

Skoczylas B-Complex 60 capsules - Product Information

Skoczylas B-Complex - 60 capsules

Product Description:

Skoczylas B-complex with beetroot extract and young barley extract is designed to support overall health. Niacin, vitamin B2, B1, B6, and B12 contribute to the normal functioning of the nervous system. Pantothenic acid, niacin, riboflavin, and vitamin B12 help reduce fatigue and tiredness. Folic acid, vitamin B6, and B12 support the immune system.

Key Benefits:

- Supports the nervous system
- Reduces tiredness and fatigue
- Helps in maintaining proper psychological functions
- Supports the cardiovascular system

Vitamin B1 (Thiamine):

- Helps in proper heart function.
- Supports the normal functioning of the nervous system.
- Helps maintain psychological functions.

Vitamin B2 (Riboflavin):

- Contributes to maintaining normal energy metabolism.
- Supports the proper function of the nervous system.
- Maintains the normal state of mucous membranes and red blood cells.
- Protects cells from oxidative stress.

Vitamin B3 (Niacin):

- Maintains normal skin and mucous membrane health.
- Reduces fatigue and tiredness.
- Supports psychological functions.

Vitamin B5 (Pantothenic acid):

- Contributes to the normal synthesis and metabolism of steroid hormones.
- Reduces fatigue.

Vitamin B6:

- Supports red blood cell formation.
- Contributes to the regulation of hormonal activity.

Vitamin B12:

- Supports red blood cell formation.
- Helps reduce fatigue and tiredness.

Folic Acid (Folate):

- Supports maternal tissue growth during pregnancy.
- Contributes to normal blood formation.

Dosage:

Take 1 capsule daily, before meals with water.

Storage:

Store in a dry, cool place. Keep out of reach of children.

Contents:

60 vegetarian capsules (enough for 60 days).

Warning:

Not recommended during pregnancy or breastfeeding without medical consultation. Do not exceed the daily recommended dose.