

# Biowen B-Complex 90 Capsules

## Product Information

BIOWEN Kompleks Witamin Witamina B Complex 90 kaps.

Product Code: 5904806120588

Brand: Biowen

Form: Capsules

Main Ingredient: Vitamin B Complex

Usage: Universal

Quantity: 90 capsules

Volume: 0.23 liters

Additional Features: Gluten-free, Pure (without additives), Vegan, Vegetarian

Weight with packaging: 0.21 kg

Weight: 150 g

Number of servings: 90

## Product Description:

Biowen's Vitamin B Complex + is designed to deliver a full spectrum of B vitamins in their most bioavailable forms. It supports hair, skin, and nails, immunity, weight control, and nervous system health. This is an excellent choice for vegans, vegetarians, and those with lactose intolerance.

## Main Ingredients:

- Betaine Anhydrous (Trimethylglycine TMG): 100mg
- Choline (VitaCholine): 70mg

- Vitamin B1 (Thiamine): 60mg
- Vitamin B2 (Riboflavin): 40mg
- Vitamin B3 (Niacin): 100mg
- Vitamin B5 (Pantothenic Acid): 50mg
- Vitamin B6 (P-5-P): 18mg
- Vitamin B12 (Methylcobalamin): 500ug
- PABA (para-aminobenzoic acid): 60mg
- Inositol (Myo-Inositol): 60mg
- B9 (Quatrefolic): 0.4mg
- Biotin (D-Biotin): 150ug
- Nucleotides (Nucleotide Complex): 30mg
- Piperine (BioPerine): 1mg

Usage: Take 1 capsule daily with water.

Storage: Store in a cool, dry place. Keep out of reach of children.

Precautions: Consult a physician if pregnant, breastfeeding, or on medication.