

# INSTRUCTION MANUAL FOR DBX BUSHIDO SUSPENSOR MODEL WARRIOR

## 1 Use and purpose of suspensors

Suspensors are specialized protective garments designed to protect the intimate area from mechanical trauma, strain and injury during contact sports.

Suspensor is designed to provide adequate protection, wearing comfort and support during intense exercise or competition. It should be used as intended to avoid injury and trauma to the crotch area.

**IMPORTANT:** Suspensor does not provide 100% protection against injury, but significantly reduces the risk of tissue damage from impact or pressure. Using it according to the manufacturer's recommendations increases the effectiveness of the protection.

## 2 Putting on and fitting the suspensor

The suspensor should be worn directly on the body, usually under sportswear. Before using it for the first time, make sure the suspensor is the right size and shape for your body. A suspensor that is too tight or too loose may restrict freedom of movement or not provide sufficient protection.

### **Wearing recommendations:**

- Make sure the suspensor is worn correctly and fits well to ensure adequate protection.
- If the suspensor has adjustable straps or elastic bands, adjust them to your comfort to avoid pressure or discomfort.
- After putting it on, check that the suspensor does not interfere with normal movement and does not cause a feeling of pressure in the crotch area.

**IMPORTANT:** Always make sure the suspensor fits snugly to avoid the protection from shifting during intense training or competition.

## 3. cleaning and maintenance of the suspensor

To ensure long-term use of the suspensor, it is important to keep it clean and hygienic. After each workout or use, the suspensor should be thoroughly cleaned to remove sweat, dirt and bacteria that may accumulate in the material.

### **Maintenance recommendations:**

- Clean the suspensor by hand, using mild cleaning agents.
- Avoid using aggressive detergents that can damage the material.
- Before washing, make sure the suspensor is properly folded to avoid damage to components (e.g. straps, adjustments).

- After washing, hang the suspensor to dry in a shaded place to avoid damage to the material from direct sunlight.
- Do not tumble dry the suspensor to avoid damaging the fabric or elastic fibers.

#### **4. Storage of the suspensor**

Store the suspensor in a dry and clean place, away from sources of heat and moisture. Avoid storing it in rooms with high humidity (such as bathrooms), as this can lead to unpleasant odors and damage to the material.

##### **Storage recommendations:**

- After each use, store the suspensor in a dry place in a well-ventilated room.
- Avoid storing the suspensor in drawers or sports bags for long periods of time without drying first, as this can lead to the development of unpleasant odors.

#### **5. Check the condition of the suspensor**

Regularly check the condition of the suspensor, noting any damage to the material, seams, straps or elastics. A damaged suspensor may not provide adequate protection.

##### **Inspection recommendations:**

- Check the condition of the seams, straps and elastics, especially in the areas that are most vulnerable to damage (e.g., at fabric joints).
- Look out for any deformation of the material, abrasion or signs of wear and tear that may affect the comfort and effectiveness of the protection.

#### **6. Ingredients / Hazardous Ingredients**

Some materials used in the production of the suspensor (e.g. rubber, elastane) may cause allergic reactions in allergic individuals. If any allergic reaction occurs, stop using the suspensor immediately and consult a doctor.

**IMPORTANT:** If you experience any skin irritation or other allergic reactions after wearing the suspensor, consult your doctor and consider changing to a model made of other materials.