


|   |  |              |                   |
|---|--|--------------|-------------------|
|  | <b>FINISHED PRODUCT SPECIFICATION</b>                                  | Issue No: 1  | Ref No: 4.59.1    |
|   |  | DCCF Ref No: | N/A               |
|   | <b>TITLE:</b><br><br>SiS Rego Clear Recovery,<br>Raspberry & Cranberry | Issued By:   | Gemma Bickerstaff |
|   |  | Approved By: |                   |
|   |  | Issue Date:  | 20/07/2023        |
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## 1. PRODUCT DETAILS

|                          |  |
|--------------------------|--|
| <b>Product Name</b>      | SiS Rego Clear Recovery, Raspberry & Cranberry   |
| <b>Product Group</b>     | SiS Rego Clear Recovery  |
| <b>Legal Name</b>        | Raspberry and cranberry flavour whey protein isolate and maltodextrin powder, with sweeteners. |
| <b>Country of Origin</b> | Manufactured in United Kingdom   |

## 2. QUALITY ATTRIBUTE TESTING & CONTROLS

|                            |  |
|----------------------------|--|
| <b>Visual Appearance</b>   | Pale pink coloured fluffy powder                                   |
| <b>Flavour &amp; Aroma</b> | Sweet, fruity, typical berry aroma & taste                         |
| <b>Texture</b>             | Fluffy powder  |
| <b>Water Activity (aw)</b> | <0.6   |
| <b>Metal Detection</b>     | Ferrous >1.8mm; Non-Ferrous >2.5mm; Stainless Steel >2.5mm         |
| <b>Traceability</b>        | Coding with Julian date code (Fy/ddd), Time & Best Before End Date |

## 3. GENERAL


|                                |                            |                        |  |
|--------------------------------|----------------------------|------------------------|--|
| <b>Declared Weight/Volume:</b> | 46g E, 460g E,<br>1.38kg E | <b>Units per Pack:</b> | 1 x 46g E, 1 x 460g E, 1 x<br>1.38kg E |
|--------------------------------|----------------------------|------------------------|--|

## 4. PRODUCT COMPOSITION

| No.    | Ingredient<br>(listed in descending order) | Origin / Source | Function           | Inclusion Rate % |
|--------|--|-----------------|--------------------|------------------|
| 1      | Whey Protein Isolate (Milk)                | Animal          | Food Ingredient    | 49.46            |
| 2      | Maltodextrin                               | Plant           | Food Ingredient    | 45.20            |
| 3      | Citric Acid                                | Plant           | Acidity Regulator  | 2.00             |
| 4      | Natural Raspberry Flavouring               | Plant           | Flavouring         | 1.00             |
| 5      | Natural Cranberry Flavouring               | Plant           | Flavouring         | 0.87             |
| 6      | Beetroot Red                               | Plant           | Colour             | 0.50             |
| 7      | Black Raspberry Flavouring                 | Synthetic       | Flavouring         | 0.39             |
| 8      | Natural Flavouring                         | Plant           | Flavouring         | 0.30             |
| 9      | Silicon Dioxide                            | Mineral         | Anti-Foaming Agent | 0.15             |
| 10     | Sucralose                                  | Synthetic       | Sweetener          | 0.13             |
| Total: |  |                 |                    | 100.00           |

## 5. NUTRITIONAL INFORMATION

| TYPICAL VALUES         | Per 100g | Per Serving 46g |
|------------------------|----------|-----------------|
| Energy (kJ)            | 1540 kJ  | 709 kJ          |
| Energy (kcal)          | 362 kcal | 167 kcal        |
| Fat (g)                | 0g       | 0g              |
| Of which saturates (g) | 0g       | 0g              |

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|                     |       |       |
|---------------------|-------|-------|
| Carbohydrate (g)    | 45g   | 21g   |
| Of which sugars (g) | 3.4g  | 1.6g  |
| Protein (g)         | 43g   | 20g   |
| Salt (g)            | 0.62g | 0.28g |

## 6. MICROBIOLOGICAL CRITERIA

|   |              |
|---|--------------|
| <b>TVC (cfu/g)</b>                              | <1,000       |
| <b>Salmonella sp (/25g)</b>                     | Not Detected |
| <b>Enterobacteriaceae (cfu/g)</b>               | <10          |
| <b>E. coli (cfu/g)</b>                          | Not Detected |
| <b>Coagulase Positive Staphylococci (cfu/g)</b> | <20          |
| <b>Bacillus Cereus (cfu/g)</b>                  | <10          |
| <b>Listeria spp (/25g)</b>                      | Not Detected |
| <b>Yeasts (cfu/g)</b>                           | <100         |
| <b>Moulds (cfu/g)</b>                           | <100         |


## 7. ALLERGENS (Conforms with EC 1169/2011 annex II and amendment EC 78/2014)

| Product Contains   | Yes | No | Source                             |
|--|-----|----|------------------------------------|
| Celery, Celeriac   |     | ✓  |                                    |
| Cereals Containing Gluten  |     | ✓  |                                    |
| Crustaceans  |     | ✓  |                                    |
| Eggs   |     | ✓  |                                    |
| Fish   |     | ✓  |                                    |
| Lupin  |     | ✓  |                                    |
| Milk   | ✓   |    | <b>Whey Protein Isolate (Milk)</b> |
| Molluscs   |     | ✓  |                                    |
| Mustard  |     | ✓  |                                    |
| Tree Nuts  |     | ✓  |                                    |
| Peanuts  |     | ✓  |                                    |
| Sesame seeds   |     | ✓  |                                    |
| Soya   |     | ✓  |                                    |
| Sulphites at levels above 10mg/Kg                                  |     | ✓  |                                    |
| The above list also includes any derivatives of the products named |     |    |                                    |

## 8. DIETARY SUITABILITY

| Suitable For | Yes | No | Additional Information |
|--------------|-----|----|------------------------|
| Vegetarians  | Yes |    | Vegetarian Society     |
| Vegans       |     | No |                        |
| Kosher       | Yes |    | Not certified          |
| Halal        | Yes |    | Not certified          |

## 9. PACKAGING

|   |  |              |                   |
|---|--|--------------|-------------------|
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|  |                                 |
|--|---------------------------------|
| <b>Primary Material</b>  | Seal-heated aluminium foil bags |
| <b>Secondary Material</b>  | Cardboard                       |
| All packaging material is suitable for food contact compliant with Regulations 10/2011/EC with amendments and 1935/2004/EC with amendments |                                 |

## 10. STORAGE REQUIREMENTS

Ambient. Store in a cool dry place out of direct sunlight. Keep out of reach of children.

## 11. DIRECTIONS

Add 1 scoop (46g) to 500ml cold water and shake. Leave to stand for 1 minute. REGO Clear should be consumed 30-60 minutes post exercise for optimal recovery.

## 12. ADVISORY

This product is intended to be used alongside a varied and balanced diet and healthy lifestyle.

## 13. SHELF LIFE

24 Months from date of manufacture when stored appropriately.

## 14. GMO

Science in sport do not use any raw materials that contain genetically modified organisms and there are no labelling obligations as defined by 1829/2003/EC and 1830/2003/EC.

## 15. IRRADIATION

This product does not contain any ingredients that have been irradiated and there are no obligations as defined by 1192/2/EC and 1999/3/EC.

## 16. HEAVY METALS


Product is in compliance with the heavy metal limit(s) as per EU Regulation (EC) No 1881/2006 in relation to heavy metals. The likelihood of heavy metals being present is minimal due to the high purity levels of the raw materials. Heavy Metals limits confirmed to comply with the relevant EU legislation at the supplier and ingredient approval stage and frequent review.

## 17. PESTICIDES

Product complies with the EU max residue limits (MRLs) on pesticides. This is confirmed at the supplier and ingredient approval stage and frequent review.

## 18. WADA

All products are tested according to their specified Informed program requirements to confirm that they do not contain banned substances as defined by the World Anti-Doping Agency.

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**Gemma Bickerstaff**  
**Compliance Manager UK & EU**