of 15psi, unscrew the hose with the pump and close the valve's protective cover.

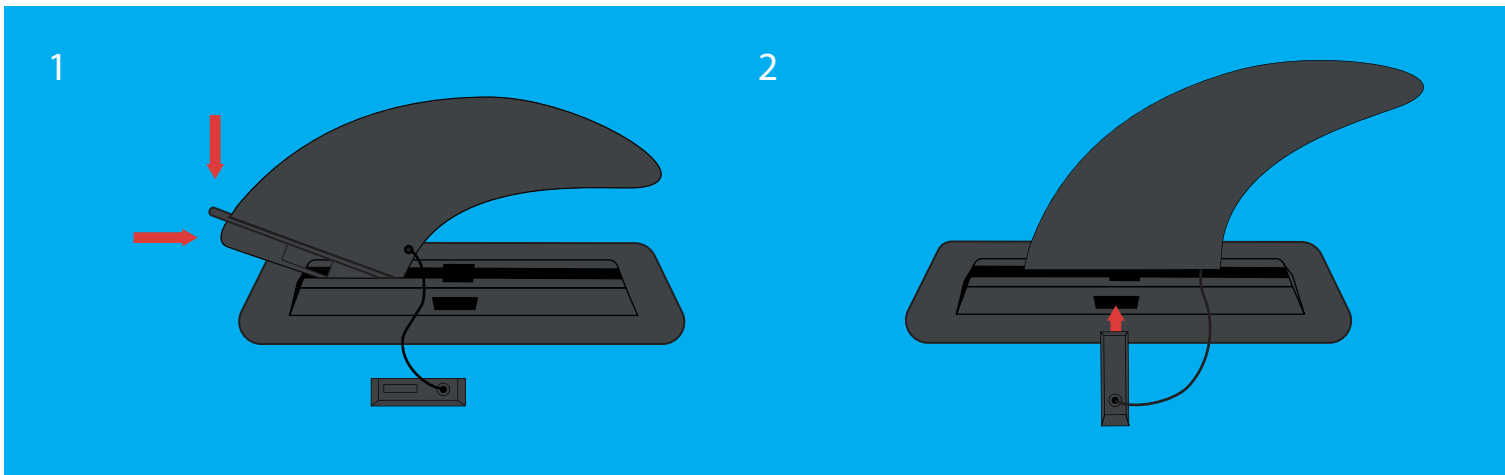


## HOW TO PREPARE THE PUMP



Attach the hose to the pump, on the outlet marked inflate, fig. 1. This outlet is used to force air into the board chambers. Outlet marked deflate is used to deflate air from the board after training. In order to inject air in the double action system (faster pumping in the double piston working range) screw the red valve into the place shown in fig. 2. When the pressure is 5psi, remove the red valve to press the remaining pressure, fig. 3. The recommended pressure of Uone products is 15psi (1.03 bar).

## HOW TO ATTACH THE STABILIZING FIN



Then attach the fin stabilizing the flow direction. To do this, follow the instructions in Figure 1-2. First, place the fin in the fin box until hole for anchoring purpose in the fin will be in the same position as hole in the fin box. This action should be start from the rear side of fin. If you place your fin correctly in fin box attach plastic plug inside the fin.

**YOU CAN START YOUR TRAINING NOW!**

## AFTER TRAINING

During folding board and accessories, do the reverse order than during unfolding.

What is important, you can squeeze the air from the board traditionally - by folding board with patches towards the open valve or sucking the air out by pump, this sequence has been discussed under drawings with a pump. After sucking out start folding the board from the box to the stabilizing fin towards the top, as shown on fig. 3.

Clean the board and all accessories after each workout and check their condition. Make sure the board is completely dry before inserting to the backpack. Sand, gravel or stones can cause abrasion and even microcracks during storage boards. Remember that the pump like any other tools requires care and lubrication of the piston, by lubricants for silicone!

## REPAIRING DAMAGED BOARD ON YOUR OWN!

A repair kit is attached in each SUPer set. To make a repair alone based on patching the hole, follow the steps:

1. cut the appropriate patch so that it was slightly larger than the hole you intend to seal.
2. clean the surfaces that will be glued.
3. apply thin layers of glue (intended for pvc) to both surfaces subjected to repair.
4. wait 5-10 minutes for glue to dry.
5. after waiting the time indicated in the previous point, connect surfaces to be glued and heat them by hair dryer or heat gun
6. press the patch evenly against the board, so that you can squeeze out all air bubbles located between glued surfaces.
7. squeeze the gluing surfaces and leave for 24 hours until completely dried. During drying, don't fill the boards with air.